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QIBA Profile: Lung Nodule Volume Assessment and Monitoring in Low Dose CT Screening

Stage: Publicly Reviewed (draft)

When referencing this document, please use the following format:

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36 1. Executive Summary

37 The goal of a QIBA Profile is to help achieve a useful level of performance for a given biomarker.

38 The **Claim** (Section 2) describes the biomarker performance.

39 The **Profile Activities** (Section 3) contribute to generating the biomarker. Requirements are placed on the
40 **Actors** that participate in those activities as necessary to achieve the Claim.

41 **Assessment Procedures** (Section 4) defines the technical methods to be used for evaluating conformance
42 with profile requirements. This includes the steps needed for clinical sites and equipment vendors to be
43 compliant with the profile.

44 This QIBA Profile (Lung Nodule Volume Assessment and Monitoring in Low Dose CT Screening) addresses
45 the accuracy and precision of quantitative CT volumetry as applied to solid lung nodules of 6-12 mm
46 diameter. It places requirements on Acquisition Devices, Technologists, Radiologists and Image Analysis
47 Tools involved in activities including Periodic Equipment Quality Assurance, Subject Selection, Subject
48 Handling, Image Data Acquisition, Image Data Reconstruction, Image Quality Assurance, and Image
49 Analysis.

50 The requirements are focused on achieving sufficient accuracy and avoiding unnecessary variability of the
51 lung nodule volume measurement.

52 Two sets of claims are provided within this profile. The first claim establishes 95% confidence intervals for
53 volumetric measurement of solid lung nodules that fall within four different diameter and volume size
54 ranges. The second claim provides guidance on the amount of volumetric change percentage needed for a
55 nodule to start to exhibit true change with 95% confidence. In addition, the second claim also provides
56 guidance on the 95% confidence interval for a volumetric size change measurement, again based on the
57 size of the nodule at two time points.

58 This document is intended to help clinicians basing decisions on this biomarker, imaging staff generating
59 this biomarker, vendor staff developing related products, purchasers of such products and investigators
60 designing trials with imaging endpoints.

61 Note that this Profile document only states requirements to achieve the claim, not “requirements on
62 standard of care.” Further, meeting the goals of this Profile is secondary to properly caring for the patient.

63 QIBA Profiles addressing other imaging biomarkers using CT, MRI, PET and Ultrasound can be found at
64 qibawiki.rsna.org.

65

2. Clinical Context and Claims

Clinical Context

The clinical context of this profile is the quantification of volumes and volume changes over time of solid lung nodules with a longest diameter between 6 mm and 12 mm. Nodules with diameter ≥ 12 mm (volume ≥ 905 mm³) are the subject of the document “QIBA Profile: CT Tumor Volume Change (CTV-1)”.

Conformance with this Profile by all relevant staff and equipment supports the following claims

Claim 1: Nodule Volume

For a measured nodule volume of Y , and a CV as specified in table 1, the 95% confidence interval for the true nodule volume is $Y \pm (1.96 \times Y \times CV)$.

Claim 2: Nodule Volume Change

(a) A measured nodule volume percentage change of X indicates that a true change in nodule volume has occurred if $X > (2.77 \times CV1 \times 100)$, with 95% confidence.

(b) If Y_1 and Y_2 are the volume measurements at the two time points, and $CV1$ and $CV2$ are the corresponding values from Table 1, then the 95% confidence interval for the nodule volume change $Z = (Y_2 - Y_1) \pm 1.96 \times \sqrt{[Y_1 \times CV1]^2 + [Y_2 \times CV2]^2}$.

These Claims hold when:

- the nodule is completely solid
- the nodule longest dimension in the transverse (axial) plane is between 6 mm (volume 113 mm³) and 12 mm (volume 905 mm³) at the first time point
- the nodule’s shortest diameter in any dimension is at least 60% of the nodule’s longest diameter in any dimension (i.e., the nodule shape does not deviate excessively from spherical)
- the nodule is measurable at both time points (i.e., margins are distinct from surrounding structures of similar attenuation and geometrically simple enough to be segmented using automated software without manual editing)

Table 1. Coefficients of Variation (CV)

Nodule Diameter (mm)	Nodule Volume (mm ³)	Coefficient of Variation (CV)	True Volume 95% CI Limits (%)
6 mm	113	0.29	$\pm 57\%$
7 mm	154	0.23	$\pm 45\%$
8 mm	268	0.19	$\pm 37\%$
9 mm	382	0.16	$\pm 31\%$
10 mm	524	0.14	$\pm 27\%$
11 mm	697	0.12	$\pm 24\%$
12 mm	905	0.11	$\pm 22\%$

94 Discussion

95 Low dose CT provides an effective means of detecting and monitoring pulmonary nodules, and can lead to
96 increased survival (1) and reduced mortality (2) in individuals at high risk for lung cancer. Size quantification
97 on serial imaging is helpful in evaluating whether a pulmonary nodule is benign or malignant. Currently,
98 pulmonary nodule measurements most commonly are obtained as the average of two perpendicular
99 dimensions on axial slices. Investigators have suggested that automated quantification of whole nodule
100 volume could solve some of the limitations of manual diameter measurements (3-9), and many studies
101 have explored the accuracy in phantoms (10-18) and the in vivo precision (19-25) of volumetric CT
102 methods. This document proposes standardized methods for performing repeatable volume measurements
103 on CT images of solid pulmonary nodules obtained using a reduced radiation dose in the setting of lung
104 cancer screening and nodule follow-up in the interval between scans (52).

105 Lung cancer CT screening presents the challenge of developing a protocol that balances the benefit of
106 detecting and accurately characterizing lung nodules against the potential risk of radiation exposure in this
107 asymptomatic population of persons who may undergo annual screening for more than two decades. Our
108 understanding of the extent to which performing scans at the lowest dose possible with the associated
109 increase in noise impacts our ability to accurately measure these small nodules is still evolving. Therefore,
110 any protocol will involve a compromise between these competing needs.

111 This QIBA Profile makes Claims about the confidence with which lung nodule volume and changes in lung
112 nodule volume can be measured under a set of defined image acquisition, processing, and analysis
113 conditions, and provides specifications that may be adopted by users and equipment developers to meet
114 targeted levels of clinical performance in identified settings. The intended audiences of this document
115 include healthcare professionals and all other stakeholders invested in lung cancer screening, including but
116 not limited to:

- 117 • Radiologists, technologists, and physicists designing protocols for CT screening
- 118 • Radiologists, technologists, physicists, and administrators at healthcare institutions considering
119 specifications for procuring new CT equipment
- 120 • Technical staff of software and device manufacturers who create products for this purpose
- 121 • Biopharmaceutical companies
- 122 • Clinicians engaged in screening process
- 123 • Clinical trialists
- 124 • Radiologists and other health care providers making quantitative measurements on CT images
- 125 • Oncologists, regulators, professional societies, and others making decisions based on quantitative
126 image measurements
- 127 • Radiologists, health care providers, administrators and government officials developing and
128 implementing policies for lung cancer screening

129 Note that specifications stated as “requirements” in this document are only requirements to achieve the
130 Claim, not “requirements on standard of care.” Specifically, meeting the goals of this Profile is secondary to
131 properly caring for the patient.

132 This Profile is relevant to asymptomatic persons participating in a CT screening and surveillance program
133 for lung cancer. In theory, the activities covered in this Profile also pertain to patients with known or
134 incidentally-detected solid pulmonary nodules in the 6-12 mm diameter range, though surveillance in this
135 or other settings is not specifically addressed by this Profile.

136
137 **Clinical Interpretation For Claim 1 (nodule volume)**

138 The true size of a nodule is defined by the measured volume and the 95% confidence intervals. The
139 confidence intervals can be thought of as “error bars” or “uncertainty” or “noise” around the
140 measurement, and the true volume of the nodule is somewhere within the confidence intervals.
141 Application of these Claims to clinical practice is illustrated by the following examples:

142 Example 1: A nodule is measured as having a volume of 150 mm^3 (6.6 mm diameter). There is a 95%
143 probability that the true volume of the nodule is between 65 mm^3 [$150 - (150 \times 1.96 \times 0.29)$] (5.0 mm
144 diameter) and 235 mm^3 [$150 + (150 \times 1.96 \times 0.29)$] (7.7 mm diameter).

145 Example 2: A nodule is measured as having a volume of 500 mm^3 (9.8 mm diameter). There is a 95%
146 probability that the true volume of the nodule is between 343 mm^3 [$500 - (500 \times 1.96 \times 0.16)$] (8.7 mm
147 diameter) and 657 mm^3 [$500 + (500 \times 1.96 \times 0.16)$] (10.8 mm diameter).

148 Example 3: A nodule is measured as having a volume of 800 mm^3 (11.5 mm diameter). There is a 95%
149 probability that the true volume of the nodule is between 612 mm^3 [$800 - (800 \times 1.96 \times 0.12)$] (10.5 mm
150 diameter) and 988 mm^3 [$800 + (800 \times 1.96 \times 0.12)$] (12.4 mm diameter).

151 If the activities specified in this Profile are followed, the measured volume of nodules in each of the given
152 size ranges can be considered accurate to within the given 95% confidence limits. The different coefficients
153 of variation of the different nodule size ranges in Claim 1 reflect the increasing variability introduced as the
154 resolution limits of the measuring device are approached, and the likely impact of variations permitted by
155 the Specifications of this Profile.

156 The guidance provided here represents an estimate of minimum measurement error when conforming to
157 the Profile over a wide range of scanner models. However, these estimates can be reduced substantially
158 when using more advanced scanning equipment with improved performance characteristics.

159
160 These Claims have been informed by clinical trial data, theoretical analysis, simulations, review of the
161 literature, and expert consensus. They have not yet been fully substantiated by studies that strictly conform
162 to the specifications given here. The expectation is that during implementation in the clinical setting, data
163 on the actual performance will be collected and any appropriate changes made to the Claim or the details
164 of the Profile. At that point, this caveat may be removed or re-stated.

165 **Clinical Interpretation For Claim 2 (nodule volume change)**

166 The precision value in the Claim statement is the change necessary to be 95% certain that there has really
167 been a change. If a tumor changes size beyond these limits, you can be 95% confident there has been a true
168 change in the size of the tumor, and the perceived change is not just measurement variability. Note that
169 this does not address the biological significance of the change, just the likelihood that the measured change
170 is real.

171 Application of these Claims to clinical practice is illustrated by the following examples:

172 **Example 1:** A nodule measuring 524 mm³ at baseline (10.0 mm diameter) measures 917 mm³ (12.0 mm
173 diameter) at follow-up, for a measured volume change of +393 mm³ (or a 75% increase in volume) [i.e.
174 (917-524)/524 x 100 = 75%]. For this 10 mm nodule at baseline, we apply the CV from the fifth row of Table
175 1: since 75% > 39% [i.e. 75% > 2.77 x 0.14 x 100], we are 95% confident that the measured change
176 represents a real change in nodule volume. To quantify the magnitude of the change, we construct the
177 95% confidence for the true change. The 95% confidence interval for the true change is (917-524) ± 1.96 x √
178 ([0.14 x 524]² + [0.11 x 917]²), which equals 393 ± 244. The 95% CI for the change in volume is thus [149
179 mm³ – 637 mm³]. This means that the nodule at time point 2 is between 149 and 637 mm³ larger than at
180 baseline.

181 **Example 2:** A nodule measuring 180 mm³ at baseline (7.0 mm diameter) measures 270 mm³ (8.0 mm
182 diameter) at follow-up, for a measured volume change of 90 mm³, or +50% [i.e. (270-180)/180 x 100 =
183 50%]. Since this was a 7 mm nodule at baseline, we apply the CV from the first row of the table: since 50% <
184 80% [i.e. 50% < 2.77 x 0.23 x 100]; we cannot be confident that this measured change represents a real
185 change in the tumor volume.

186
187 If the activities specified in this Profile are followed, the measured change in volume of nodules in each of
188 the given size ranges can be considered accurate to within the given 95% confidence limits. The different
189 coefficients of variation of the different nodule size ranges in Claim 1 reflect the increasing variability
190 introduced as the resolution limits of the measuring device are approached, and the likely impact of
191 variations permitted by the Specifications of this Profile.

192
193 These Claims represent the repeatability coefficient ($RC = 1.96 \times \sqrt{2} \times wCV$) for nodules in each size range.
194 The Claims have been informed by clinical trial data, theoretical analysis, simulations, review of the
195 literature, and expert consensus. They have not yet been fully substantiated by studies that strictly conform
196 to the specifications given here. The expectation is that during implementation in the clinical setting, data
197 on the actual performance will be collected and any appropriate changes made to the Claim or the details
198 of the Profile. At that point, this caveat may be removed or re-stated.

199
200 Claim 2 assumes the same compliant actors (acquisition device, radiologist, image analysis tool, etc.) at the
201 two time points. If one or more of the actors are different, it is expected that the measurement
202 performance will be reduced.

203 A web based calculator for computing the equations in the Claims is available at
204 <http://www.accumetra.com/NoduleCalculator.html>.

3. Profile Activities

The Profile is documented in terms of “Actors” performing “Activities”. Equipment, software, staff, or sites may claim conformance to this Profile as one or more of the “Actors” in the following table.

Conformant Actors shall support the listed Activities by demonstrating conformance to all Requirements in the referenced Section.

Table 3-1: Actors and Required Activities

Actor	Activity	Section
Acquisition Device	Product Validation	3.1
Image Analysis Tool	Product Validation	3.1
Technologist	Staff Qualification	3.2
	Subject Handling	3.6
	Image Data Acquisition	3.7
	Image Data Reconstruction	3.8
	Image Quality Assurance	3.9
Radiologist	Staff Qualification	3.2
	Protocol Design	3.4
	Subject Selection	3.5
	Subject Handling	3.6
Physicist	Equipment Quality Assurance	3.3
	Protocol Design	3.4
Referring Clinician	Subject Selection	3.5
Image Analyst	Staff Qualification	3.2
	Image Quality Assurance	3.9
	Image Analysis	3.10

Formal **claims of conformance** by the organization responsible for an Actor shall be in the form of a published **QIBA Conformance Statement**. Manufacturers publishing a QIBA Conformance Statement shall

215 provide a set of “Model-specific Parameters” describing how their product was configured to achieve
 216 conformance.

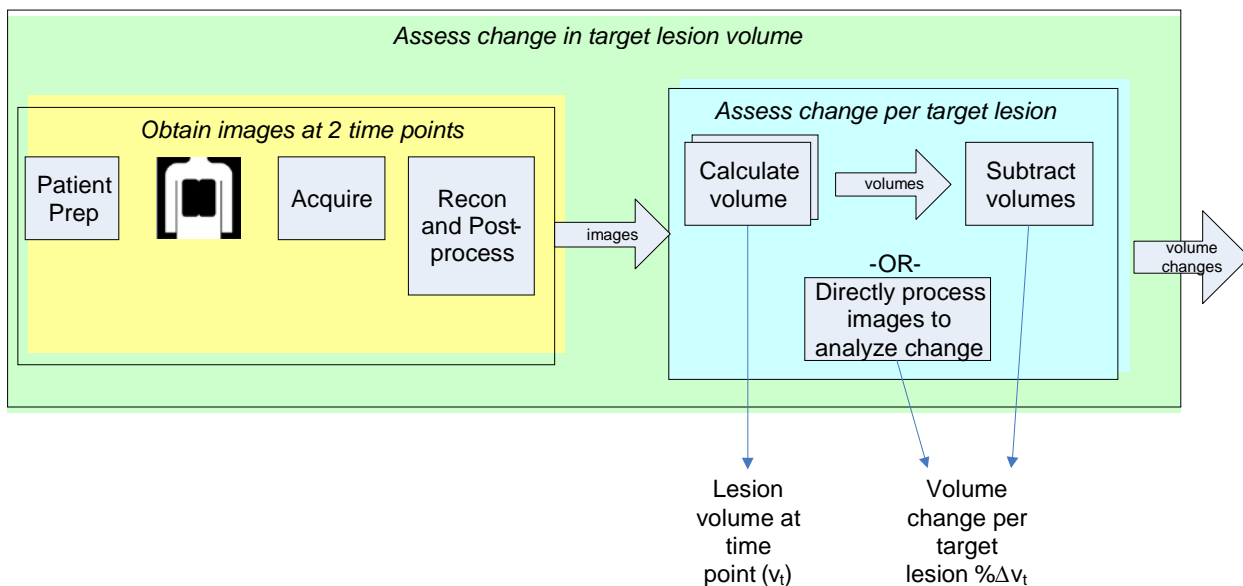
217 The Specifications and Assessment Procedures described in Sections 3 & 4 of this Profile reflect those
 218 expected in standard clinical CT practice, including the settings in which the data that support the Claims of
 219 this Profile were acquired. There is potential to specify more rigorous assessment procedures for both CT
 220 equipment and analysis tool software that justify a reduction in the measurement variance found in the
 221 current Claims. Through continued investigation of technical sources of variance, and quantitative
 222 characterization of the improvements in accuracy and precision that can be achieved by further refining the
 223 Specifications of this Profile, it is anticipated that future versions of this Profile will contain both improved
 224 Claims and more specific Assessment Procedures relevant to quantitative imaging.

225 The requirements in this Profile do not codify a Standard of Care; they only provide guidance intended to
 226 achieve the stated Claims. Failing to comply with a “shall” in this Profile is a protocol deviation. Although
 227 deviations invalidate the Profile Claims, such deviations may be reasonable and unavoidable and the
 228 radiologist or supervising physician is expected to do so when required by the best interest of the patient or
 229 research subject. How study sponsors and others decide to handle deviations for their own purposes is
 230 entirely up to them.

231 For the Acquisition Device and Image Analysis Tool actors, while it will typically be the manufacturer who
 232 claims the actor is conformant, it is certainly possible for a site to run the necessary tests/checks to confirm
 233 conformance and make a corresponding claim. This might happen if a manufacturer is no longer promoting
 234 an older model device but a site needs a conformance statement to participate in a clinical trial.

235 The Physicist actor is the preferred person at the site responsible for managing the equipment performance
 236 related specifications. At some sites this will be a staff physicist, and at other sites it may be a person who
 237 manages a contractor or a service provided by a vendor.

238 The sequencing of the Activities specified in this Profile is shown in Figure 1:



239
 240 **Figure 1: CT Tumor Volumetry - Activity Sequence**

241 The method for measuring change in tumor volume may be described as a multistage process. Subjects are
242 prepared for scanning, raw image data is acquired and images are reconstructed and possibly post-
243 processed. Such images are obtained at one or more time points. Image analysis assesses the degree of
244 change between two time points for each evaluable target nodule by calculating absolute volume at each
245 time point and subtracting. When expressed as a percentage, volume change is the difference in volume
246 between the two time points divided by the volume at time point 1. Although this introduces some
247 asymmetry (volume measurements of 50cm³ and 100cm³ represent either a 100% increase or a 50%
248 decrease depending on which was measured first), it is more familiar to clinicians than using the average of
249 the two time points as the denominator.

250 The change may be interpreted according to a variety of different response criteria. These response criteria
251 are beyond the scope of this document. Detection and classification of nodules are also beyond the scope
252 of this document.

253 The Profile does not intend to discourage innovation, although it strives to ensure that methods permitted
254 by the profile requirements will result in performance that meets the Profile Claim. The above pipeline
255 provides a reference model. Algorithms which achieve the same result as the reference model but use
256 different methods may be permitted, for example by directly measuring the change between two image
257 sets rather than measuring the absolute volumes separately. Developers of such algorithms are
258 encouraged to work with the appropriate QIBA committee to conduct any groundwork and assessment
259 procedure revisions needed to demonstrate the requisite performance.

260 The requirements included herein are intended to establish a baseline level of capabilities. Providing higher
261 performance or advanced capabilities is both allowed and encouraged. The Profile does not intend to limit
262 how equipment suppliers meet these requirements.

263 **3.1. Product Validation**

264 This activity involves evaluating the product Actors (Acquisition Device and Image Analysis Tool) prior to
265 their use in the Profile (e.g. at the factory). It includes validations and performance assessments that are
266 necessary to reliably meet the Profile Claim.

267 3.1.1 Discussion

268 Performance measurements of specific protocols are not addressed here. Those are included in section
269 3.4.2.

270 The **Number of Detector Rows** can influence the scan duration, z-axis resolution, and radiation dose. A
271 primary consideration leading to the requirement that CT scanners have a minimum of 16 detector rows is
272 the desire for the **Scan Duration** to be no greater than the time for imaging the entire length of the lungs in
273 a single breath-hold, to minimize motion artifacts, at a pitch that provides adequate z-axis resolution.
274 Scanners with fewer than 16 detectors and pitch high enough to allow the entire lung to be scanned in a
275 single breath hold may result in Z-axis resolution that is inadequate for nodule volumetry in some patients
276 (52). Published investigations have demonstrated the accuracy of CT nodule volumetry meeting the Claims
277 of this Profile using 16-detector scanners.

278 **3.1.2 Specification**

Parameter	Actor	Requirement
Acquisition Protocol	Acquisition Device	Shall be capable of storing protocols and performing scans with all the parameters set as specified in section 3.4.2 "Protocol Design Specification".
	Acquisition Device	Shall prepare a protocol conformant with section 3.4.2 "Protocol Design Specification" and validate that protocol as described in section 3.4.2.
Acquisition Protocol Variation	Acquisition Device	Shall also validate the protocol under varying conditions from each preferred protocol setting using a Design of Experiments (DOE) approach. See section 4.2 Equipment Vendor Procedures for more information on DOE methods.
Acquisition Consistency	Technologist	Shall use the same compliant scanner and acquisition protocol for acquisition of all time points.
Reading Consistency	Image Analyst	Shall analyze all time points and shall use the same conformant image analysis tool at all analysis time points.
Number of Detector Rows	Acquisition Device	Shall have 16 or more detector rows.
Image Header	Acquisition Device	Shall record in the DICOM image header the actual values for the tags listed in the DICOM Tag column in section 3.4.2 "Protocol Design Specification".
Reading Paradigm	Image Analysis Tool	Shall present Images from both time points side-by-side for comparison.
Change Calculation	Image Analysis Tool	Shall calculate change as the difference in volume between two time points relative to the volume at the earlier time point, expressed in mm ³ units.
Scientific Validation	Image Analysis Tool	Shall have appropriate scientific validation, including the properties of measurement linearity, coefficient of variation, and zero bias.

279

280 **3.2. Staff Qualification**

281 This activity involves evaluating the human Actors (Radiologist, Physicist, and Technologist) prior to their
 282 participation in the Profile. It includes training, qualification or performance assessments that are
 283 necessary to reliably meet the Profile Claim.

284 **3.2.1 Discussion**

285 These requirements, as with any QIBA Profile requirements, are focused on achieving the Profile Claim.
 286 Evaluating the medical or professional qualifications of participating actors is beyond the scope of this
 287 profile.

288 In clinical practice, it is expected that the **Radiologist** interpreting the examination often will be the **Image**
 289 **Analyst**. In some clinical practice situations, and in the clinical research setting, the image analyst may be a
 290 non-radiologist professional.

291 **Analyst Training** should be at a level appropriate for the setting and the purpose of the measurements, and
 292 may include instruction in topics such as the generation and components of volumetric CT images;
 293 principles of image reconstruction and processing; technical factors influencing quantitative assessment;

294 relevant CT anatomy; definition of a nodule; and image artifacts.

295 **3.2.2 Specification**

Parameter	Actor	Specification
ACR Accreditation	Radiologist	<p>Shall fulfill the qualifications required by the American College of Radiology CT Accreditation Program. These include certification by the American Board of Radiology or analogous non-U.S. certifying organization; appropriate licensing; documented oversight, interpretation, and reporting of the required ABR minimum number of CT examinations; and compliance with ABR and licensing board continuing education requirements.</p> <p>See:http://www.acr.org/~media/ACR/Documents/Accreditation/CT/Requirements</p>
	Technologist	<p>Shall fulfill the qualifications required by the American College of Radiology CT Accreditation Program. These include certification by the American Registry of Radiologic Technologists or analogous non-U.S. certifying organization, appropriate licensing, documented training and experience in performing CT, and compliance with certifying and licensing organization continuing education requirements.</p> <p>See:http://www.acr.org/~media/ACR/Documents/Accreditation/CT/Requirements</p>
Analyst Training	Image Analyst	<p>Shall undergo documented training in performing CT image volumetric analysis of lung nodules in lung cancer screening by a radiologist having qualifications conforming to the requirements of this profile.</p> <p>Note: if the Image Analyst is a Profile-conformant Radiologist, additional training is not required.</p>

296

297 **3.3. Equipment Quality Assurance**

298 This activity involves quality assurance of the imaging devices that is not directly associated with a specific
 299 subject. It includes calibrations, phantom imaging, performance assessments or validations that are
 300 necessary to reliably meet the Profile Claim.

301 **3.3.1 Discussion**

302 This activity is focused on ensuring that the acquisition device is aligned/calibrated/functioning normally.
 303 Performance measurements of specific protocols are not addressed here. Those are included in section
 304 3.4.

305 Conformance with this Profile requires adherence of CT equipment to U.S. federal regulations
 306 (21CFR1020.33) or analogous regulations outside of the U.S., CT equipment performance evaluation
 307 procedures of the American College of Radiology CT Accreditation Program
 308 (<http://www.acr.org/~media/ACR/Documents/Accreditation/CT/Requirements>), and quality control
 309 procedures of the scanner manufacturer. These assessment procedures include a technical performance

310 evaluation of the CT scanner by a qualified medical physicist at least annually. Parameters evaluated
 311 include those critical for quantitative volumetric assessment of small nodules, such as spatial resolution,
 312 section thickness, and table travel accuracy, as well as dosimetry. Daily quality control must include
 313 monitoring of water CT number and standard deviation and artifacts. In addition, preventive maintenance
 314 at appropriate regular intervals must be conducted and documented by a qualified service engineer.

315 These specifications reflect the clinical and clinical trial settings which produced the data used to support
 316 the Claims of this Profile. Data were obtained from a broad range of CT scanner models having a range of
 317 performance capabilities that is reflected in the size of the confidence bounds of the Claims. Ongoing
 318 research is identifying the key technical parameters determining performance in the lung cancer screening
 319 setting, and establishing metrics that may allow Claims with narrower confidence bounds than are found in
 320 this Profile to be met for certain CT scanners through more specific technical specifications and associated
 321 assessment procedures. Such metrics and assessment procedures more specific to CT volumetry in lung
 322 cancer screening will be addressed in subsequent versions of this Profile.

323 **3.3.2 Specification**

Parameter	Actor	Requirement
Quality Control	Physicist	Shall perform quality control procedures consistent with those generally accepted for routine clinical imaging.
Quality Control	Physicist	Shall adhere to installation and periodic quality control procedures specified by the scanner manufacturer and the American College of Radiology CT Accreditation Program. See http://www.acr.org/~media/ACR/Documents/Accreditation/CT/Requirements
Maintenance	Physicist	Shall ensure that preventive maintenance at appropriate regular intervals are conducted and documented by a qualified service engineer as recommended by the scanner manufacturer.

324
 325 **3.4. Protocol Design**

326 This activity involves designing acquisition and reconstruction protocols for use in the Profile. It includes
 327 constraints on protocol acquisition and reconstruction parameters that are necessary to reliably meet the
 328 Profile Claim.

329 **3.4.1 Discussion**

330 The Profile considers Protocol Design to take place at the imaging site, however sites may choose to make
 331 use of protocols developed elsewhere.

332 The approach of the specifications here, is to focus as much as possible on the characteristics of the
 333 resulting dataset, rather than one particular technique for achieving those characteristics. This is intended
 334 to allow as much flexibility as possible for product innovation and reasonable adjustments for patient size
 335 (such as increasing acquisition mAs and reconstruction DFOV for larger patients), while reaching the
 336 performance targets. Again, the technique parameter sets provided by vendors in their Conformance
 337 Statements may be helpful for those looking for more guidance.

Automatic Exposure Control aims to achieve consistent noise levels throughout the lungs by varying the tube current during scan acquisition. Use of automatic exposure control is expected to have little effect on Profile Claims and is considered optional, though as with other acquisition parameters its use should be consistent with baseline. This scanner feature may be a useful tool for reducing unnecessary radiation exposure in certain patients, but it also can increase radiation exposure depending on the target noise level, patient size and anatomy, and the method employed by the vendor. These factors should be kept in mind when deciding whether to use automatic exposure control in an individual patient.

Rotation Time may vary as needed to achieve other settings. Generally, it will be less than or equal to 0.5 seconds.

In CT screening for lung cancer, the choice of scan acquisition parameters is strongly influenced by the desire to minimize radiation dose. The radiation dose delivered by volumetric CT scanning is indicated by the volume CT Dose Index (CTDI_{vol}). The CTDI_{vol} should be chosen to provide the lowest radiation dose that maintains acceptable image quality for detecting pulmonary nodules. Variability in CT nodule volumetry using low dose techniques is comparable to that of standard dose techniques (14, 16-18, 29). As a general guideline, CTDI_{vol} ≤3 mGy should provide sufficient image quality for a person of standard size, defined by the International Commission on Radiation Protection (ICRP) as 5'7"/170 cm and 154 lbs/70 kg. The CTDI_{vol} should be reduced for smaller individuals and may need to be increased for larger individuals, but should be kept constant for the same person at all time points. CTDI_{vol} is determined by the interaction of multiple parameters, including the Tube Potential (kV), Tube Current (mA), tube Rotation Time, and Pitch. Settings for kV, mA, rotation time, and pitch may be varied as needed to achieve the desired CTDI_{vol}. Pitch is chosen so as to allow completion of the scan in a single breath hold with adequate spatial resolution along the subject z-axis.

Nominal Tomographic Section Thickness (T), the term preferred by the International Electrotechnical Commission (IEC), is sometimes also called the Single Collimation Width. Choices depend on the detector geometry inherent in the particular scanner model. The Nominal Tomographic Section Thickness affects the spatial resolution along the subject z-axis and the available options for reconstructed section thickness. Thinner sections that allow reconstruction of smaller voxels are preferable, to reduce partial volume effects and provide higher accuracy due to greater spatial resolution.

Reconstruction Kernel is recommended to be a medium smooth to medium sharp kernel that provides the highest resolution available without edge enhancement.

X-ray CT uses ionizing radiation. Exposure to radiation can pose risks; however as the radiation dose is reduced, image quality can be degraded. It is expected that health care professionals will balance the need for good image quality with the risks of radiation exposure on a case-by-case basis. It is not within the scope of this document to describe how these trade-offs should be resolved.

3.4.2 Specification

Note: The Radiologist is responsible for the protocol parameter requirements, although they may choose to use a protocol provided by the vendor of the acquisition device. The Radiologist is also responsible for ensuring that protocol validation has taken place (e.g. when it is created or modified), although the Physicist actor or the Technologist actor may also perform the validation. The role of the Physicist actor may be played by an in-house medical physicist, a physics consultant or other staff (such as vendor service

378 or specialists) qualified to perform the validations described.
 379

Parameter	Actor	Specification	DICOM Tag
Acquisition Protocol	Radiologist	Shall prepare a protocol to meet the specifications in this table. Shall ensure technologists have been trained on the requirements of this profile.	
IEC Pitch	Radiologist	Shall set IEC Pitch to less than or equal to 2.0 for single source scanners, or the equivalent for dual source scanners.	Spiral Pitch Factor (0018,9311)
Nominal Tomographic Section Thickness (T)	Radiologist	Shall set the nominal tomographic section thickness to achieve reconstructed slice thickness less than or equal to 1.25mm.	Single Collimation Width (0018,9306)
Reconstruction Protocol	Radiologist	Shall prepare a protocol to meet the specifications in this table. Shall ensure technologists have been trained on the requirements of this profile.	
Reconstructed Image Thickness	Radiologist	Shall set to less than or equal 1.25mm.	Slice Thickness (0018,0050)
Reconstructed Image Interval	Radiologist	Shall set the reconstructed image interval to less than or equal to the Reconstructed Image Thickness (i.e. no gap, may have overlap).	Spacing Between Slices (0018,0088)
Resolution	Radiologist	Shall validate that the protocol achieves: <ul style="list-style-type: none"> • A 3D PSF sigma ellipsoid volume of less than or equal to 1.5mm³, and • A Z PSF sigma less than two times larger than the in-plane PSF sigma. 	
Edge Enhancement	Radiologist	Shall validate that the protocol does not result in edge enhancement exceeding 5%.	
HU Deviation	Radiologist	Shall validate that the protocol results in CT HU value deviation of less than 35 HU for Air, Acrylic, Delrin, and Teflon materials.	
Voxel Noise	Radiologist	Shall validate that the protocol achieves a standard deviation that is <= 50 HU for homogeneous Air, Acrylic, Delrin, and Teflon materials.	
3D Spatial Warping	Radiologist	Shall validate that 3D image acquisition results in 3D Spatial warping of less than Z Mean Square Error (MSE).	

Parameter	Actor	Specification	DICOM Tag

380

381 **3.5. Subject Selection**

382 This activity describes criteria and procedures related to the selection of appropriate imaging subjects that
 383 are necessary to reliably meet the Profile Claim.

384 3.5.1 Discussion

385 **Pulmonary Symptoms** may signify acute or subacute abnormalities in the lungs that could interfere with or
 386 alter pulmonary nodule volume measurements, or prevent full cooperation with breath-holding
 387 instructions for scanning. Therefore, subjects should be asymptomatic, or at baseline if symptomatic, with
 388 respect to cardiac and pulmonary symptoms. If scanning is necessary to avoid an excessive delay in follow-
 389 up of a known nodule or to evaluate new symptoms, and these clinical status conditions cannot be met
 390 then measurements may not be of sufficient quality to fulfill the Profile Claims. Chronic abnormalities such
 391 as pulmonary fibrosis also may invalidate Profile Claims if they affect nodule volume measurement
 392 accuracy.

393 Recent diagnostic or therapeutic **Medical Procedures** may result in parenchymal lung abnormalities that
 394 increase lung attenuation around a nodule and invalidate the Claims of this Profile. Examples include
 395 bronchoscopy, thoracic surgery, and radiation therapy.

396 Oral contrast administered for unrelated gastrointestinal imaging studies or abdominal CT that remains in
 397 the esophagus, stomach, or bowel may cause artifacts in certain areas of the lungs that interfere with
 398 quantitative nodule assessment. If artifacts due to oral contrast are present in the same transverse planes
 399 as a quantifiable lung nodule, the Profile Claims may not be valid.

400 3.5.2 SPECIFICATION

Parameter	Actor	Requirement
Medical Procedures	Referring clinician	Shall schedule scanning prior to or at an appropriate time following procedures that could alter the attenuation of the lung nodule or surrounding lung tissue.
	Radiologist	
Pulmonary Symptoms	Referring clinician	Shall delay scanning for a time period that allows resolution of potential reversible CT abnormalities if pulmonary symptoms are present.
	Radiologist	

401

402 **3.6. Subject Handling**

403 This activity involves handling each imaging subject at each time point. It includes subject handling details
 404 that are necessary to reliably meet the Profile Claim.

3.6.1 DISCUSSION

This Profile will refer primarily to “subjects”, keeping in mind that the requirements and recommendations apply to patients in general, and subjects are often patients too.

Subject handling guidelines are intended to reduce the likelihood that lung nodules will be obscured by surrounding disease or image artifacts, which could alter quantitative measurements, and to promote consistency of image quality on serial scans.

Intravenous Contrast is not used for CT lung cancer screening (26). Because of the inherently high contrast between lung nodules and the surrounding parenchyma, contrast is unnecessary for nodule detection and quantification. Its use incurs additional cost, the potential for renal toxicity and adverse reactions, and may affect volume quantification (21, 27, 28). If contrast must be used for a specific clinical indication (e.g. for characterization of the nodule, hilar nodes, or another abnormality) the Profile Claims are invalidated.

After obtaining the localizer (scout) image, the technologist should evaluate the image for **Artifact Sources** such as external metallic objects that may produce artifacts that may alter the attenuation of lung nodules, and work with the subject to remove these devices. Internal metallic objects, such as pacemakers and spinal instrumentation, also may produce artifacts.

Bismuth breast shields (used by some to reduce radiation exposure in the diagnostic CT setting) increase image noise. The impact of this imaging artifact on lung nodule volume quantification is unknown, but is likely to be magnified in the lung cancer screening setting due to the lower radiation dose used for screening. The effects of breast shields on image quality may vary depending on the types of shields and their positioning on the chest. The American Association of Physicists in Medicine currently does not endorse the use of breast shields, recommending the use of other dose reduction methods instead (<https://www.aapm.org/publicgeneral/BismuthShielding.pdf>). Thus, the use of breast shields is not compatible with the Profile Claims and is not recommended for lung cancer screening. However, organ dose modulation techniques that reduce dose in the anterior thorax may be used if implemented on all studies being compared.

Consistent **Subject Positioning** is important, to reduce variation in x-ray beam hardening and scatter and in nodule orientation and position within the gantry. Positioning the chest (excluding the breasts) in the center of the gantry improves the consistency of relative attenuation values in different regions of the lung, and should reduce scan-to-scan variation in the behavior of dose modulation algorithms. The subject should be made comfortable, to reduce the potential for motion artifacts and to facilitate compliance with breath holding instructions.

To achieve these goals, subjects should be positioned supine with arms overhead, in keeping with standard clinical practice. The sternum should be positioned over the midline of the table. The **Table Height and Centering** should be adjusted so that the midaxillary line is at the widest part of the gantry. The use of positioning wedges under the knees and/or head may be needed for patient comfort, or may help to better align the spine and shoulders on the table, and is optional. It is expected that local clinical practice and patient physical capabilities and limitations will influence patient positioning; an approach that promotes scan-to-scan consistency is essential.

Scans should be performed during **Breath Holding** at maximal inspiration, to reduce motion artifacts and improve segmentation. Efforts should be made to obtain consistent, reproducible, maximal inspiratory lung

445 volume on all scans. The use of live breathing instructions given at a pace easily tolerated by the patient is
 446 strongly recommended. However, depending on local practice preference and expertise, the use of
 447 prerecorded breathing instructions may provide acceptable results. Compliance with breathing instructions
 448 should be monitored by carefully observing the movement of the chest wall and abdomen to insure that
 449 the breathing cycle stays in phase with the verbal instructions. The scan should not be initiated until
 450 maximal inspiratory volume is reached and all movement has ceased.

451 To promote patient compliance, performing a practice round of the breathing instructions prior to moving
 452 the patient into the scanner also is strongly recommended. This will make the subject familiar with the
 453 procedure, make the technologist familiar with the subject’s breathing rate, and allow the technologist to
 454 address any subject difficulties in following the instructions.

455 Sample breathing instructions:

- 456 1. “Take in a deep breath” (watch anterior chest rise)
- 457 2. “Breathe all the way out” (watch anterior chest fall)
- 458 3. “Now take a deep breath in.....in.....in.....in all the way as far as you can”
- 459 4. When chest and abdomen stop rising, say “Now hold your breath”.
- 460 5. Initiate the scan when the chest and abdomen stop moving, allowing for the moment it takes for the
 461 diaphragm to relax after the glottis is closed.
- 462 6. When scan is completed, say “You can breathe normally”

463 3.6.2 SPECIFICATION

Parameter	Actor	Requirement
Intravenous contrast	Analyst	Shall <u>not</u> use images in which intravenous contrast was administered for quantitative nodule volumetry in lung cancer screening or follow-up of screen-detected nodules.
	Radiologist	
Artifact sources	Technologist	Shall remove or position potential sources of artifacts (specifically including breast shields, metal-containing clothing, EKG leads and other metal equipment) such that they will not degrade the reconstructed CT volumes.
Subject Positioning	Technologist	Shall position the subject consistent with baseline.
Table Height & Centering	Technologist	Shall adjust the table height for the midaxillary plane to pass through the isocenter of the gantry. Shall be consistent with baseline.
Breath holding	Technologist	Shall instruct the subject in proper breath-hold and start image acquisition shortly after full inspiration, taking into account the lag

Parameter	Actor	Requirement
		time between full inspiration and diaphragmatic relaxation. Shall ensure that for each tumor the breath hold state is consistent with baseline

464

465 **3.7. Image Data Acquisition**

466 This activity involves the acquisition of image data for a subject at either time point. It includes details of
 467 data acquisition that are necessary to reliably meet the Profile Claim.

468 3.7.1 DISCUSSION

469 CT scans for nodule volumetric analysis can be performed on equipment that complies with the
 470 Specifications set out in this Profile. However, performing all CT scans for an individual subject must be
 471 done on the same platform (manufacturer, model and version) to reduce variation.

472 Note that the requirement to "select a protocol that has been prepared and validated for this purpose" is
 473 not asking the tech to scan phantoms before every patient. Sites are required in section 3.4.2 to have
 474 validated the protocols that the tech will be using and conformance with the protocol depends on the tech
 475 selecting those protocols.

476 Many scan parameters can have direct or indirect effects on identifying, segmenting and measuring tumors.
 477 To reduce this potential source of variance, all efforts should be made to have as many of the scan
 478 parameters as possible consistent with the baseline.

479 **Consistency with the baseline** implies a need for a method to record and communicate the baseline
 480 settings and make that information available at the time and place that subsequent scans are performed.
 481 Although it is conceivable that the scanner could retrieve prior/baseline images and extract acquisition
 482 parameters to encourage consistency, such interoperability mechanisms are not defined or mandated here
 483 beyond requiring that certain fields be populated in the image header. Similarly, managing and forwarding
 484 the data files when multiple sites are involved may exceed the practical capabilities of the participating
 485 sites. Sites should be prepared to use manual methods instead.

486 **Image Header** recordings of the key parameter values facilitate meeting and confirming the requirements
 487 to be consistent with the baseline scan.

488 The goal of **parameter consistency** is to achieve consistent performance. Parameter consistency when
 489 using the same scanner make/model generally means using the same values. Parameter consistency when
 490 the baseline was acquired on a *different* make/model may require some "interpretation" to achieve
 491 consistent performance since the same values may produce different behavior on different models. See
 492 Section 3.4 "Protocol Design".

493 **Anatomic Coverage** For screening purposes a baseline scan should include the entire volume of the lungs
 494 (apex through base), minimizing the volume scanned above and below the lungs to avoid unnecessary

495 radiation exposure. For nodule measurement, the scan should include the full nodule and typically 5 to 10
496 mm of lung region above and below the nodule.

497 The **localizer (scout) image** should be restricted as closely as possible to the anatomic limits of the thorax,
498 using the minimum kV and mA needed to identify relevant anatomic landmarks. Inspecting the image also
499 provides the opportunity to remove any external objects that may have been missed prior to positioning
500 the subject on the table.

501 In CT screening for lung cancer, the choice of scan acquisition parameters is strongly influenced by the
502 desire to minimize radiation dose. The radiation dose delivered by volumetric CT scanning is indicated by
503 the volume CT Dose Index (**CTDIvol**). The CTDIvol should be chosen to provide the lowest radiation dose
504 that maintains acceptable image quality for detecting pulmonary nodules. Variability in CT nodule
505 volumetry using low dose techniques is comparable to that of standard dose techniques (14, 16-18, 29). As
506 a general guideline, CTDIvol ≤ 3 mGy should provide sufficient image quality for a person of standard size,
507 defined by the International Commission on Radiation Protection (ICRP) as 5'7"/170 cm and 154 lbs/70 kg.
508 The CTDIvol should be reduced for smaller individuals and may need to be increased for larger individuals,
509 but should be kept constant for the same person at all time points. CTDIvol is determined by the interaction
510 of multiple parameters, including the **Tube Potential** (kV), **Tube Current** (mA), tube **Rotation Time**, and
511 **Pitch**. Settings for kV, mA, rotation time, and pitch may be varied as needed to achieve the desired CTDIvol.
512 Pitch is chosen so as to allow completion of the scan in a single breath hold with adequate spatial
513 resolution along the subject z-axis. It is recommended that pitch does not exceed 2.0 for CT acquisitions
514 obtained with a single x-ray tube, or the equivalent for acquisitions with dual-source technology.

515 3.7.2 SPECIFICATION

516 The Acquisition Device shall be capable of performing scans with all the parameters set as described in the
517 following table. The Technologist shall set the scan acquisition parameters to achieve the requirements in
518 the following table.

519

520

Parameter	Actor	Requirement	DICOM Tag
Acquisition Protocol	Technologist/Radiologist	Shall select a protocol that has been previously prepared and validated for this Profile (See section 3.4.2 "Protocol Design Specification").	
Scan Duration	Technologist	Shall perform the scan in a single breath hold.	
Consistency	Technologist	Shall ensure that follow-up scans use the same CT scanner model and acquisition protocol settings.	

521

522 **3.8. Image Data Reconstruction**

523 This activity involves the reconstruction of image data for a subject at either time point. It includes criteria
 524 and procedures related to producing images from the acquired data that are necessary to reliably meet the
 525 Profile Claim.

526 3.8.1 DISCUSSION

527 Many reconstruction parameters can have direct or indirect effects on identifying, segmenting, and
 528 measuring nodules. To reduce this source of variance, all efforts should be made to have as many of the
 529 parameters as possible on follow-up scans consistent with the baseline scan.

530 **Reconstruction Field of View** interacts with image matrix size (512x512 for most reconstruction algorithms)
 531 to determine the reconstructed pixel size. Pixel size directly affects voxel size in the x-y plane. Smaller
 532 voxels are preferable to reduce partial volume effects that can blur the edges of nodules and reduce
 533 measurement accuracy and precision. Pixel size in each dimension is not the same as spatial resolution in
 534 each dimension, which depends on a number of additional factors including the section thickness and
 535 reconstruction kernel. Targeted reconstructions with a small field of view minimize partial volume effects,
 536 but have limited effect on the accuracy of nodule volumetry compared to a standard field of view that
 537 encompasses all of the lungs (11, 12). A reconstructed field of view set to the widest diameter of the lungs,
 538 and consistent with baseline, is sufficient to meet the Claims of this Profile.

539 The **Reconstructed Slice Thickness** should be small relative to the size of the smallest nodules detected and
 540 followed by CT screening (11-13, 31).

541 The **Reconstruction Interval** should be either contiguous or overlapping (i.e. with an interval that is less
 542 than the reconstructed slice thickness). Either method will be consistent with the Profile Claims, though
 543 overlap of 50% may provide better accuracy and precision compared to contiguous slice reconstruction
 544 (32). Reconstructing datasets with overlap will increase the number of images and may slow down
 545 throughput, increase reading time, and increase storage requirements, but has NO effect on radiation
 546 exposure. A reconstruction interval that results in gaps between slices is unacceptable as it may “truncate”

547 the spatial extent of the nodule, degrade the identification of nodule boundaries, and confound the
548 precision of measurement for total nodule volumes.

549 The **Reconstruction Algorithm Type** most commonly used for CT has been filtered back projection. More
550 recently introduced methods of iterative reconstruction can provide reduced image noise and/or radiation
551 exposure (33). Studies have indicated that iterative methods are at least comparable to filtered back
552 projection for CT volumetry (16-18, 29, 34). Both algorithm types are acceptable for this Profile.

553 The **Reconstruction Kernel** influences the texture and the appearance of nodules in the reconstructed
554 images, including the sharpness of the nodule edges. In general, a softer, smoother kernel reduces noise at
555 the expense of spatial resolution, while a sharper, higher-frequency kernel gives the appearance of
556 improved resolution at the expense of increased noise. Kernel types may interact differently with different
557 software segmentation algorithms. Theoretically, the ideal kernel choice for any particular scanner is one
558 that provides the highest resolution without edge enhancement, which generally will be a kernel in the
559 medium-smooth to medium-sharp range of those available on clinical scanners. With increasing kernel
560 smoothness, underestimation of nodule volume becomes a potential concern, while with increasing kernel
561 sharpness, image noise and segmentation errors become potential concerns. Use of a reconstruction kernel
562 on follow-up scans consistent with baseline therefore is particularly important for relying on the Profile
563 Claims.

564 3.8.2 SPECIFICATION

Parameter	Actor	Specification	DICOM Tag
Reconstruction Protocol	Technologist	Shall select a protocol that has been previously prepared and validated for this purpose (See section 3.4.2 "Protocol Design Specification").	
Reconstruction Field of View	Technologist	Shall ensure the Field of View spans at least the full extent of the thoracic and abdominal cavity, but not substantially greater than that, and is consistent with baseline.	Reconstruction Field of View (0018,9317)
Reconstructed Image Thickness	Technologist	Shall set reconstructed image thickness to less than or equal to 1.25 mm and the same as baseline.	Slice Thickness (0018,0050)
Reconstruction Interval	Technologist	Shall set to less than or equal to the Reconstructed Image Thickness (i.e. no gap, may have overlap) and consistent with baseline.	Spacing Between Slices (0018,0088)

Parameter	Actor	Specification	DICOM Tag
Reconstruction Kernel	Technologist	Shall set the reconstruction kernel and parameters consistent with baseline (i.e. the same kernel and parameters if available, otherwise the kernel most closely matching the kernel response of the baseline).	Convolution Kernel (0018,1210), Convolution Kernel Group (0018,9316)

565

566 **3.9. Image Quality Assurance**

567 This activity involves evaluating the reconstructed images prior to image analysis. It includes image criteria
 568 that are necessary to reliably meet the Profile Claim.

569 3.9.1 Discussion

570 This Image QA activity represents the portion of QA performed between image generation and analysis
 571 where characteristics of the content of the image are checked for conformance with the profile. The Image
 572 QA details listed here are the ones QIBA has chosen to highlight in relation to achieving the Profile claim. It
 573 is expected that sites will perform many other QA procedures as part of good imaging practices.

574 Numerous factors can affect image quality and result in erroneous nodule volume measurements. **Motion**
 575 **artifacts** and **Dense Object Artifacts** can alter the apparent size, shape, and borders of nodules. Certain
 576 **Thoracic Disease** processes may alter the attenuation of the lung surrounding a nodule and interfere with
 577 identification of its true borders. Contact between a nodule and anatomic structures such as pulmonary
 578 vessels or the chest wall, mediastinum, or diaphragm also may affect **Nodule Margin Conspicuity** and
 579 obscure the true borders. Although screening may still be performed on them, the Claims of this Profile do
 580 not apply to nodules affected by image quality deficiencies that impair **Overall Nodule Measurability** and
 581 the sensitivity for nodule detection may be reduced.

582 3.9.2 Specification

583

Parameter	Actor	Requirement
Motion Artifacts	Technologist	Shall confirm the Images to be analyzed are free from motion artifacts.
	Image Analyst	
Dense Object Artifacts	Technologist	Shall confirm the Images to be analyzed are free from artifacts due to dense objects or anatomic positioning.
	Image Analyst	
Thoracic disease	Image Analyst	Shall confirm the Images to be analyzed are free from disease processes affecting the measurability of the nodule.
Nodule Margin Conspicuity	Image Analyst	Shall confirm the Nodules to be analyzed are sufficiently distinct from and unattached to other structures of similar attenuation.
Nodule Size	Image Analyst	Shall confirm (now or during measurement) that tumor longest in-plane diameter is between 6 mm and 12 mm. (For a spherical tumor this would roughly correspond to a volume between 113 mm ³ and 905 mm ³ .)

Parameter	Actor	Requirement
Overall Nodule Measurability	Image Analyst	Shall disqualify any Nodules and images with features that might reasonably be expected to degrade measurement reliability.

584

585 **3.10. Image Analysis**

586 This activity involves measuring the volume change for subjects over one or more timepoints. It includes
587 criteria and procedures related to producing quantitative measurements from the images that are
588 necessary to reliably meet the Profile Claim.

589 **3.10.1 DISCUSSION**

590 Image analysis should be performed using **Image Analysis Tool** programs that have received appropriate
591 scientific validation. Because different programs use different segmentation algorithms that may result in
592 different volumetric measurements even for ideal nodules, and different versions of the same program or
593 its components may change its performance, a nodule being evaluated for change must be analyzed at
594 both time points with the same software program (manufacturer, model, and version).

595 The volume of a lung nodule is typically determined by defining the nodule boundary (referred to as
596 segmentation) and computing the volume within the boundary. Segmentation typically is performed by an
597 automated algorithm after the user designates the location of the nodule to be measured with a starting
598 seed point, cursor stroke, or region of interest. A subjective **Segmentation Analysis** should be conducted to
599 closely inspect segmentation volumes in three dimensions for concordance with the visually-assessed
600 nodule margins. Assessment of this concordance can be affected by the **Image Display Settings**, so a
601 window and level appropriate for viewing the lung should be used and kept the same for all time points
602 being compared.

603 Nodules for which the segmentation tracks the margins most accurately, without manual editing, will most
604 closely meet the Claims of this Profile. If in the radiologist's opinion the segmentation is unacceptable,
605 quantitative volumetry shall not be used and nodule size change should be assessed using standard clinical
606 methods. Nodule location and margin characteristics impact segmentation quality and variance in nodule
607 measurement, which are more favorable for nodules that are isolated, well-separated from adjacent
608 structures, and have smooth borders compared to nodules abutting pulmonary vessels or parietal pleura,
609 and also for smooth nodules compared to spiculated or irregularly shaped nodules (35-40).

610 When deriving the nodule volume difference between two time points, the **Reading Paradigm** involves
611 direct side-by-side comparison of the current and previous image data at the same time, to reduce
612 interobserver and intraobserver variation. Storing segmentations and measurement results for review at a
613 later date is certainly a useful practice as it can save time and cost. However, segmentation results at both
614 time points should be inspected visually in three dimensions to make sure that they are of sufficient and
615 comparable accuracy in order to meet the Claims of the Profile. If a previous segmentation is unavailable
616 for viewing, or the previous segmentation is not of comparable accuracy to the current segmentation,
617 segmentation at the comparison time point should be repeated.

618 Methods that calculate volume changes directly without calculating volumes at individual time points are
 619 acceptable so long as the results are compliant with the specifications set out by this Profile. Regardless of
 620 method, the ability of software to calculate and record volume change relative to baseline for each nodule
 621 is recommended.

622 These Image Analysis specifications are intended to apply to a typical user working in the clinical setting
 623 (i.e. without extraordinary training or ability). This should be kept in mind by vendors measuring the
 624 performance of their tools and sites validating the performance of their installation. Although the
 625 performance of some methods may depend on the judgment and skill of the user, it is beyond this Profile
 626 to specify the qualifications or experience of the operator.

627 3.10.2 SPECIFICATION

Parameter	Actor	Requirement
Image Analysis Tool	Image Analyst	Shall use the same Image Analysis Tool (manufacturer, model, version) for measurements at all time points.
Segmentation Analysis	Image Analyst	Shall disqualify nodules with inadequate automated segmentations or nodules with non-comparable segmentations at both time points.
Image Display Settings	Image Analyst	Shall set the Image display setting (window and level) for the segmentation initiation to the same lung appropriate settings for all time points.
Equipment	Technologist/ Image Analyst	Shall use the same measurement system (scanner model, software, and operator) at the two time points.

628

4. Conformance

To conform to this Profile, participating staff and equipment (“Actors”) shall support each activity assigned to them in Table 3-1. To support an activity, the actor shall conform to the checklist of requirements (indicated by “shall language”) listed in the specifications table of that activity subsection in Section 3.

Although some of the requirements described in Section 3 can be assessed for conformance by direct observation, many of the most critical performance-oriented requirements cannot. Thus, the assessment procedures in Section 4 are required.

This section begins with a description of the **Technical Evaluation Methods** (Section 4.1) that will be used to verify the performance requirements of the image acquisition system and the software analysis system. The **Equipment Vendor Assessment Procedure** (Section 4.2) specifies the conformance procedures that equipment vendors must perform for a specific vendor equipment model to comply with the profile. The **Clinical Site Assessment Procedure** (Section 4.3) describes the steps needed by a clinical site to achieve conformance with this profile.

4.1. Technical Evaluation Methods

There are two types of equipment used to perform lung nodule measurements in this profile. The technical methods to verify the quality of images produced by the CT scanner and acquisition protocol are outlined in Section 4.1.1. The technical methods to verify the quality of measurements produced by the analysis software is outlined in Section 4.1.2. These methods are then used by equipment vendors (Section 4.2) and clinical sites (Section 4.3) to verify conformance with profile requirements.

To date for routine clinical imaging, technical criteria have been typically developed for assessing performance in qualitative imaging applications. With this profile, we are evaluating the imaging relative to assessing performance in quantitative imaging. To reliably measure small changes in the volume of pulmonary nodules is a new and very demanding task requiring a significant upgrading of the conformance process. QIBA describe this transition as moving from a periodic “passive” to an “active” conformance process. This new active conformance process is required to allow the level of measurement accuracy embedding in the Profile claim within a defined statistical confidence interval. The active conformance process involves a prospective test of the CT scanner to be used for the screening evaluation with all of the requisite measurement parameters of the CT set as outlined in this Profile document. Therefore, to validate conformance with the Profile, images are acquired of a standard reference object. The resulting images are sent to the QIBA Conformance evaluation site for review, and after an automated analysis, a comprehensive report of the scanner performance relative to the conformance requirement of the Profile is sent back to the site (typically within the ensuing hour). The overall goal of the process is to ensure that the CT scanner is performing well enough when set to the specified acquisition parameters, so that it can provide accurate and robust imaging information relative to the stated statistical boundaries of the Profile claim. Note that while use of active conformance tools are the preferred method for clinical sites and equipment vendors to achieve conformance, a site or a vendor may alternatively contact QIBA with a technically equivalent approach for conformance along with supporting data. Any alternative conformance approach that is shown to meet the goals of the profile will be permitted to be used.

4.1.1 CT Image Quality Characteristics

670 These methods specify the quality characteristics of reconstructed images for a specific CT scanner and
671 acquisition protocol. Image quality is assessed with a collection of five metrics:

- 672 • Resolution is assessed in terms of the estimated response of the imaging system to a point source
673 (aka point spread function or PSF). The PSF, in turn, is characterized as a Gaussian with a standard
674 deviation of sigma expressed in mm. The PSF is measured both in-plane and along the Z dimension.
675 Note: decreasing values indicate improving resolution.
- 676 • HU Bias is assessed in terms of the HU difference of the mean value from the expected value for a
677 material with uniform density.
- 678 • Voxel Noise is assessed in terms of the standard deviation of pixel HU values when imaging a
679 material with uniform density.
- 680 • Edge Enhancement is assessed in terms of the maximum percent increase in HU contrast above
681 expected along the outer edge of an ideal cylinder surrounded by air.
- 682 • Spatial Warping is assessed in terms of the mean squared error of the outer cylindrical surface
683 compared to an ideal cylindrical reference object surface.

684 The assessor shall scan the QIBA Quantitative CT Phantom
685 using patient-specific settings for an average size patient.
686 **Figure 1** shows the overall design of the phantom which
687 contains three image quality assessment modules placed at
688 different distances from scanner isocenter (approximately
689 0mm, 102mm, and 204mm). Within each module is a hollow
690 cylinder made of Delrin plastic with an inner radius of 17.0
691 mm +/- 0.02mm, an outer radius of 28.0 mm +/- 0.02mm and
692 a height of 19.0mm +/- 0.02mm. Centered within the inner
693 radius of the hollow cylinder is an Air region with a nominal
694 height of 13 mm. 6.0 mm above the hollow cylinder is a
695 homogeneous Teflon cylinder with a height of 10.0mm +/-
696 0.1mm and a diameter of 34mm +/- 0.1mm. A homogeneous
697 Acrylic cylinder is also present 6.0 mm below the hollow
698 cylinder with the same dimensions and tolerances as the
699 Teflon cylinder. The phantom also has an isocentering and
700 alignment target on its outer surfaces.

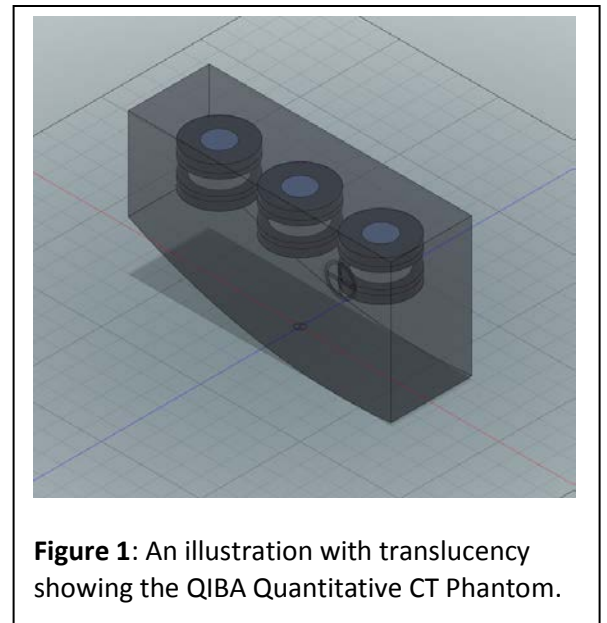


Figure 1: An illustration with translucency showing the QIBA Quantitative CT Phantom.

701 The scan may be performed at any time in the day after the CT scanner has passed its daily ACR CT
702 accreditation and manufacturer calibration checks.

703 The assessor shall calculate each of the five image quality characteristics at the location of each image
704 quality assessment module.

705 The assessor shall calculate **Resolution** by scanning the QIBA Quantitative CT Phantom and determining the
706 3D Gaussian PSF sigmas that best fit the partial volume voxels near the surface of the hollow cylinder
707 reference object. The resulting X,Y PSF sigma represents the in-plane resolution and the Z PSF sigma
708 represents the Z resolution, both of which are expressed in mm. The 3D PSF sigma ellipsoid volume (PSF_v)
709 is calculated as the volume of an ellipsoid with semi-axis lengths of X, Y, and Z PSF sigmas, which is
710 expressed as $PSF_v = \frac{4}{3}\pi\sigma_x\sigma_y\sigma_z$. The 3D PSF sigma volume is expressed in mm^3 where decreasing values

711 indicate improving resolution. The reference object is a concentric cylinder placed flat on an X-Z scanner
 712 plane and the inner surface of concentric cylinder is used to determine both in-plane resolution and Z
 713 resolution. A Modulation Transfer Function at a 50% cutoff frequency (MTF 50) value can be translated to
 714 an **In-plane Point Spread Function** sigma using the following equation [53]:

$$715 \quad \sigma_{xy} = \frac{\sqrt{-2 \ln m_0}}{2\pi\mu_0}$$

716 where m_0 is the MTF frequency and μ_0 is the line pairs per millimeter. Thus, a conversion from PSF to MTF is:

$$717 \quad m_0 = e^{-(\sigma_{xy}\pi\mu_0)^2}$$

718 The assessor shall calculate **HU Bias** for a particular material by first measuring the mean of HU density for
 719 voxels that are within a reference object such that partial volume will NOT impact the measurement. Each
 720 measured voxel must be $> 2 \times \text{sigma}$ millimeters from the outer surface of the reference object to avoid bias
 721 from partial volume artifact. The expected HU density of the material is then subtracted from the mean HU
 722 value to arrive at the HU deviation. The materials measured are Teflon, Delrin, Acrylic, and air and the HU
 723 deviation is expressed in HU.

724 The assessor shall calculate **Voxel Noise** by measuring the standard deviation of HU density for voxels that
 725 are within a reference object such that partial volume will NOT impact the measurement. Each measured
 726 voxel must be $> 2 \times \text{sigma}$ millimeters from the outer surface of the concentric cylinder to avoid bias from
 727 partial volume artifact.

728 The assessor shall calculate **Edge Enhancement** by measuring the mean HU density along a series of ± 10
 729 degree circular arc shaped sampling paths with each path at varying radial distances from a hollow cylinder
 730 center, centered on the X axis, and always inside the hollow cylinder reference object placed nominally flat
 731 on an X-Z scanning plane. The maximum of the mean HU densities observed minus the measured mean HU
 732 for Air represents the maximum observed contrast due to edge enhancement (EE_m). The reference level of
 733 edge enhancement (EE_r) is calculated as the mean HU density for Delrin minus the measured mean HU for
 734 Air. Once these are determined the final Edge Enhancement value is then calculated as $EE = \frac{EE_m}{EE_r} - 1$.

735 The assessor shall calculate **Spatial Warping** by computing the mean square error (MSE) of the outer
 736 cylindrical surface of the hollow Delrin cylinder with respect to the surface of an ideal geometric cylinder at
 737 that location. The geometry of a perfect uncapped cylinder is used for the ideal reference object surface
 738 and marching cubes with a threshold halfway between the measured mean Delrin HU density and the
 739 measured mean Air HU density is used for the outer cylindrical surface.

740 4.1.2 Nodule Analysis Software Characteristics

741 These methods specify the minimum quality characteristics of a nodule measurement software application.
 742 Measurement quality is assessed with two metrics:

- 743 • Measurement Bias is the deviation of the mean value from its true value for a set of volumetric
 744 measurements. This metric is assessed by measuring the volume of repeat scans of geometric
 745 objects, each with a manufactured and verified volume, where the objects have varying size and
 746 shape.

-
- Coefficient of Variation (CV) is a measure of variation for repeated volumetric measurements of an object. It is calculated as the ratio of the standard deviation to the mean for a set of measurements. This metric is assessed by measuring the volume of short-time interval repeat scans of nodules, where the nodules have varying size, shape, and attachments as well as by measuring the volume of geometric object scans.

The assessor shall obtain two sets of CT scans from the QIBA quality assurance site x.y.org. A “phantom nodule dataset” contains 10 CT scans of a QIBA provided phantom with numerous geometric objects embedded in foam. A “clinical nodule dataset” contains 5 repeat CT scans of 14 different lung nodules of varying shape and size all acquired within a short time interval such that the amount of volumetric change must be zero.

Two spreadsheet files are also provided at the x.y.org website. An “object location file” in *.xls format contains the RAS coordinate locations of the geometric objects in the “phantom nodule dataset”. A “measurement reporting file” in *.xls format is also provided with a volumetric measurement data entry location for each object to be measured.

The assessor shall load each CT series in the “phantom nodule dataset” and the “clinical nodule dataset” into the nodule measurement software and obtain a volumetric measurement. The assessor shall enter each volumetric measurement into the “measurement reporting file” which will automatically verify that the values reported are compliant. This will specifically verify that the bias for each volumetric measurement of a geometric object is $\leq 5\%$ of the object’s manufactured volume. The spreadsheet will also verify that the coefficient of variation for both geometric objects and repeat lung nodules does not exceed the values in **Table 1**. The assessor shall also enter the analysis software name and version number into the “measurement reporting file” and upload the file to the QIBA quality assurance site x.y.org. The specific version of the lung nodule analysis software will be considered compliant when at least two independent clinical sites have successfully performed this procedure.

Sites can follow the vendor equipment procedure to verify conformance of software that is not on the list.

4.2. Equipment Vendor Conformance Procedures

Scanner and analysis software vendors will follow the assessment procedures in this section for a specific model of equipment to achieve conformance with this profile. Although vendor assessment procedures will use some of the same methods and tools as clinical sites, the assessment of vendor equipment is designed to be more rigorous. The combination of thorough testing of equipment by vendors along with numerous field test assessments by clinical sites is intended to help ensure that the claims of this profile will be met.

4.2.1 Scanner Vendor Assessment Procedure

Scanner vendors will first establish a set of preferred protocols (i.e. equipment settings) for clinical sites to use on their equipment. Because slight modifications of a protocol setting (e.g. use of a different mA setting for each patient) is permitted in this profile, scanner vendors are required to verify that the requirements of this profile will still be met even when scanning with common protocol variations. A Design of Experiments (DOE) approach will be used to evaluate the performance of a scanner under varying conditions from each preferred protocol setting.

The scanner vendor will perform the following steps to demonstrate that a specific scanner model is conformant with this profile:

- (1) Identify and use a single clinically operating CT scanner for the specific model being evaluated.
- (2) Define one or more CT acquisition protocols that will be communicated to clinical sites as a proposed vendor recommended acquisition protocol for this model scanner. Each proposed vendor recommended acquisition protocol must meet the requirements of this profile and obtain a passing automated image quality report according to the steps in section 4.3.1.
- (3) For each vendor recommended acquisition protocol, a 2⁴ full factorial DOE will be defined and performed with variation on mAs, field of view, pitch, and iterative recon setting (if appropriate, table height if not). The DOE will also have three repeat acquisitions for the recommended acquisition protocol. For example, a recommended CT acquisition protocol with the following settings:

mAs	40
kVp	100
Rotation Time (s)	0.50
Field of View (cm)	35.0
Pitch	1.50
Slice Thickness (mm)	1.00
Slice Spacing (mm)	0.75
Reconstruction Kernel	I40-4
Table Height	Centered

Table 2: Acquisition protocol example.

Will have a DOE with the following 19 experiments consisting of 3 repeat CT scans of the recommended CT acquisition protocol (A,B,C) and 16 CT scans that systematically vary mAs, FOV, Pitch, and an iterative reconstruction setting:

Experiment #	mAs	FOV	Pitch	Iterative Recon Setting	Notes
A	40	30.0	1.50	I40-4	Repetition 1
01	30	30.0	1.25	I40-3	[-, -, -, -]
02	30	30.0	1.25	I40-5	[-, -, -, +]
03	30	30.0	1.75	I40-3	[-, -, +, -]
04	30	30.0	1.75	I40-5	[-, -, +, +]
05	30	40.0	1.25	I40-3	[-, +, -, -]
06	30	40.0	1.25	I40-5	[-, +, -, +]
07	30	40.0	1.75	I40-3	[-, +, +, -]
08	30	40.0	1.75	I40-5	[-, +, +, +]
B	40	35.0	1.50	I40-4	Repetition 2
09	50	30.0	1.25	I40-3	[+, -, -, -]
10	50	30.0	1.25	I40-5	[+, -, -, +]
11	50	30.0	1.75	I40-3	[+, -, +, -]

836	12	50	30.0	1.75	I40-5	[+, -, +, +]
837	13	50	40.0	1.25	I40-3	[+, +, -, -]
838	14	50	40.0	1.25	I40-5	[+, +, -, +]
839	15	50	40.0	1.75	I40-3	[+, +, +, -]
840	16	50	40.0	1.75	I40-5	[+, +, +, +]
841	C	40	35.0	1.50	I40-4	Repetition 3

Table 3: Design of experiments example.

- (4) For each experiment in the DOE the scanner vendor must meet the requirements of this profile and obtain a passing automated image quality report according to the steps in section 4.3.1. Vendors will be provided a facility to upload multiple scans for automated analysis.
- (5) The scanner model and recommended acquisition protocol will be considered compliant with the profile when all experiments in the full DOE have obtained a passing image quality report. The variation tested in the DOE defines an operating envelope that the scanner model has been shown to support. Vendors may wish to repeat DOE experiments to verify conformance with a wider operating envelope and this may include the addition of DOE variables.

Each CT scanner model and recommended vendor acquisition protocol pair that completes these steps will then each be listed by QIBA on x.y.org as a verified conformant CT scanner model and a recommended acquisition protocol.

4.2.2 Analysis Software Vendor Assessment Procedure

Analysis software will be run against a set of testing datasets to assess that the volumetric measurement software performs at a minimum level of performance. Datasets will include phantom scans containing geometric objects of known volumes (i.e. phantom nodule dataset) as well as clinical zero change clinical nodule datasets (i.e. clinical nodule dataset). The phantom nodule dataset and the clinical nodule dataset will be available at x.y.org for download. In addition, a template analysis software measurement spreadsheet for measurement findings will be available at x.y.org that provides the RAS location and data placeholders for software calculated measurements.

Analysis software conformance testing is specific to the name and version number of an analysis software system available to clinical sites for the measurement of CT lung nodules.

Analysis software testing of the phantom nodule dataset will consist of the following steps:

- (1) Sequentially load each longitudinal CT series in the phantom nodule dataset into the analysis software and perform automated or semi-automated segmentation of the nodule(s).
- (2) Place each calculated volume measurement into the analysis software measurement spreadsheet. As measurements are placed into the spreadsheet the bias and coefficient of variation of each simulated nodule will be automatically calculated by the spreadsheet.
- (3) After all measurements have been calculated all bias and coefficient of variation values must be within acceptable limits for this profile. The phantom nodule dataset measurements must produce

881 coefficients of variation no greater than those listed in Table 1. Volume bias may not exceed 5% of
882 the phantom nodule manufactured volume.

883
884 Analysis software testing of the clinical nodule dataset will consist of the following steps:

- 885
- 886 (1) Sequentially load each longitudinal CT series in the clinical nodule dataset into the analysis software
887 and perform automated or semi-automated segmentation of the nodule(s).
888
 - 889 (2) Place each calculated volume measurement into the analysis software measurement spreadsheet.
890 As measurements are placed into the spreadsheet the coefficient of variation of each clinical nodule
891 will be automatically calculated by the spreadsheet.
892
 - 893 (3) After all measurements have been calculated all coefficient of variation values must be within
894 acceptable limits for this profile. The clinical nodule dataset measurements must produce
895 coefficients of variation no greater than those listed in Table 1.
896

897 Analysis software (including version number) that completes these steps will then be listed by QIBA on
898 x.y.org as a verified conformant nodule analysis software.
899

4.3. Clinical Site Conformance Procedure

Conformance to this profile is designed to be performed by a clinical site by following the steps below. Detailed technical information on profile requirements is provided in Section 3.

Technical assessment at a clinical site is performed in two main steps. The **Technical Assessment To Prepare For Lung Nodule Measurement (Section 4.3.1)** verifies that the vendor equipment to be used at the clinical site, including the image acquisition protocol, complies with this profile. The **Performing Lung Nodule Measurement (Section 4.3.2)** outlines the verification steps needed for lung nodule analysis.

4.3.1 Preparing For Lung Nodule Measurement

(1) CT Scanner and Lung Nodule Analysis Software Verification

For each analysis software application to be used for lung cancer screening nodule measurement:

- (a) Verify that your CT scanner manufacturer and model name is on this QIBA verified list at x.y.org.
- (b) Verify that your software name, including version number, is on this QIBA verified list at x.y.org.

(2) CT QA and Lung Screening Protocol Verification

For each CT scanner to be used for lung cancer screening nodule measurement:

- (a) Verify that your CT scanner is consistently following ACR CT accreditation and manufacturer installation and maintenance requirements.
- (b) Establish a CT lung cancer screening protocol and save it on the CT scanner. You may use your existing lung screening protocol or pick a protocol from a continuously updated list provided by QIBA at x.y.org.
- (c) CT scan the QIBA CT lung nodule phantom with the saved CT lung screening protocol.
- (d) Submit the CT lung nodule phantom scan to x.y.org and obtain a passing automated image quality report. If you do not receive a passing report, repeat steps 2(b) to 2(d) until a passing report is obtained.

4.3.2 Performing Lung Nodule Measurement

(1) CT Data Acquisition, Lung Nodule, and Segmentation Verification

For each CT lung cancer screening and solid lung nodule follow-up CT scan:

- (a) Verify that the patient did not receive IV contrast as part of the CT study.
- (b) Visually verify that the nodule is solid, not attached to large vessels or other structures, has a largest diameter between 6mm and 10mm, and that the saved CT lung nodule protocol was used at all nodule scanning time points to be volume measured.
- (c) Visually verify that significant artifacts (e.g. motion, streaking) are not present and that image noise is not excessive at the location of the solid nodule to be measured.
- (d) Visually verify that the measurement of the solid nodule is free of segmentation issues.

(2) Obtain Volumetric Nodule Measurement Guidance

For each series of CT lung nodule measurements consisting of one or more time points:

Use the QIBA lung nodule profile on-line calculator at x.y.org for guidance on levels of volumetric measurement error for each lung nodule measurement and change measurement.

937

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 1089 (52-66)

1090 **Appendices**

1091 **Appendix A: Acknowledgements and Attributions**

1092 This document is proffered by the Radiological Society of North America (RSNA) Lung Nodule Volume
 1093 Assessment and Monitoring in Low Dose CT Screening Working Group of the Volumetric Computed
 1094 Tomography (v-CT) Technical Committee. The group is composed of scientists representing academia, the
 1095 imaging device manufacturers, image analysis tool software developers, image analysis laboratories,
 1096 biopharmaceutical industry, government research organizations, professional societies, and regulatory
 1097 agencies, among others. All work is classified as pre-competitive.

1098 A more detailed description of the v-CT committee and its work can be found at the following web link:
 1099 <http://qibawiki.rsna.org/index.php?title=Quantitative-CT>.

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1158

1159 **Appendix B: Background Information**

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1161 **B.1 Summary of selected references on nodule volumetry accuracy**

1162 http://qibawiki.rsna.org/index.php/Work_Product_for_Review

1163

1164 **B.2 Summary of selected references on nodule volumetry precision**

1165 http://qibawiki.rsna.org/index.php/Work_Product_for_Review

1166

1167 **Appendix C: Metrology Methods**

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