



# Cryogel Phantoms for Ultrasound Elastography

**Nicolas G. Rognin, PhD**

Toshiba Medical Research Institute USA, Inc.  
(Redmond, WA, USA)



# Sources

## ➤ Scientific literature

- Chu KC, Rutt BK. *Polyvinyl alcohol cryogel: an ideal phantom material for MR studies of arterial flow and elasticity*. Magn Reson Med. 1997; 37(2):314-9
- Brusseau E. *Local estimation of the RF signal compression for ultrasound elastography. Application to intravascular ultrasound imaging*. PhD Thesis, National Institute of Applied Sciences (INSA, Lyon, France). 2000; pp. 114-121
- Brusseau E, Fromageau J, Rognin NG, Delachartre P, Vray D. *Investigating elastic properties of soft biological tissues*. IEEE Eng Med Biol Mag. 2002; 21(4):86-94
- Rognin NG, Mérel C, Cachard C, Brusseau B, Finet G. *Ultrasound contrast agent in intravascular echography: parametric mapping based on RF output*. Proc IEEE Ultrasonics Symp. 2000, pp. 1787-1790
- Fromageau J, Gennisson JL, Schmitt C, Maurice RL, Mongrain R, Cloutier G. *Estimation of polyvinyl alcohol cryogel mechanical properties with four ultrasound elastography methods and comparison with gold standard testings*. IEEE Trans Ultrason Ferroelectr Freq Control. 2007; 54(3):498-509

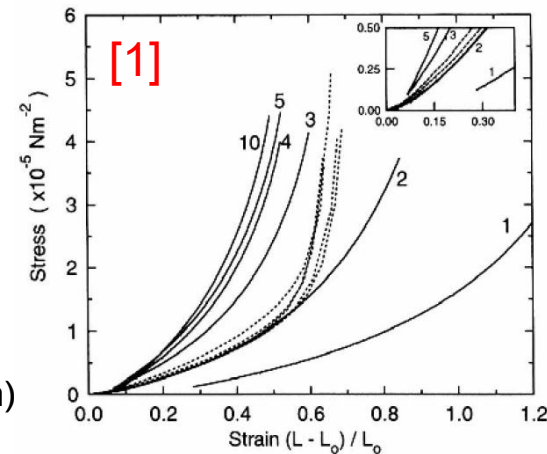
# Specifications

## > Phantom

### > Material: PolyVinyl Alcohol Cryogel (PVA-C)

- > Acquire mechanical properties by a freeze-thaw process
- > Stiffness increases with
  - > concentration of PVA solution (10 - 15% in water)
  - > number of freeze-thaw cycles (-20 °C and +20 °C, 8 hours)
- > Echogenicity
  - > 1% of acoustical scatters → Silicon-Carbide (SiC,  $\varnothing=15 \mu\text{m}$ )

- PVA (15%)  
-- porcine aorta



E = 175 kPa (porcine aorta)  
E = 190 kPa (PVA, 2 cycles)

### > Acoustic & mechanical properties

- > Within the range of soft biological tissues

|     |                    |                                |
|-----|--------------------|--------------------------------|
| [1] | Sound velocity     | [1540 m/s - 1580 m/s]          |
|     | density            | 1.03 g/cm <sup>3</sup>         |
|     | Attenuation factor | 3.0 dB/cm at 5 MHz             |
|     | Acoustic impedance | 1,600,000 kg/m <sup>2</sup> /s |
|     | Elastic modulus    | [1 kPa - 1000 kPa]             |

[1] Chu KC, Rutt BK. Polyvinyl alcohol cryogel: an ideal phantom material for MR studies of arterial flow and elasticity. Magn Reson Med. 1997; 37(2):314-9.

# Applications

## ➤ Quasi-Static Elastography: IntraVascular UltraSound (IVUS)

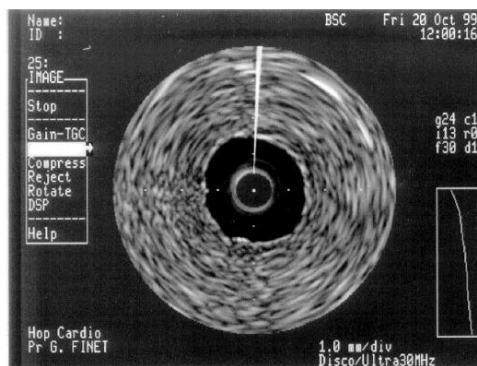
### ➤ Two-layer cryogel phantom

➤ Inner layer = 1 freeze-thaw cycle (soft), Outer layer = 3 freeze-thaw cycles (hard)

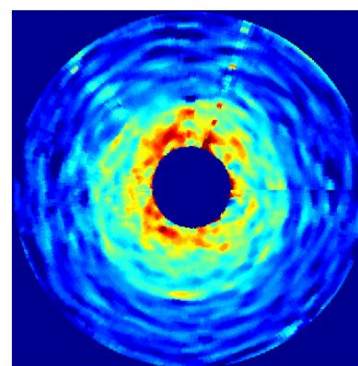
[2-3]



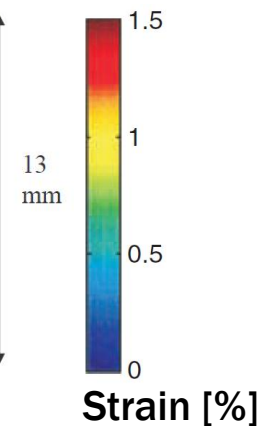
(a) Photograph of the two-layer phantom



(b) Video image of the phantom



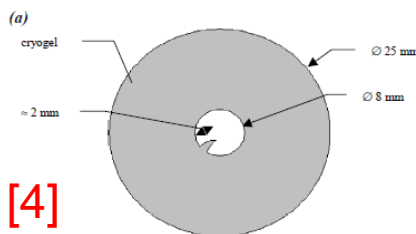
(c) Elastogram in cartesian coordinates



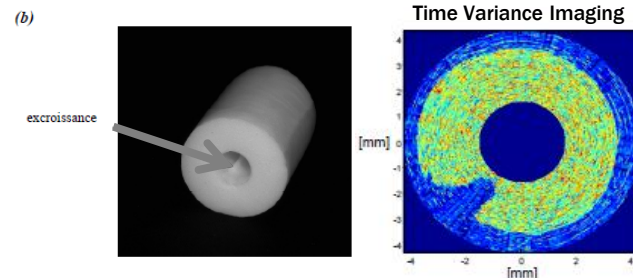
## ➤ Contrast imaging: IVUS

➤ Atheromatous plaque

➤ Segmentation



[4]



[2] Brusseau E, Fromageau J, Rognin NG, Delachartre P, Vray D. *Investigating elastic properties of soft biological tissues*. IEEE Eng Med Biol Mag. 2002; 21(4):86-94

[3] Brusseau E. *Local estimation of the RF signal compression for ultrasound elastography. Application to intravascular ultrasound imaging*. PhD Thesis, National Institute of Applied Sciences (INSA, Lyon, France). 2000; pp. 114-121

[4] Rognin NG, Mérel C, Cachard C, Brusseau B, Finet G. *Ultrasound contrast agent in intravascular echography: parametric mapping based on RF output*. Proc IEEE Ultrasonics Symp. 2000; pp. 1787-1790

# Applications

## > Shear Wave Elastography

### > Solution

- > 10% of PVA-C dissolved in pure water and ethanol homopolymer
- > 1 - 4 % of acoustical scatters → Sigmacell Cellulose particles ( $\emptyset = 20 \mu\text{m}$ )

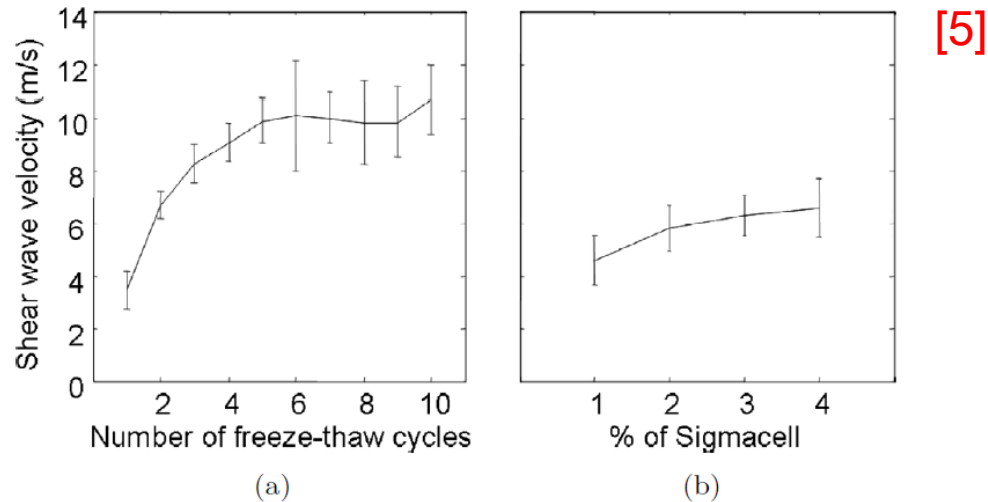


Fig. 5. Shear wave speed in PVA samples. (a) As a function of the number of freezing-thawing cycles for 3% Sigmacell. (b) As a function of the percentage of Sigmacell for two freezing-thawing cycles.

[5] Fromageau J, Gennisson JL, Schmitt C, Maurice RL, Mongrain R, Cloutier G. *Estimation of polyvinyl alcohol cryogel mechanical properties with four ultrasound elastography methods and comparison with gold standard testings*. IEEE Trans Ultrason Ferroelectr Freq Control. 2007; 54(3):498-509

**Thank you for your attention**

