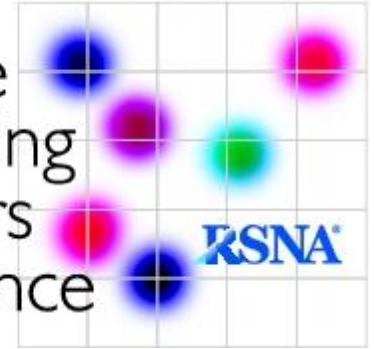


Quantitative
Imaging
Biomarkers
Alliance



QIBA Profile:

Ultrasound Measurement of Shear Wave
Speed for Estimation of Liver Fibrosis

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- 79 **Abbreviations:**
 80 CV: Coefficient of Variation
 81 MRE: Magnetic Resonance Elastography
 82 QA: Quality Assurance
 83 QIBA: Quantitative Imaging Biomarkers Alliance
 84 ROI: Region of Interest
 85 RC: Repeatability Coefficient
 86 RDC: Reproducibility Coefficient
 87 SD: Standard Deviation
 88 SWS: Shear Wave Speed
 89 Technologist: Refers to Sonographer/Radiologist/Technician who is making SWS acquisitions
 90

91 **Change Log:**

92 This table is a best-effort of the authors to summarize significant changes to the Profile.
 93

Date	Sections Affected	Summary of Change
2015.12.30	All	New Profile transfer (Manish Dhyani, Brian Garra)
01/2016 -03/2016	All	Several iterations (Manish Dhyani, Brian Garra)
04/07/2016	All	Shared with committee for comments
4/7-10/2016	All	Word edits, consistent highlighting rules, a New Proposed Assessment Compliance Procedure added in Section 4
05/05/2016-ongoing	All	Feedback incorporation (Manish Dhyani, Brian Garra)
11/2016-12/2016	All	RSNA Discussions
03/2017	All	AIUM Discussions
8-31-17 – 10-6-17	All	Garra review and revisions along with execution checklists
10-10-17 – 11-17	Claims	Garra adding background material in claims section and adding new claims from Nancy Obuchowski
11/29/17 – 11/30/17	Table of Contents, Appendices	Corrected TOC and Added Checklists as Appendix but in separate file
12/5/17 – 12/11/17	Section 5 per draft template 7/26/17	Added new section 5 Conformance for consistency with draft template 7/26/17. Moved appropriate material from Section 4 to Section 5. Spell check,

QIBA Profile Revision 7-30-19 after final NO and TJH edits 9-6-19 cleaned up

		new hyperlinks also added to complete version for SWS committee review.
12/13/2017	All	General cleanup and alignment with template by KOD.
6-20-18	All	Began Section-by-Section Revision and Final Review by SWS Committee before submission to Coordinating Committee

94
95
96

97 **Open Issues:**

98 The following issues are provided here to capture associated discussion, to focus the attention of
99 reviewers on topics needing feedback, and to track them so they are ultimately resolved. In particular,
100 comments on these issues are highly encouraged during the Public Comment stage.

<p>Q. What is the effect of inflammation on SWS and what is its magnitude? A. Inflammation stiffens the liver but the magnitudes for the various types of inflammation are not known. References: References (Inflammation affects SWS):</p> <p>This degree to which stiffening occurs is not included in the profile but could be included if enough information becomes available to warrant change in the profile.</p>
<p>Q. Does Hepatic Steatosis affect assessment of liver fibrosis using elastography? A. Hepatic Steatosis so far has not conclusively demonstrated an effect, however, before closing this issue, we wish to study this further.</p>
<p>Q. DICOM conformance – Are new header fields needed? Yes - No new fields have been created. (Kevin asks if we want to go through the process of adding.) Consider adding fields for later versions of the profile.</p>
<p>Q. Number of values averaged for each pixel in the color image. We recommend the manufacturers should consider supplying this information. To be eventually included in Appendix D – Vendor specific instructions. For each software version, the vendors would need to document what is the average variance per pixel.</p> <p>IQR/Median ratio will be used as the primary quality assessment not the variance per pixel.</p>
<p>Q. How does each MFR identify and display outliers in their images. Should QIBA specify a standard handling? [Section 3.7] Manufacturer should have a means of identifying unreliable data specified in Appendix D.</p>
<p>Q. Detection of movement during acquisition. Auto acquire cine clip (other movement sensing pulses) of the time frame when SWS acquisition is being made - to confirm liver movement does not occur during the acquisition. OR The machine/operator discards the acquisition if it/he/she detects movement.</p> <p>Open issues: desire to create a motion measure. IQR/Median <0.3 only partial solution.</p>
<p>Q. QIBA testing to verify specifications and characterization of phantoms? Long term testing site? Currently Mayo clinic will be providing the support.</p>

<p>Q. Claim 2b makes the following assumptions that have not yet been fully verified:</p> <p>a. SWS measurements have the property of linearity</p> <p>b. The slope of a line between the SWS measurements and truth is 1.0.</p> <p>Devise a strategy for confirming the above assumptions or change claim 2b</p>
<p>Assessment tests for section 4 must be reviewed by SWS committee and needed text inserted.</p>
<p>Conformance checklists consistent with execution checklists must be added pending SWS approval and technical confirmation of execution checklists</p>

101

102 **Closed Issues:**

103 The following have been considered closed by the biomarker committee. They are provided here to
 104 forestall discussion of issues that have already been raised and resolved, and to provide a record of the
 105 rationale behind the resolution.

<p>Q. Give stiffness in m/sec or kPa?</p> <p>A. M/sec</p>
<p>Q. Define range of SWS values at which the claims apply.</p> <p>A. Closed with 0.9-5.0 m/s. Allow for manufacturer to claim greater.</p>
<p>Q. At what point in the respiratory cycle should acquisition occur?</p> <p>A. Suspended tidal respiration (references needed)</p>
<p>Q. Should the patient fast prior to acquisition?</p> <p>A. At least 4 hours prior to acquisition (references needed).</p>
<p>Q. Number of measurements?</p> <p>A. The total number of measurements that are needed to make an SWS estimate per patient (the claim refers to this value). ≥10 measurements. The manufacturer may specify a greater number than the minimum value of 10 (Appendix D). More recent tests suggest that 5 or fewer measurements are adequate –so the 10 value is changed to 5</p> <p>B. Criteria for inclusion or exclusion for a given measurement? A qualified median measurement should have an IQR/median value of ≤0.3 (reference – SRU Guidelines).</p>
<p>Measurement ROI Placement (when applicable)</p>

Q. ROI location in most homogenous region of SWS color map?

ROI location in most homogenous region of the color map near the center of the image.
Please refer to vendor specific instructions in Appendix D.

Q. ROI Size - If user selected – how big? (size of homogenous region versus variance)

Each manufacturer should specify an optimal ROI size and make that a default for their system. A minimum size of 6mm (axial) X 10mm (lateral) or diameter of 10mm should be used. Size of homogeneous region and variance considered less important than use of the IQR/median criterion and a minimum ROI size criterion.

For additional details please refer to section 3.10.2. Additional ROI placement specifications as well as acquisition specifications (Refer to sections 3.6.1 for compliance).

Variance for each ROI?

Considered unimportant when IQR/median criterion is used.

Q. BMI and assessment of liver fibrosis using SWS elastography:

- A. If all other requirements of the profile are met, [Depth <6.5 cm from skin surface and >2cm away from the liver capsule], qualifying measurements can be made.
- B. Subcutaneous fat attenuation and dispersion of both the ARFI pulse and the tracking B-mode signals lead to increased measurement error and increased numbers of technical failures.

Q. What is the maximum liver depth and subcutaneous tissue for making measurements?

- A. Maximum acquisition depth with current technology is 6.5 cm.
- B. Minimum Distance from liver capsule = 2 cm.

Phantoms

Q. QIBA testing to verify specifications and characterization of phantoms?

Testing: Currently – may be performed at Mayo clinic or at Duke University or at CIRS using a rented Verasonics system. The Verasonics results are considered to be the “gold standard” for bias estimation in this profile Open issue for future testing.

Paid for: Site/Vendor.

Q. What sort of Phantom should be used for periodic QA and compliance (Section 3.3 of Profile)

- **Viscoelastic versus elastic phantom?**
Viscoelastic phantom to distinguish differences between different systems.
For a single machine, elastic phantoms will be affordable and practical.
- **Complex versus simple?**
Simple since the liver is relatively simple, unlike the breast.
- **Multiple manufacturers versus single?**

Phantom Specifications:

Attenuation: 0.6 ± 0.2 dB/cm/MHz

Back Scatter: Approximately $10^{-4} - 10^{-3}$ $\text{cm}^{-1}\text{Sr}^{-1}$ at 3 MHz or sufficient to create mean speckle brightness comparable to a human liver-mimicking phantom [Reference

Ultrasonics – Pulse-echo scanners – Part 2]

Speed of Sound: 1540 ± 20 m/sec

Stiffness:

2-part phantom: Normal Liver Equivalent & Fibrotic F3 Liver equivalent. (Stiffness verified using Verasonics system and software from Duke University and Mayo Clinic. See <https://github.com/RSNA-QIBA-US-SWS/QIBA-DigitalPhantoms>)

A 2-part phantom is considered desirable, or two one-part phantoms are acceptable.

Volume and Shape:

Cylindrical shape preferred, rectangular shape is acceptable.

Height: 15 ± 3 cm

ID: 12.5 ± 3 cm in inner diameter (ID)

Q. Long term verification of phantoms and stability testing?

Initial testing: Phantoms should be weighed upon construction and independently certified with a stiffness value.

Phantoms should be tested for stability at 6 months from initial delivery and once stability is demonstrated phantoms can be tested annually.

Stability testing: (1) The phantoms should be re-weighed and if the phantom weight changes by more than 0.5%, the phantom should be re-certified prior to using. (2) Acoustic properties (speed of sound, attenuation) may be measured by obtaining batch samples suitable for measurement by the substitution technique.

**If the phantom manufacturer has criteria for stability testing prior to acoustic property testing (instead of (1) above) – those should be used instead.*

Temporal Stability Acoustic Properties Tolerances

- SWS: <5% change in both hard and soft components over 6 months.
- Speed of Sound: <1% change over 6 months. Testing of phantom as specified by AIUM guidelines¹ and system supplier's recommendations.²

****If the values are changing faster than the rates above, sites should consider replacement or testing more frequently than every 6 months.***

Overall Pass-Fail Tolerances for Phantom Tests

Testing to be performed at 21 ± 1 °C.

- Method to verify temperature of phantoms prior to testing. Temperature measurement method: TBD [open issue]

Attenuation: $\pm 20\%$ (0.5 dB/cm/MHz)

¹ Methods for Specifying Acoustic Properties of Tissue-Mimicking Phantoms and Objects, 2nd Edition, American Institute of Ultrasound in Medicine, 2014 (ISBN: 1-932962-32-8)

Back Scatter: : ± 3 dB [[Approximately $10^{-4} - 10^{-3} \text{ cm}^{-1}\text{Str}^{-1}$ at 3 MHz or sufficient to create mean speckle brightness comparable to a human liver-mimicking phantom (± 3 dB)]
Speed of Sound: $\pm 2\%$

- 1540 ± 30 m/sec [1510-1570 m/sec]
Stiffness: $\pm 5\%$
- 2-part phantom, Normal Liver Equivalent & Fibrotic F3 Liver equivalent (normal “soft” phantom: SWS 1.0 ± 0.3 m/s; fibrotic phantom SWS 2.2 ± 0.3 m/s - reference Barr et.al. Radiology 2015: 276 (3)

****Phantoms failing these tolerance tests should be replaced.***

QIBA testing to verify specifications and characterization of phantoms?

For the time being – the specifications and characterization of the phantoms will be performed and verified by the QIBA committee. This will be relative to Verasonics ultrasound system as noted above. Mayo Clinic or Duke University group will be performing characterization for the initial phantoms.

Frequency of periodic QA for systems using the phantoms?

Annually/anytime the software changes.

Q. Color Maps – Should these be QIBA specified?

Color scale and number of colors in the map.

Red = stiff and Blue = Soft

Black is stiff and White is soft.

Number of colors – Continuous scale (24-36 bit).

Q. How to best acquire from patients where intercostal approach is not feasible (narrow intercostal spacing, COPD)?

- A. If the intercostal approach is unavailable a subcostal approach may be attempted, but the claims of the profile have not been validated for this approach.
- B. If a subcostal approach is used, it should be documented in the patient/subject record.
- C. A future version of the profile may validate a subcostal approach.
- D. Consider MRE as an alternative.

Q. Claim 3b makes two assumptions that have not yet been tested in phantoms or in patients:

- a. SWS measurements have the property of linearity
- b. The slope of a line between the SWS measurements and truth is 1.0. (Reference: Palmeri ML, Qiang B, Chen S, Urban MW. Guidelines for finite-element modeling of acoustic radiation force-induced shear wave propagation in tissue-mimicking media. IEEE transactions on ultrasonics, ferroelectrics, and frequency control. 2016 Dec 21;64(1):78-92.)

A strategy for testing these assumptions must be developed.

As noted for claim 3b, claim 4b makes two assumptions that have not yet been tested in phantoms or in patients:

- a. SWS measurements have the property of linearity
- b. The slope of a line between the SWS measurements and truth is 1.0.

A strategy for testing these assumptions must be developed.

106

107

108

109 **1. Executive Summary**

110 The goal of a QIBA Profile is to help achieve a useful level of performance for a given biomarker.

111 The **Claim** (Section 2) describes the biomarker performance.

112 The **Activities** (Section 3) contribute to generating the biomarker. Requirements are placed on the
113 **Actors** that participate in those activities as necessary to achieve the Claim.

114 **Assessment Procedures** (Section 4) for evaluating specific requirements are defined as needed.

115

116 This QIBA Profile ***Ultrasound Measurement of Shear Wave Speed for Estimation of Liver Fibrosis***
117 addresses estimation of liver fibrosis, which is often used to determine when and how to treat patients
118 with diffuse liver disease, and also monitor progression or response to treatment. It places
119 requirements on ultrasound scanners (acquisition devices), Scanner Manufacturer/Vendor,
120 Technologists/Sonographers, QA (Quality Assurance) Manager, Radiologists, Reconstruction Software
121 and Image Analysis Tools involved in pre-delivery steps, scanner installation, site QA procedures, subject
122 selection and handling, image data acquisition, image data reconstruction, image and other QA and
123 image analysis. The requirements are focused on achieving sufficient accuracy and avoiding
124 unnecessary variability of the estimation of liver fibrosis. Estimates of liver fibrosis are based on the
125 stiffness of the liver tissue which in turn is based on a measurement of shear wave speed (SWS) in the
126 tissue using ultrasound.

127 The ultimate clinical performance target is to achieve SWS measurements with a bias of the mean value
128 of $\leq 5\%$ and an overall coefficient of variation of 5% (SD/mean). The standard against which to
129 measure bias has not yet been fully defined, so a bias claim is not present in this version. At the present
130 time, bias is determined by comparison to the measured shear wave speed and stiffness using a
131 Verasonics ultrasound system in a calibrated QIBA SWS phantom. Currently bias and precision vary
132 depending on the magnitude of measured shear wave speed (as determined in phantom studies) so bias
133 and variance claims are given for three ranges of measured shear wave speed values. Also, bias and
134 precision vary depending on the conditions under which the measurements are made. Bias and
135 precision claims are therefore also given for various measurement conditions.

136 This document is intended to help clinicians basing decisions on this biomarker, imaging staff generating
137 this biomarker, vendor staff developing related products, purchasers of such products and investigators
138 designing trials with imaging endpoints.

139 Note that this document only states requirements to achieve the claim, not “requirements on standard
140 of care.” Conformance to this Profile is secondary to properly caring for the patient.

141 QIBA Profiles addressing other imaging biomarkers using CT, MRI, PET and Ultrasound can be found at
142 qibawiki.rsna.org.

143

144

145 **2. Clinical Context and Claims**

146 Elastography is a technique for measuring tissue stiffness or elasticity. Stiffness or elasticity of all
147 materials including tissue is defined by a parameter known as the elastic (or Young’s) modulus typically
148 given in units of pressure (Pascals or kilopascals). The elastic modulus may be measured directly by
149 mechanical testing where pressure is applied to a sample of material and the deformation (loss of height
150 or thickness) is measured. The slope of the plot of thickness change vs. pressure is the elastic modulus.
151 For a given amount of pressure, the change in thickness of the overall block of material, or at any
152 location in the material, is defined as the “strain”. Samples of tissue are not usually available for
153 mechanical testing, so elastography was developed as a means to estimate tissue elasticity non-
154 invasively. Tissue elasticity may be calculated in two ways: 1) From an image of the strain of a region of
155 tissue in response to external or internal compression force (known as strain elastography), and 2) by
156 measuring the speed of propagation of a shear wave as it traverses a region of tissue (known as shear
157 wave elastography). For the second technique, the shear wave speed (SWS) may be used as a surrogate
158 for tissue stiffness which serves as a biomarker for level of fibrosis since it has been shown that fibrosis
159 is the major cause of increased liver stiffness.

160 **Clinical Context**

161 Shear wave speed (SWS) is a biomarker to identify patients with moderate but significant liver fibrosis,
162 defined as \geq F2 fibrosis in the METAVIR system (or equivalent for other scoring systems) of staging liver
163 fibrosis. This might be used to monitor progression of fibrosis or to monitor regression of fibrosis during
164 anti-fibrosis therapy.

165 SWS also serves as a biomarker for the evaluation of cirrhosis, defined as F4 stage of fibrosis of the
166 METAVIR system of staging liver fibrosis. As noted in the discussion below, the SWS biomarker may be
167 referred to as the “measurand” elsewhere in this document.

168 **Intended Clinical Application:** SWS is measured in the liver of patients with suspected diffuse liver
169 disease, with or without fatty infiltration of the liver and with suspected fibrosis or cirrhosis.

170

171 **Multiple Claims:** Ground work studies conducted by the QIBA SWS Biomarker Committee have
172 indicated that the key measures of biomarker performance, Bias and Precision, depend on the level of
173 fibrosis present and upon other variables such as whether or not the measurements are taken with a
174 single machine at a single site (hospital or clinic) or not. Accordingly, several claims for bias and
175 precision are made depending on the situation and estimated level of fibrosis. These are presented
176 below.

177

178 **In the claims presented below, the term “imaging system” refers to both the ultrasound scanner**
179 **(machine) and the operator using the machine to perform SWS measurements. Changing either the**
180 **operator or ultrasound scanner therefore results in a different imaging system. Conformance to this**
181 **Profile by all relevant staff and equipment supports the following claim(s):**

182

183 **Claim 1 (technical performance claim):**

184 A shear wave speed measurement has a within-subject coefficient of variation (wCV) depending on
 185 the measured SWS and depth of acquisition according to Table 2-1.

186
 187 **Table 2-1 Coefficient of Variation (wCV)**

Measured SWS (m/s)	Depth=4.5cm*	Depth=7.0cm
0.9 < SWS <= 1.2	5%	8%
1.2 < SWS <= 2.2	4%	5%
2.2 < SWS <= 5.0	10%	12%

188 *For measurements taken at depths other than the two listed, the SWS Committee has determined that
 189 linear interpolation of the Coefficients of Variation is appropriate.

190
 191 **Claim 2 (cross-sectional claim):**

192 A 95% confidence interval for the true SWS (in m/sec) is $Y \pm (1.96 \times Y \times wCV/100)$, where Y is the
 193 measured SWS and wCV is the within-subject coefficient of variation from Table 2-1.

194
 195 **Claim 3a (longitudinal claim):**

196 A true change in SWS over two time points (Y_1 and Y_2) has occurred with 95% confidence if the
 197 measured % change, defined as $\frac{|Y_2 - Y_1|}{(Y_1 + Y_2)/2} \times 100$, is equal to or greater than the repeatability
 198 coefficient (RC) given in Table 2-2.

199
 200 **Table 2-2 Repeatability Coefficient (RC)**

Measured SWS (m/s)	Depth=4.5cm*	Depth=7.0cm
0.9 < SWS <= 1.2	14%	22%
1.2 < SWS <= 2.2	11%	14%
2.2 < SWS <= 5.0	28%	33%

201 *For measurements taken at depths other than the two listed, the SWS
 202 Committee has determined that linear interpolation of the Coefficients of
 203 Variation is appropriate.

204
 205
 206 **Claim 3b (longitudinal claim):**

207 A 95% confidence interval for the true change (in m/s) over two time points (Y_1 and Y_2) is $(Y_2 - Y_1) \pm$
 208 $1.96 \times \sqrt{(Y_1 \times wCV/100)^2 + (Y_2 \times wCV/100)^2}$, where wCV is from Table 2-1.

209
 210
 211 **Claims 3a and 3b hold when:**

- 212 • the same technologist and same ultrasound scanner are used at the two time points

213
 214
 215 **Claim 4a (longitudinal claim):**

216 A true change in SWS over two time points (Y_1 and Y_2) has occurred with 95% confidence if the
 217 measured % change, defined as $\frac{|Y_2 - Y_1|}{(Y_1 + Y_2)/2} \times 100$, is equal to or greater than the reproducibility
 218 coefficient (RDC) given in Table 2-3.

219

220 **Table 2-3 Reproducibility Coefficient (RDC)**

Measured SWS (m/s)	Depth=4.5cm	Depth=7.0cm
0.9 < SWS <= 1.2	19%	25%
1.2 < SWS <= 2.2	14%	17%
2.2 < SWS <= 5.0	33%	39%

221

222 **Claim 4b (longitudinal claim):**

223 **A 95% confidence interval for the true change (in m/sec) over two time points (Y_1 and Y_2) is**

224 $(Y_2 - Y_1) \pm 1.96 \times \sqrt{(Y_1 \times U/100)^2 + (Y_2 \times U/100)^2}$, where U is from Table 2-3b.

225

226 **Table 2-3b Values of U (wCV from different technologist and/or scanner at same site)**

Measured SWS (m/s)	Depth=4.5cm	Depth=7.0cm
0.9 < SWS <= 1.2	7%	9%
1.2 < SWS <= 2.2	5%	6%
2.2 < SWS <= 5.0	12%	14%

227

228 **Claims 4a and 4b hold when:**

- 229
 - a different technologist and/or a different ultrasound scanner is used at the same site at the
- 230 **two time points**

231

232 **Claim 5a (longitudinal claim):**

233 **A true change in SWS over two time points (Y_1 and Y_2) has occurred with 95% confidence if the**

234 **measured % change, defined as $\frac{|Y_2 - Y_1|}{(Y_1 + Y_2)/2} \times 100$, is equal to or greater than the reproducibility**

235 **coefficient (RDC) given in Table 2-4.**

236

237 **Table 2-4 Reproducibility Coefficient (RDC)**

Measured SWS (m/s)	Depth=4.5cm	Depth=7.0cm
0.9 < SWS <= 1.2	22%	28%
1.2 < SWS <= 2.2	17%	19%
2.2 < SWS <= 5.0	33%	39%

238

239 **Claim 5b (longitudinal claim):**

240 **A 95% confidence interval for the true change (in m/sec) over two time points (Y_1 and Y_2) is**

241 $(Y_2 - Y_1) \pm 1.96 \times \sqrt{(Y_1 \times H/100)^2 + (Y_2 \times H/100)^2}$, where H is from Table 2-4b.

242

243 **Table 2-4b Values of H (wCV from different technologist and/or scanner at different sites)**

Measured SWS (m/s)	Depth=4.5cm	Depth=7.0cm
0.9 < SWS <= 1.2	8%	10%
1.2 < SWS <= 2.2	6%	7%
2.2 < SWS <= 5.0	12%	14%

244

245 **Claims 5a and 5b hold when:**

- 246
 - a different technologist and/or a different ultrasound scanner is used at different sites at the
- 247 **two time points**

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The above claims were developed based on phantom studies conducted by the Ultrasound Shear Wave Speed Biomarker Committee and may not accurately reflect performance in patients. The expectation is that during the Claim Confirmation and Clinical Confirmation stages, data on the actual field performance will be collected and changes made to the claims or the details accordingly. At that point, this caveat may be removed or re-stated.

256 **2.1 Proposed Clinical interpretation:**

257 Currently the only consensus standard for interpretation in the United States is that formulated by the
258 Society of Radiologists in Ultrasound in October 2014³ According to that standard, measurements are
259 used to classify a patient into one of the three categories below:

260 **Example Table of Liver Fibrosis Categories and Corresponding Representative Shear Wave Speed**
261 **Values. ***

Ultrasound System	No Fibrosis or Minimal Fibrosis (METAVIR F0-F1)	Moderate Fibrosis (METAVIR F2 ⁱ and F3 ⁱⁱ)	Severe Fibrosis/Cirrhosis (METAVIR F3 – F4)
System A	SWS < 1.37 m/s (< 5.7kPa) ⁱⁱⁱ	1.37 < SWS < 2.2 m/s (> 5.7 kPa, < 15 kPa)	SWS > 2.2 m/s (> 15 kPa) ^{iv}
System B	SWS < 1.66 m/s (<8.29 kPa)	1.66 ≤ SWS < 1.88 m/s (≥8.29 kPa, < 10.60 kPa)	SWS ≥1.88 m/s (≥10.60 kPa)

262 *Considerable changes have been adopted by the clinical community since this table was developed. Some of the changes are described
263 below:

264 ^{i.} Metavir F2 currently is often classified as “significant fibrosis” and is no longer grouped with F3.

265 ^{ii.} F3 is no longer classified as moderate cirrhosis but instead both F3 and F4 are classified as “Compensated advanced chronic
266 liver disease” for clinical management.

267 ^{iii.} After acquisition of additional data with newer software, the values for this system have been revised upward. Currently the
268 cutoff value for F2 is approximately 7kPa for both ARFI systems such as this one and Fibroscan.

269 ^{iv.} This value is high for the F4 cutoff and carries a significant risk of misclassification of F4 patients as F3. This value was used as it
270 was associated with a nearly 100% specificity which was considered desirable by the consensus panel. It may be revised in the next
271 consensus panel statement.

272

273 Further guidance regarding interpretation of shear wave speed values for chronic diffuse liver disease
274 may be found in the updated guidelines for liver ultrasound elastography published in September 2018
275 by the World Federation of Ultrasound in Medicine and Biology⁴

³ Richard G. Barr, Giovanna Ferraioli, Mark L. Palmeri, Zachary D. Goodman, Guadalupe Garcia-Tsao, Jonathan Rubin, Brian Garra, Robert P. Myers, Stephanie R. Wilson, Deborah Rubens, and Deborah Levine. Radiology 2015 276:3, 845-861

⁴ Ferraioli, Giovanna & Wong, Vincent & Castera, Laurent & Berzigotti, Annalisa & Sporea, Ioan & Dietrich, Christoph & Choi, Byung Ihn & Wilson, Stephanie & Kudo, Masatoshi & Barr, Richard. (2018). Liver Ultrasound Elastography: An Update to the World Federation for Ultrasound in Medicine and Biology Guidelines and Recommendations. Ultrasound in Medicine & Biology. 10.1016/j.ultrasmedbio.2018.07.008.

276

277 For cutoff values for specific ultrasound systems, please refer to the Manufacturer Specific Protocols in
278 Appendix D.

279 Tests (see **References (Inflammation affects SWS):**

280 have shown that active inflammation in the liver affects SWS measurements. When a patient has severe
281 acute/chronic active hepatitis (including short-term flare-ups), SWS may OVERESTIMATE the degree of
282 fibrosis (increased positive bias).

283 Similarly, SWS may OVERESTIMATE the degree of fibrosis in conditions that cause congestion of the
284 liver, such as congestive heart failure, renal failure with volume overload, etc.

285 **Clinical interpretation with respect to progression or response:**

286 For measurements at multiple points in time, a patient may be reclassified clinically if the newer
287 measurement falls into a different clinical category AND if the difference between the new
288 measurement and prior measurement are statistically different from one another.

289

290 **2.2 Discussion**

291 Groundwork studies conducted by the QIBA SWS Biomarker Committee have indicated that the key
292 measures of biomarker performance, Bias and Precision, depend on the level of fibrosis present and
293 upon other variables such as whether or not the measurements are taken by a single technologist with a
294 single machine at a single site (hospital or clinic) or not. Accordingly, several claims for bias and
295 precision are made depending on the situation and estimated level of fibrosis.

296

297 In shear wave elastography (SWE), the biomarker is, as noted above, shear wave speed (SWS) which is
298 the speed of a shear wave generated in a patient's liver by an acoustic radiation force impulse (ARFI)
299 push. Another device measuring propagation of shear waves using ultrasound is the non-imaging
300 FibroScan® device which applies force by means of a mechanical piston pressing against the skin.
301 Measurement using the FibroScan® device is not covered by the current profile. A table for comparing
302 FibroScan® and magnetic resonance elastography (MRE) values with ARFI SWS values obtained
303 according to this profile will be listed at the end of this section when validated comparisons become
304 available. The SWS biomarker is used for measurement at a single point in time intended to classify liver
305 tissue according to fibrosis grade and also for monitoring shear wave speed (and corresponding fibrosis)
306 changes over time.

307

308 Claim 1 describes the expected variability in terms of the coefficient of variation (%wCV) of
309 measurements made at approximately the same time in the same patient and acquisition depth for
310 several depths and for several ranges of SWS. These two variables (depth and SWS range) have been
311 determined by the committee to have significant effects on technical performance but which can be
312 controlled for by acquisition technique and data analysis. The claim is based on results from a phantom
313 study, where 10 repeat measurements were performed at each focus, within a phantom at each site.

314

315 Claim 2 is a cross-sectional claim describing the 95% confidence interval of the true SWS measurement
316 for several depths and for several ranges of SWS. These two variables (depth and SWS range) have been

317 determined by the committee to have significant effects on technical performance but which can be
318 controlled for by acquisition technique and data analysis. The claim is based on two results from the
319 phantom study: first, that the within-subject CV is as described in Claim 1; second, that the bias is
320 negligible for most systems.

321

322 Claims 3a and 3b describe the significance of differences between two measurements of SWS made on
323 the same patient at different points in time when the same operator makes the measurement on the
324 same scanner using the technique described in this profile. These claims make the following
325 assumptions:

326 a. SWS measurements have the property of linearity

327 b. The slope of a line between the SWS measurements and the true value is 1.0.

328

329 Claims 4a and 4b describe the significance of differences between two measurements of SWS made on
330 the same patient at different points in time when a different operator and/or a different scanner at the
331 same imaging site is used to make the measurements using the technique described in this profile.

332 These claims make the following assumptions:

333 a. SWS measurements have the property of linearity

334 b. The slope of a line between the SWS measurements and the true value is 1.0.

335

336 Claims 5a and 5b describe the significance of differences between two measurements of SWS made on
337 the same patient at different points in time when a different operator and/or a different scanner at a
338 different imaging site is used to make the measurements using the technique described in this profile.

339 These claims make the following assumptions:

340 a. SWS measurements have the property of linearity

341 b. The slope of a line between the SWS measurements and the true value is 1.0.

342

343

344

345

346 **3. Profile Activities**

347 The Profile is documented in terms of “Actors” performing “Activities”. Equipment, software, staff or
 348 sites may claim conformance to this Profile as one or more of the “Actors” in the following table.

349 Conformant Actors shall support the listed Activities by conforming to all requirements in the referenced
 350 Section and in Table 3-1.

351

Table 3-1: Actors and Required Activities

Actor	Activity	Section
Ultrasound Scanner (Acquisition Device)	Pre-delivery	3.1.
	Image Data Acquisition	3.6.
Scanner Manufacturer/Vendor	Installation	3.2.
	Periodic Scanner Quality Assurance	3.3.
QA Manager	Site Quality Assurance Procedures not otherwise assigned	3.3
Technologist/Sonographer	Subject Selection	3.4.
	Subject/Patient Handling	3.5.
	Image Data Acquisition	3.6.
	Image Data Reconstruction	3.7.
Radiologist	Subject Selection	3.4.
	Subject/Patient Handling	3.5.
	Image QA	3.8.
	Image Analysis	3.10.
Reconstruction Software	Image Data Reconstruction	3.7.
Image Analysis Tool	Image Analysis	3.10.

352

353 The requirements in this Profile do not establish a Standard of Care; they only provide guidance
 354 intended to achieve the stated Claim. Failing to conform to a “shall” in this Profile is a protocol
 355 deviation. Although deviations invalidate the Profile Claim, such deviations may be reasonable and

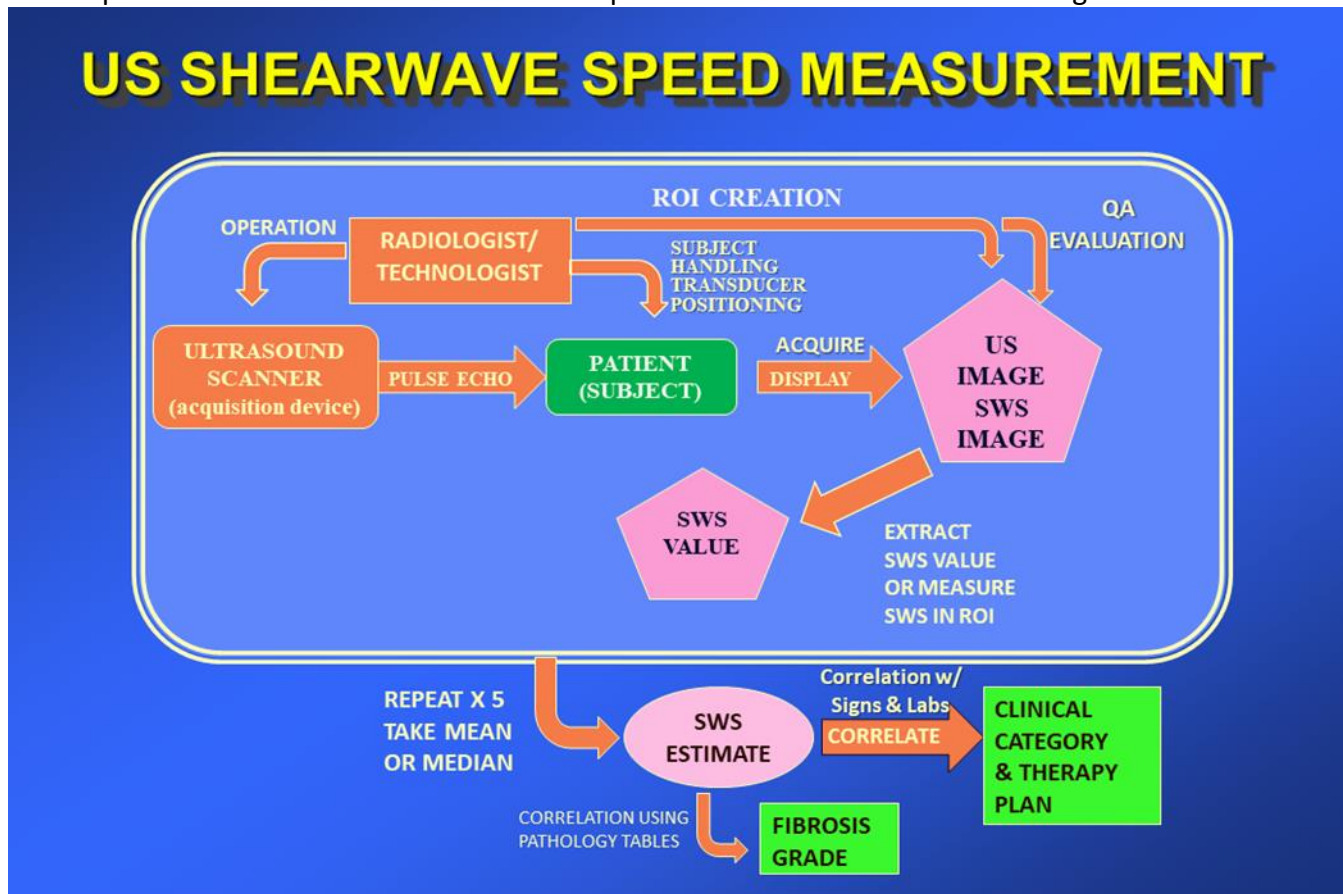
356 unavoidable and the radiologist or supervising physician is expected to deviate when required by the
357 best interest of the patient or research subject. Although the claims made in the profile are no longer
358 guaranteed if deviations have occurred, the claims may still be met depending on the deviation.

359 Over time the effect of each type of deviation on profile claims will be clarified. How study sponsors and
360 others decide to handle deviations for their own purposes is entirely up to them.

361 The activities described in this profile consist of pre-delivery instrument performance testing, instrument
362 installation and testing, patient and subject selection, shear wave speed measurement and analysis of
363 shear wave speed results for research or clinical decision making. Pre-delivery imaging instrument
364 testing and calibration are primarily the responsibility of the vendor/manufacturer and are outlined but
365 not described in detail as each manufacturer will have their own procedures. Patient selection is
366 described in more detail. Checklists describe in step-by-step fashion the processes, especially those of
367 patient selection and handling, shear wave speed data acquisition, and quality assurance processes.

368 The checklists are not optional since they are intended to ensure proper completion of required profile
369 activities in proper order. The completed checklists also form the core of a site compliance program in
370 which documentation of proper execution of the profile is available for review as needed.

371 The sequence of the Measurement Activities specified in this Profile is shown in Figure 1:



372

373 **Figure 1: Ultrasound Measurement of Shear Wave Speed for Estimation of Liver Fibrosis - Activity**
374 **Sequence**

375

376 **3.1. Pre-delivery**

377 This activity describes calibrations, phantom imaging, performance assessments or validations prior to
378 delivery of equipment to a site (e.g. performed at the factory) that are necessary to reliably meet the
379 Profile Claim.

380 **3.1.1 DISCUSSION**

381 *Ultrasonic Imaging and SWS Phantoms Used for Testing:*

382 A commercially available standard ultrasound imaging phantom may be used to confirm imaging
383 performance of the ultrasound systems used for SWS acquisition.

384

385 For testing of instrument (scanner) SWS performance, an elastic phantom will be used since it is both
386 affordable and practical. A viscoelastic phantom may be used for testing in later versions of the profile
387 to better address possible bias (bias is not part of the claims in this version).

388 A Simple phantom rather than a complex structured phantom will be used since the liver is a relatively
389 homogenous organ.

390

391 The phantoms selected for instrument pre-delivery testing by manufacturer should meet the following
392 specifications:

393

394 *Ultrasonic Imaging Phantom Specifications:*

395 a. Attenuation: 0.5 ± 0.1 dB/cm/MHz

396 b. Back Scatter: Approximately $10^{-4} - 10^{-3}$ cm⁻¹Str⁻¹ at 3 MHz or sufficient to create mean speckle
397 brightness comparable to a human liver-mimicking phantom (± 3 dB)

398 c. Speed of Sound: 1540 ± 30 m/sec

399 d. Volume and Shape:

400 i. Cylindrical or rectangular

401 ii. Height: 15 ± 3 cm

402 iii. Diameter: 12.5 ± 3 cm in inner diameter (ID)

403 *Shear Wave Speed Phantom Specifications:*

404 a. Attenuation: 0.5 dB/cm/MHz (± 0.1 dB/cm/MHz)

405 b. Back Scatter: Approximately $10^{-4} - 10^{-3}$ cm⁻¹Str⁻¹ at 3 MHz or sufficient to create mean speckle
406 brightness comparable to a human liver-mimicking phantom (± 3 dB)⁵

407 c. Speed of Sound: 1520-1540 m/sec

408 d. Stiffness: Two phantoms can be used or a single phantom with two different components:

409 Normal Liver Equivalent & Fibrotic F3 Liver equivalent. $\pm 5\%$ of the specified values. Stiffness
410 verified using Verasonics system and software from Duke University and Mayo Clinic. See
411 <https://github.com/RSNA-QIBA-US-SWS/QIBA-DigitalPhantoms>.

412 e. Volume and Shape – Cylindrical, 20 cm tall, 12.5 cm in diameter. (Cylindrical preferred,
413 rectangular is acceptable if width and depth are 12.5 cm and 20cm tall)

414

⁵ Reference - IEC 61391-2: Ultrasonics – Pulse-echo scanners – Part 2: Measurement of maximum depth of penetration and local dynamic range. 2010, Int Electrotechnical Comm: Geneva.

415 *Ultrasonic Imaging Phantom Characterization*: Phantom is weighed upon construction. It is then tested
416 following procedures in the AIUM Guidance document.⁶

417 Pass Fail Tolerances for Site-Phantom Characterization and/or Retesting (these are the same
418 specifications as the phantoms used for pre-delivery instrument testing)

419 Testing to be performed at 21 ± 1 °C.

- 420 • Method to verify temperature of phantoms prior to testing. Temperature
421 measurement method: TBD [open issue]

422
423 Attenuation: $\pm 20\%$

- 424 • $0.5 \text{ dB/cm/MHz} \pm 0.1 \text{ dB/cm/MHz}$

425
426 Back Scatter: $\pm 3 \text{ dB}$

- 427 • Approximately $10^{-4} - 10^{-3} \text{ cm}^{-1} \text{Str}^{-1}$ at 3 MHz or sufficient to create mean speckle
428 brightness comparable to a human liver-mimicking phantom ($\pm 3 \text{ dB}$)

429
430 Speed of Sound: $\pm 2\%$

- 431 • $1540 \pm 30 \text{ m/sec}$ [1510-1570 m/sec]

432 ****Phantoms failing these tolerance tests should be refused or replaced if already acquired.***

433

434 *Ultrasonic Imaging Phantom Temporal Stability testing*: The phantoms should be re-weighed every six
435 months and if the phantom weight changes by more than 0.5%, the phantom should be retested to
436 confirm that acoustic properties are within the specifications above prior to next use.

437 *If the phantom manufacturer has other criteria for stability testing prior to acoustic property testing,*
438 *those should be used instead.*

439

440 Testing of phantom acoustic properties should be as specified by the AIUM guidelines noted previously
441 and the phantom supplier's recommendations.

442 **If the values are changing faster than the rates above, sites should consider replacement or testing*
443 *more frequently than every 6 months.*

444

445 *SWS Phantom (pre-delivery and on-site phantoms)*: The initial characterization of the phantoms will be
446 performed and verified by the QIBA committee, the phantom manufacturer, Verasonics or another party
447 using measurements obtained from Verasonics research ultrasound systems. Independent verification of
448 phantom properties to ensure that the phantom meets the SWS Phantom specifications above is
449 strongly recommended. If a newly procured phantom has already been independently tested within six
450 months of the date of manufacture and those results are available then additional independent testing
451 prior to use is not necessary. The phantom manufacturer may be contacted for assistance in finding a
452 site that will perform independent testing.

453

454

455 *SWS Phantom Temporal Stability Testing (pre-delivery and site-phantoms)*: Weigh the SWS phantom
456 monthly and if the weight changes more than 0.5% over a six-month period the following parameters

⁶ Methods for Specifying Acoustic Properties of Tissue-Mimicking Phantoms and Objects 2nd Edition. AIUM Technical Standards Committee. American Institute of Ultrasound in Medicine. 2015.

457 will be checked by sending the phantom to a testing facility capable of performing the tests using a
 458 Verasonics system. The phantom manufacturer may be contacted for assistance with obtaining the
 459 tests. Alternatively, a calibrated replacement phantom may be procured.

460 SWS Phantom Stability Tolerances:

- 461 (1) SWS: <5% change in both hard and soft components over 6 months.
- 462 (2) Speed of Sound: <1% change over 6 months.

463
 464 If SWS Phantom stability is demonstrated at six months, then the timeline can be changed to annual
 465 testing.
 466
 467

468 3.1.2 ULTRASOUND SYSTEM PHANTOM TESTING

469 a. Grayscale imaging tests as normally conducted by the ultrasound system manufacturer or as
 470 described in the AIUM document “AIUM Quality Assurance Manual for Gray Scale Ultrasound
 471 Scanners”⁷. A link to the QA Tests and expected results Recommended by AIUM is given here:

472 AIUM QA guidelines:

473 [http://www.aium.org/loginRequired/store/productDetail.aspx?clid%3d102%26page%3d2%26pld%3dRQA](http://www.aium.org/loginRequired/store/productDetail.aspx?clid%3d102%26page%3d2%26pld%3dRQA&clid=102&page=2&pld=RQA)
 474 [A&clid=102&page=2&pld=RQA](http://www.aium.org/loginRequired/store/productDetail.aspx?clid%3d102%26page%3d2%26pld%3dRQA&clid=102&page=2&pld=RQA)

475
 476 b. Shear Wave Speed Estimations are obtained from the SWS phantom using the manufacturer specified
 477 procedures as defined in Appendix D of the QIBA SWS Profile.

478 Shear Wave Speed (SWS) Tolerance: ± 5% of the Verasonics system calibration value for the
 479 phantom as determined by the QIBA calibration site.
 480

481 3.1.3 SPECIFICATION
 482

Parameter	Actor	Requirement
Acoustic Output (SWS Mode)	Manufacturer (MFR)	Shall confirm the Ultrasound Scanner, when operating in SWS mode, is within FDA recommended maximum acoustic output levels for diagnostic ultrasound devices. MFR specification and certification.
Acoustic Transmit Focusing	MFR	MFR specification and certification for SWS measurement and Imaging.
SWS Measurement Consistency	MFR	Shall confirm that the SWS Measurement Consistency of the Ultrasound Scanner is within ± 5%. See 4.2 Assessment Procedure: SWS Measurement Performance.

⁷ AIUM Quality Assurance Manual for Gray Scale Ultrasound Scanners, AIUM Technical Standards Committee, American Institute of Ultrasound in Medicine, www.aium.org, 2014 (ISBN 1-932962-31-X)

Parameter	Actor	Requirement
US Imaging Performance	Scanner Vendor	Meets MFR Specifications as published in scanner documentation
SWS Imaging Performance	MFR image processing software	Identification and display meets MFR specifications as specified in manufacturer section (Appendix D)
Software verification	MFR	Software version equals version specified in QIBA profile (Manufacturer specific section – Appendix D).
Hardware and transducer Manufacturer specified parameters	MFR	Shall ensure the equipment intended for use is listed in Appendix D as a compliant combination of System, Software Revision and Transducer.

483

484

485 3.2. Installation

486 This activity describes calibrations, phantom imaging, performance assessments or validations following
 487 installation of equipment at the site that are necessary to reliably meet the Profile Claim.

488 3.2.1 DISCUSSION

489 The QA Manager is shown as being responsible for several of these requirements being met. They may
 490 delegate actual performance of certain steps to a Scanner Vendor engineer and confirm the results.

491

492 *Measurement Concordance (bias) Testing Procedure:*

493

494 This section describes the testing procedure to be used to verify that the system gives approximately the
 495 same SWS in phantoms as did the calibration using the Verasonics system. These results **do not yet**
 496 **represent a formal claim for the profile** but could become one in a future edition. If the scanner does
 497 not meet the specifications in the table below (table 3.2.2), then the scanner may still be used, but the
 498 manufacturer should be contacted about the discrepancy to determine possible causes. For example,
 499 the acquisition procedure in appendix D may be incomplete or the site may not be following the
 500 procedure as intended by the manufacturer. The site should record and report a discrepancy found here
 501 with their results reporting until the issue is resolved (in conjunction with the manufacturer).

502

503 The assessor shall measure the shear wave speed on the phantom using the instrument settings and
 504 acquisition procedures specified by the Scanner Vendor in Appendix D according to the phantom
 505 acquisition protocol defined in section 4.2.1.1.B. Phantom SWS data acquisition.

506

507 These results will be compared to the shear wave speed obtained using the Verasonics system for the
 508 same phantom as determined by the QIBA calibration site (which may be the phantom manufacturer).

509 The assessor shall compute the SWS Measurement Consistency as the percentage difference between
 510 the ultrasound and MRE SWS measurements. This computation may be made according to the
 511 instructions given in section 4.2.1.2.B, Site Percentage Bias Estimation. To keep the assessor blinded to
 512 the true phantom values, the computation of Site Bias should be conducted by **someone different** than
 513 the individual acquiring the data.

514 **3.2.2 SPECIFICATION**

Parameter	Actor	Requirement
Hardware Damage	MFR Engineer	No physical damage.
	Clinical Staff	No physical damage.
Software verification	QA Manager or Designee	Software version equals the version specified in the products QIBA Conformance Statement or one listed in Appendix D.
SWS Measurement Concordance	QA Manager and/or Designee	Shall confirm that SWS Measurements Obtained with the Ultrasound SWS System are within $\pm 5\%$ of the values contained in the Elastic SWS phantom specifications/independent test results. If the phantom specifications and independent test values are slightly different, the average of the two values will be used.

515
 516 .

517 **3.3 Staff Qualification**

518 This activity involves evaluating the human Actors (Radiologist, Physicist, and Technologist) prior to their
 519 participation in the Profile. It includes training, qualification or performance assessments that are
 520 necessary to reliably meet the Profile Claim.

521 **3.3.1 DISCUSSION**

522
 523 These requirements, as with any QIBA Profile requirements, are focused on achieving the Profile Claim.
 524 Evaluating the medical or professional qualifications of participating actors is beyond the scope of this
 525 profile.

526 **3.3.2 SPECIFICATION**

Parameter	Actor	Specification
Operator Training	Technologist	Shall be trained and approved for SWS acquisition
Operator Qualification	Technologist	Shall meet performance requirements on phantoms & subjects: phantom testing— $wCV \leq .05$ and/or case review $IQR/median \leq 0.30$

527 Operator qualification testing. After performing approximately 20 supervised SWS acquisitions on
 528 patients and 10 on phantoms, the operator’s results in terms of wCV or IQR/median are reviewed. If
 529 90% are within the specification above then the operator is qualified to perform the SWS measurements

530 from a technique standpoint. Additional evaluation parameters such as patient-operator interactions,
 531 labeling etc. will be assessed in the usual manner for clinical personnel.

532 **3.4. Site Quality Assurance**

533 This section describes calibrations, instrument testing, operator training/testing, and performance
 534 assessments conducted periodically at the site that are necessary to reliably meet the Profile Claim.

535 3.4.1 DISCUSSION

536
 537 Test Phantoms for Ultrasonic Imaging and SWS:
 538 should meet the phantom requirements given in section 3.1 above.

539
 540 The QA Manager is shown as being responsible for much of the phantom-based testing. The manager
 541 may delegate actual performance of certain steps to a selected Technologist and confirm the results.

542 3.4.2 SPECIFICATION

Parameter	Actor	Requirement
US Imaging QA	QA Manager	Shall perform standard ultrasound system QA on the Ultrasound Scanner as specified by AIUM guidelines.
SWS Measurement Consistency & System QA Testing Using SWS Phantom	QA Manager	Shall confirm that measurements of SWS on a QIBA elastic phantom using standard instrument settings and acquisition procedures annually, and after any software change are within $\pm 5\%$ of the values of the Elastic SWS phantom specifications as determined by testing with a Verasonics system. If the system is already known to give results more than 5% different from the phantom values, the system should give values within $\pm 5\%$ of the previously obtained results. See Measurement Concordance Test Procedure in section 3.2.1 above.
	Ultrasound Scanner	Shall be capable of performing SWS measurements at reproducible instrument settings using manufacture specific standard procedures [appendix D].
Operator training and qualification testing	Site Manager or QA Manager	The operator is trained on patient workflow and SWS acquisition then evaluated to confirm that qualification criteria are met (the requirements are in 3.3 Staff Qualification)
US Imaging and SWS Phantom Characterization and Stability Testing	Operator/QA Manager Independent Phantom QA Site	Confirmation of SWS Phantom Acoustic and Mechanical Properties at Independent Test Site Using QIBA procedures after construction and if a weight change of $>0.5\%$ has occurred.

543
 544

545 **3.5. Subject Selection**

546 This activity describes criteria and procedures related to the selection of appropriate imaging subjects
547 that are necessary to reliably meet the Profile Claim.

548 3.5.1 DISCUSSION

549 The profile is intended to be used in patients who require clinical assessment of liver fibrosis. The
550 following factors affect patient selection.

551 Body Wall Thickness and Measurement Depth

552 Incorrect placement of the measurement region of Interest (ROI) can prevent effective measurement of
553 SWS. Placement of the ROI too close to the liver capsule may result in artificially elevated SWS values as
554 the liver is naturally somewhat stiffer near the capsule. Placement of the ROI too deep will result in
555 noisy estimates due to attenuation of the acoustic radiation force push pulse and resulting weak, hard to
556 measure shear waves. This can cause increased measurement error and increased numbers of technical
557 failures. Therefore, the region being measured should be a minimum of 2cm deep to the liver capsule
558 and a maximum of 6.5 cm deep to the skin. Because of these requirements, if the body wall thickness is
559 greater than 4cm correct depth placement of the acquisition region of interest will not be possible.

560

561 *Intercostal Space and History of COPD*

562 A narrow intercostal space and/or COPD may make SWS data acquisition more difficult.

563 If an intercostal approach is not feasible, consider a subcostal approach. However, a note to document
564 this should be made in the patient/subject note or study report. The claims in this profile have not been
565 validated for a subcostal approach but maybe validated in a later version of the profile. Consider MRE as
566 an alternative.

567 Prior Surgery

568 can interfere with SWS data acquisition. If subjects have had a surgical resection of the all or portions of
569 right lobe of the liver that prevents an intercostal measurement in the right liver lobe, then the patient
570 should be considered for exclusion. Consider MRE as an alternative. The claims in this profile have not
571 been validated for measurements other than the right lobe of the liver, but may be validated in later
572 versions of the profile.

573 Informed Consent:

574 Obtain informed consent as needed per institutional policy. HIPAA authorization shall be obtained for
575 research or other purposes as outlined in institutional policies.

576 3.5.2 SPECIFICATION

577

Parameter	Actor	Requirement
Clinical Indication	Ordering Physician or Radiologist	Assess liver stiffness for liver pathology that may lead to increased organ stiffness and increased shear wave speed (for example liver fibrosis). A valid research protocol or a clinical concern supported by the literature is needed.
Approach	Radiologist or	Shall confirm an intercostal approach is feasible.

Parameter	Actor	Requirement
	Operator	
Body Wall Thickness	Radiologist or Operator	Shall confirm the patient body wall thickness is 4cm or less.
Intercostal space	Radiologist or Operator	Shall confirm a sufficiently wide intercostal space for probe placement.
Breathing	Radiologist or Operator	Shall confirm the ability of the patient to follow the breath hold instructions.
Prior Surgery	Radiologist or Operator	Shall confirm the presence of the right lobe of the liver and the absence of surgical/other scars that could cause shadowing.
Informed Consent	Technologist or Radiologist	Informed consent obtained.

578
579

580 **3.6. Subject Handling**

581 This activity involves handling each imaging subject at each time point. It includes subject handling
582 details that are necessary to reliably meet the Profile Claim.

583 3.6.1 DISCUSSION

584 Subject handling for quantitative SWS measurement with ultrasound focuses on proper preparation of
585 the patient for the acquisition of high reliability data.

586 An information/instruction sheet supplied to the patient prior to acquisition may be very helpful. The
587 sheet could describe the technology, explain why it is useful, and give instructions to the patient on how
588 to fast prior to the procedure (see 3.5.2). It may also provide information on maneuvers such as breath
589 holding that will occur during the procedure. An example patient information sheet is given in appendix
590 G.

591 In some cases (for example elastography research), an informed consent may be needed. A sample
592 informed consent that can be used for shear wave elastography clinical studies is included in Appendix
593 G.

594 3.6.2 SPECIFICATION

595

Parameter	Actor	Specification
Patient Instructions	Technologist	Shall instruct the patient far enough ahead of the procedure to avoid food or beverage (other than occasional small sips of water) for a minimum of 4 hours prior to the procedure. The instruction may be in the form of a patient information sheet describing how to accomplish the fasting

Parameter	Actor	Specification
		and how it is important for obtaining good SWS results as well as exceptions (e.g. oral medications, insulin).
Fasting State ¹	Technologist	Shall query the patient prior to acquisition on whether they actually fasted or not. Offer to acquire the data on a later date or later in the day if the patient is not in a fasting state.
	Radiologist	Shall query the patient prior to acquisition on whether they actually fasted. Offer to acquire the data on a later date or later in the day if the patient did not fast.
Informed Consent	Technologist or Radiologist	Presence of informed consent confirmed if needed per institutional policy. HIPAA authorization shall be obtained for research or other purposes, as outlined in institutional policies. (Sample consent form language in Appendix G)
Patient Information	Technologist or Radiologist	Shall provide general information on shear wave elastography and specific information on how the acquisition will be conducted, including number of acquisitions, transducer application between ribs, amount of pressure applied, need for breath hold etc. This can be provided as part of the patient information-instructions sheet.

596
597

598 **3.7. SWS Image Acquisition (SWEI) and Point SWS Measurement**

599 This section describes details of the data acquisition process that are necessary to reliably meet the
600 Profile Claim. It includes calibrations, performance assessments or validations during acquisition that are
601 necessary to reliably meet the Profile Claim.

602 **3.7.1 DISCUSSION**

603 **Shear Wave Speed Acquisition – General Guidelines**

604

605 *Ultrasound SWS Measurement Acquisition System.*

606 Even though efforts have been made to reduce variation in SWS estimates by different ultrasound
607 systems, variation still exists and it may be significantly higher when acquisitions are performed in
608 patients vs. phantoms. For this reason, every effort to acquire successive SWS measurements with the
609 same system or with a system from the same manufacturer should be made. This guideline cannot be
610 followed in many clinics with systems from multiple manufacturers because it results in scheduling
611 difficulties. In cases where more than one system is used on a given patient on different exam dates,
612 then the system should be identified and the median values the system gave using the calibration
613 phantom should be given to aid the reader in determining if a difference in median/mean value between
614 two systems should be taken into account during interpretation of the results.

615

616 *Patient positioning:*

617 For SWS acquisition this varies somewhat between institutions. Supine or slight (<30°) left decubitus
618 positions are thought to be similar enough⁸ so as not to induce variation in liver stiffness even though
619 there is evidence that full left lateral decubitus positioning significantly affects measured SWS.

620 *Suspended tidal respiration*

621 is recommended to avoid additional pressure on the liver that might increase liver stiffness. In addition,
622 this form of suspended respiration may result in less movement of the liver during acquisition since the
623 diaphragm may move less than during a deep inspiration.

624
625 Instruction on how the patient should suspend respiration should be given immediately prior to data
626 acquisition. Practice runs should be performed to allow the patient to learn how to suspend respiration.
627 This will provide the patient or subject with useful information on what the ultrasound probe feels like
628 and how long they will be asked to hold their breath (Appendix G).

629 *Intercostal transducer positioning*

630 has been shown to reduce variability in measurements. However, there are situations where intercostal
631 acquisition is not feasible. For example, smaller patients may not have wide enough intercostal spaces to
632 allow intercostal positioning of the transducer without partial blockage of transducer elements resulting
633 either in obvious shadowing or loss of transmit power on the shear wave push pulse. Either will likely
634 result in poor quality shear wave speed estimates. Another problem arises when the subject has COPD
635 and the hyper-expanded lung pushes the liver below the costal margin. Consider subcostal only if
636 intercostal is not feasible. The claims in this profile have not been validated for a subcostal approach.
637 Where necessary, consider excluding the subject, and using MRE and/or liver biopsy for evaluation.

638 To avoid additional power loss of acoustic push for SWE acquisitions, keep the liver capsule parallel to
639 the transducer face in both planes (transverse and elevational planes). For the same reason, the
640 acquisition ROI placement should be in the center of the image.

641 Please refer to manufacturers' instructions on acquisition techniques, procedures and machine specific
642 pitfalls for additional information. Appendix D contains this material for a number of manufacturers.

643 *Absence of motion*

644 during SWS acquisition is critical to obtain accurate and precise SWS measurements. Even though
645 challenging in some patients, it is critical to ensure that no appreciable motion occurs during acquisition.
646 Otherwise the acquisition should not be included in the analysis. Having the patient practice breath
647 holds (suspended tidal respiration) may be helpful but avoid practicing so much that patient becomes
648 fatigued.

649 *Transducer Pressure*

650 is an important variable since too much transducer pressure can increase the stiffness of underlying
651 tissue. Only light transducer pressure should be applied during shear wave imaging and point
652 quantification. Slightly increased pressure may be applied if it is needed to compress the abdominal wall
653 sufficiently to enable SWS acquisition at an appropriate depth in the liver.

⁸ Barr et.al. Elastography assessment of Liver Fibrosis: SRU Consensus Conference Statement. Radiology 2015; 276(3): 845-861.

654 Point Shear Wave Speed Measurement

655 The above considerations in image acquisition also apply to the measurement of shear wave speed from
656 a single location with or without SWS imaging, often referred to as point SWS measurement. The
657 following are some additional specifics to point SWS measurement.

658 Region of interest (ROI) Placement with Respect to Depth and Lateral Positioning
659 is critical. A **depth** greater than 2cm deep to the liver capsule will avoid the slightly stiffer subcapsular
660 liver tissue. A depth <6.5 cm will help to ensure that the shear wave amplitude is sufficient for reliable
661 estimates of shear wave speed. Positioning away from discrete structures (e.g., vessels) is important as
662 the algorithms used to estimate SWS assume homogeneous isotropic tissue, not heterogeneous tissue
663 containing specific structures or lesions. An image should be acquired to document the ROI location
664 relative to vessels so as to allow future acquisition at the same location for additional measurements,
665 either at the same time or on follow-up examinations.

666 Positioning the ROI away from the **centerline** of the image may introduce variation in SWS estimates as
667 may changing the ROI size. The effects of changing ROI size have not yet been systematically examined.

668 Please refer to manufacturer specific instructions and specifications for guidance on additional steps to
669 take during point shear wave speed acquisition (see appendix D).

670 Positioning the measurement ROI at a **constant depth** as close as practicable from measurement to
671 measurement and from one patient visit to another is important because SWS estimates are known to
672 decline as a function of depth with many current SWS software implementations. Measuring at a
673 constant depth will help to minimize variations.

674 Shear Wave Speed Imaging

675 This section deals with imaging settings that may be operator controlled which may affect diagnosis and
676 ROI placement for point measurements

677 *Color Map Setting.*

678 If control of the color map used for imaging is possible, the operator (technologist or radiologist) should
679 ensure that a map is used that is consistent from patient to patient and exam to exam. An agreed upon
680 standard (i.e. blue is stiff or soft) has not yet been devised but the operator is encouraged to use the
681 standard once it is agreed upon.

682 *Color Transparency.*

683 When color is overlaid upon the grayscale b-mode image, the amount of b-mode image that shows
684 through the color image should be adjusted so that grayscale landmarks may be seen but changes in
685 color are still clearly identifiable. Follow the manufacturer's recommendation as a starting point (see
686 appendix D).

687 *Frame Averaging.*

688 The color display may be averaged over several frames to reduce flicker and rapidly changing colors.
689 This should be set to manufactures specifications unless the manufacturer provides guidance for the use
690 of other settings.

691 *Frame Rate and Color Box Size.*

692 If the size of the box within which color is displayed is controllable the operator should select the largest

693 box that provides an acceptable frame rate. Until a standard emerges the manufacturer’s specification
 694 and guidance may be used (see appendix D).

695 Point Shear Wave Speed Measurements from Shear Wave Images

696 This section describes criteria and procedures related to producing quantitative measurements from the
 697 SWS images that are necessary to reliably meet the Profile Claim.

698 *SWS Image Point Measurement ROI Location.*

699 The location in the shear wave speed image for point measurements may depend on the type of
 700 pathology of concern. For example, for diffuse organ disease a global assessment may require
 701 positioning some ROI’s in the largest homogeneous areas showing the predominate SWS in the images.
 702 Some ROI’s may also be placed in the areas of high SWS for estimates of SWS in areas of greatest
 703 pathological change. Values from these ROI’s should be identified as maximum SWS values to
 704 distinguish them from predominate SWS values so that the reader may provide an interpretation based
 705 on complete information.

706 For some focal lesions (such as breast cancers), the literature supports positioning ROI’s in only areas of
 707 maximum SWS identified in the images. This is because most values in a cancer may be artificially
 708 decreased due (probably) to artifacts from shear wave reflection at lesion boundaries. Please also refer
 709 to manufacturers guidance regarding ROI positioning based on SWS image appearance. Some
 710 manufacturers have begun to supply additional images related to SWS quality and variability estimates.
 711 These images can be used to help position the ROI in the manner specified by the manufacturer.

712 *SWS Imaging Point Measurement ROI size*

713 may be pre-selected by the manufacturer. If adjustable use the default setting for suspected diffuse
 714 disease and consider decreasing ROI size if small areas of increased SWS speed on the SWE image are
 715 being evaluated. Check manufacturer guidance regarding reduction of ROI size and potential problems
 716 that may result.

717 *SWS Imaging Point Measurement Data Transfer.*

718 Follow manufacturer’s instructions and/or institutional guidelines for this. Transfer may include capture
 719 of the measurement screens into PACS and/or recording of values on a worksheet. Transfer to PACS or a
 720 report via DICOM SR (structured reporting) is another option.

721

722 3.7.2 SPECIFICATION

723

Parameter	Actor	Requirement	DICOM Tag
SWS Measurement Acquisition Device	Ultrasound System	Acquisition shall be performed on the same ultrasound system or same brand of ultrasound system whenever possible and especially when performing successive measurements on the same patient. If this is not possible calibration values obtained for each system used on the same patient should be forwarded with the test results for use during interpretation.	

Parameter	Actor	Requirement	DICOM Tag
Patient Position	Technologist or Radiologist	Shall ensure that the patient is positioned supine or in approximately a 30° left lateral decubitus position.	
Respiration ²	Technologist	Shall perform several practice acquisitions with patient in suspended tidal respiration so that they learn the technique and get used to the sensation of the ultrasound transducer while in suspended tidal respiration, and the duration of the required breath hold. Shall ensure that patient is in suspended tidal respiration during acquisition of shear wave data and post-acquisition image and that no other liver movement is observed during this process.	
Transducer Position	Technologist or Radiologist	Shall position the transducer at an intercostal space wide enough to accommodate the transducer and at the correct level to image/acquire from the upper right liver lobe (segments 5, 7, 8)). Shall position the transducer face long axis parallel to the intercostal space and check for correct positioning by inspection of the image for shadowing at the image edges. Shall position the transducer face in contact with the skin and parallel to the liver capsule so that the acoustic waves travel perpendicular to the capsule.	
Transducer Pressure	Technologist or Radiologist	Shall use only light pressure during SWS acquisition –just enough to maintain skin contact. May use slightly more pressure to compress body wall when needed to enable ROI to be positioned in proper position in Liver.	
Ultrasound image – location confirmation	Technologist or Radiologist	Shall confirm the absence of focal structures near image center and confirm no acoustic shadowing from the ribs.	

724
725

Parameter	Actor	Specification
Measurement Region of Interest (ROI) Placement	Technologist or Radiologist	Shall position the ROI at least 2cm deep to the liver capsule and less than 6.5 cm from the transducer face. Shall position the ROI away from discrete structures such as liver margin, nodules, portal triads or hepatic veins.

Parameter	Actor	Specification
		<p>Shall position the ROI near the center of the image in the lateral direction and away from the right or left image margins.</p> <p>Shall use the standard ROI size specified by the ultrasound vendor as the default for their system. The standard for each MFR should conform to a minimum size of 6mm X 10mm or diameter of 10mm.</p> <p>Should try to place the ROI at a constant depth for all acquisitions, but especially for follow-up acquisitions in the same patient or subject.</p>
Follow-up Consistency	Technologist	Shall make follow-up acquisitions and ROI placements consistent with the baseline measurement in terms of the Transducer Position and Measurement Region of Interest (ROI) Placement.
Number of Measurements	Technologist or Radiologist	Shall make a minimum of 5 measurements should be made. The ultrasound manufacturer may specify more than 5 images in which case the manufacturer’s instructions should be followed. Please refer to manufacturer specific instructions (Appendix D).
Liver Movement	Technologist or Radiologist	Shall acquire only when there is no visible liver motion.
SWS Imaging Color Map	Technologist or Radiologist	Shall ensure consistency of selection between examinations and patients. Shall adhere to institutional and/or national standards. See manufacturer specific guidelines.
SWS Imaging Color Transparency	Technologist or Radiologist	Shall set to adequately visualize color changes and grayscale anatomy. See manufacturer guidelines.
SWS Imaging Frame Averaging	Technologist or Radiologist	Shall set according to preference after initially setting according to manufacturer recommendations.
SWS Imaging Frame Rate/Color Box Size	Technologist or Radiologist	Shall set to provide as large a box as possible consistent with adequate frame rate for visualization of color. See manufacturer guidelines.
SWS Imaging Point Measurement ROI location	Technologist/ Radiologist/	<p>See Section 3.7.1</p> <p>Measurement ROI location in most homogenous region of SWS color map or other images related to SWS variability as specified by MFR (Appendix D).</p>
SWS Imaging Point Measurement ROI size	Technologist/ Radiologist	<p>As per MFR specifications (Appendix D).</p> <p>Each manufacturer should specify an optimal measurement ROI size and make that a default for their system.</p> <p>A minimum size of 6mm X 10mm or diameter of 10mm.</p>

Parameter	Actor	Specification
SWS Imaging Point Measurement Data Transfer	Technologist Radiologist	Shall transfer SWS measurement objects to PACS or other storage and confirm successful storage.

726

727 **3.8. Image Related QA**

728 This activity describes criteria and evaluations of the images that are necessary to reliably meet the
729 Profile Claim.

730 3.8.1 DISCUSSION

731 As SWS estimates may be variable with current implementations, care must be taken to avoid
732 introducing additional variation. Assessment of the quality of each acquisition should be made and
733 values obtained during suboptimal acquisitions should be deleted and not included in mean or median
734 estimates. Situations where suboptimal acquisitions may be made include:

- 735 • liver movement during acquisition,
- 736 • patient talking during acquisition,
- 737 • transducer slippage during acquisition and
- 738 • inadvertent shift of ROI to a deeper or shallower depth,
- 739 • placement of the ROI near to a vessel or other discrete structure.

740

741 Acquire a pre and post SWS acquisition images immediately prior to and immediately after SWS
742 acquisition in order to confirm lack of liver movement during the acquisition. Different ultrasound
743 systems vary greatly in their ability to save pre-acquisition and post-acquisition images in close temporal
744 proximity to the SWS acquisition. Experimentation to determine the best procedure for this may be
745 necessary and often, practice to make the images quickly is needed.

746 Subjective assessment of motion is sufficient at this stage since the amount of motion that can be
747 tolerated is not known. If upon further study, acquisition is extremely motion sensitive, measures to
748 quantify motion and automatically discard suboptimal acquisitions may be required in future profile
749 versions.

750 The operator should discard the acquisition if movement is detected by any method.

751 3.8.2 SPECIFICATION

Parameter	Actor	Requirement
Suboptimal SWS Acquisition handling	Technologist or Radiologist	Shall exclude any SWS estimate deemed to have been acquired sub-optimally, either by observations made during the acquisition or by inspection of the saved images. See section 3.6 for rules of acquisition that may result in suboptimal acquisition.
User training	Mfr	Training on user image interpretation is provided. Operator training on

Parameter	Actor	Requirement
on image display		optimal placement of measurement ROI is provided.

752

753

754

755 **4. Assessment Procedures**

756 Most of the requirements described in Section 3 can be assessed for conformance by direct observation,
 757 however some of the performance-oriented requirements are assessed using a procedure. When a
 758 specific assessment procedure is required or to provide clarity, those procedures are defined in
 759 subsections here in Section 4.

760 **4.1. Assessment Procedure: Imaging Performance**

761 This procedure can be used by a scanner vendor or an imaging site to assess the imaging performance of
 762 an ultrasound system. Imaging performance is assessed in terms of **change compared to specifications**
 763 **and/or initial testing of most recent prior QA testing** when imaging a phantom.

764 4.1.1 OBTAINING AND MAINTAINING THE IMAGING PHANTOM – SEE SECTION 3.1.2

765

766 4.1.2 ASSESSING IMAGING PERFORMANCE

767 The assessor shall perform grayscale imaging tests as normally conducted by the ultrasound system
 768 manufacturer or as described in the AIUM document “AIUM Quality Assurance Manual for Gray Scale
 769 Ultrasound Scanners”⁹.

770

771 A link to the QA Tests and expected results recommended by AIUM is given here (login required):
 772 <http://www.aium.org/loginRequired/store/productDetail.aspx?cld%3d102%26page%3d2%26pld%3dRQA&cld=102&page=2&pld=RQA>
 773 [A&cld=102&page=2&pld=RQA](http://www.aium.org/loginRequired/store/productDetail.aspx?cld%3d102%26page%3d2%26pld%3dRQA&cld=102&page=2&pld=RQA)

774

775 **4.2. Assessment Procedures: SWS Measurement Performance**

776 This section describes a group of procedures for assessing the performance of a site or of individual
 777 actors to determine if pre-established quantification performance specifications are met. For a site,
 778 those pre-established quantification performance specifications are the claims made in the claims
 779 section of the profile. For the individual actors, the performance specifications are those that have been
 780 shown, or are likely to be necessary for the site to meet the performance claims of the profile. The

⁹ AIUM Quality Assurance Manual for Gray Scale Ultrasound Scanners, AIUM Technical Standards Committee, American Institute of Ultrasound in Medicine, www.aium.org, 2014 (ISBN 1-932962-31-X)

781 performance specifications for actors are based on the results of the technical and claims confirmation
782 studies performed during the QIBA profile development process (see QIBA wiki:
783 <https://qibawiki.rsna.org/index.php/Process>) and/or on typical acceptable performance achieved in
784 clinical practice worldwide.

785 The overall performance of a site (and its ability to meet the profile claims) depends upon multiple
786 actors meeting or exceeding their performance specifications, even if they already meet the procedural
787 performance expectations of the profile (checklist compliance – see section 5). Clearly if an actor’s
788 performance does not meet specification, the profile claim may be invalidated for that site but
789 inadequate performance on the part of one actor may be compensated for by better than expected
790 performance of another actor. The described assessment procedures are designed to test the
791 hypothesis that an Actor’s wCV meets the Profile requirement at a specified type I error rate (usually
792 5%). It is not sufficient to show that the observed wCV is <10% for only a sample of cases.
793

794 Therefore, two types of assessment procedures and performance specifications are described: A) those
795 for assessment of composite performance of a site and B) those for testing individual actors. The
796 assessment procedures for types a and b may be the same or very similar to one another but different
797 performance specifications will be given.
798

799 Cross-sectional claims (for a given patient at a single time point) require testing of within subject
800 precision, often termed “repeatability” as well as bias. Longitudinal claims (for a given patient at
801 different time points or for different imaging methods at one or more time points require testing of
802 repeatability, bias, linearity and regression slope. As this profile makes multiple longitudinal claims and
803 one cross-sectional claim, numerous testing procedures are described below along with the claim that
804 each applies to.
805
806

807 4.2.1 SITE ASSESSMENT TOOLS AND TESTS.

808 4.2.1.0 Site assessment dataset. The dataset (or “parts being measured” in six sigma measurement
809 system analysis) are livers of patients and two test phantoms.
810

811 4.2.1.1. Site assessment data acquisition

812 4.2.1.1.A. B-mode imaging: For Ultrasound b-mode imaging assessment a standard ultrasound test
813 phantom shall be used to acquire test images and measurement values that will be evaluated according
814 to the methods described in the AIUM quality assurance manual. The specification for the phantom is
815 given in section 3.1.2 above.

816 4.2.1.1.B. Phantom SWS: For assessment of SWS performance and conformance in phantoms,
817 calibrated SWS phantoms shall be used. These phantoms can be obtained from phantom manufacturers
818 and consist of either two phantoms, one with stiffness approximating normal liver and the other with a
819 stiffness approximating a liver with F3 fibrosis, or a single two-part phantom containing regions with
820 each of the two stiffnesses. The specifications of the phantoms are given in section 3.1.2 above along
821 with instructions for periodic phantom stability checks.

822 The site assessment phantom data will consist of SWS acquisitions obtained by each operator who has
823 been qualified by training and testing to acquire SWS data according to the following criteria:

824 *Twenty (20) distinct SWS measurements will be collected from each of the two phantoms at
825 both 4.5cm and 7 cm depths, by each operator. For these tests a measurement is defined as completed
826 when the scanner outputs a SWS to the screen or to the data collection table within the machine. A
827 system may acquire multiple SWS values and then report an overall SWS value (i.e. mean and median).
828 The individual SWS values are the measurements, not this summary result. So, for each operator a total
829 of 80 measurements, 20 for each of the two phantoms and for each of two different depths.

830 * If a site has ultrasound systems from more than one manufacturer, the test measurements
831 must be performed for each manufacturer's system (only one set of test measurements per
832 manufacturer unless the manufacturer notes that different models of their systems give different SWS
833 results). So, for multiple different ultrasound systems being used to acquire SWS, the total number of
834 measurements taken per operator will be $80 \times n$ where n = the number of ultrasound systems. It is
835 expected that acquisition of these phantom measurements will take approximately 20 minutes per
836 machine.

837 * Depth is defined as the distance from the transducer surface to the center of the region of
838 interest from which the point SWS is acquired.

839 *Between each measurement, the transducer will be removed from contact with the phantom
840 and the phantom will be shifted so that each measurement is performed with the transducer oriented
841 differently relative to the phantom in a random manner. NO effort to reposition the transducer in the
842 same exact spot as the previous measurement should be made.

843 * The temperature at which the testing was performed at should be recorded. It is strongly
844 recommended that the measurements be performed at the temperature at which the phantom was
845 calibrated by the QIBA test site or manufacturer using approved QIBA instrumentation and
846 methodology.

847 * Each ultrasound scanner will have different specific instructions that should be followed as
848 noted above, but one important requirement is that the transducer should remain motionless during
849 each measurement. If transducer movement is detected by any method during measurement, that
850 value should be discarded and another measurement taken.

851 * The operators will be blinded with respect to the actual SWS values represented in the
852 phantom(s). The operator will however see a large number of SWS measurements from each phantom
853 since the phantom(s) will be used repeatedly. Therefore, the operator must NOT discard a SWS
854 measurement solely because it appears different from the others or from the assumed "true" value for
855 the phantom

856 4.2.1.1.C. In-vivo SWS data: Six volunteers having no history of liver disease and with normal AST,
857 ALT, Alkaline Phosphatase and Total Bilirubin values will be recruited. The volunteers should cover a
858 range of BMI values from 20 to 35. Ideally volunteers who will be available for at least several rounds of
859 testing (months to years) can be recruited. The site assessment in-vivo data set will consist of ten (10)
860 measurements by each operator on each of the six volunteers and at two different depths made
861 according to the following criteria:

862 * Ten (10) distinct SWS measurements at each of two depths (4.5cm and 7cm) will be made from
863 each volunteer by each operator. Depth is defined as the distance from the transducer face to the center
864 of the region of interest used for acquisition of the SWS value (not the region defined for shear wave

865 imaging display).

866 * The measurements will be performed with the volunteer having fasted for at least six hours

867 * The measurements will be made according to the instructions provided by the scanner
868 manufacturer and according to the guidelines in section 3.6 of this profile.

869 * The measurements should be performed for each brand of ultrasound scanner if scanners from
870 multiple manufacturers are used to acquire SWS data. All scanners from a given manufacturer are
871 assumed to give identical results unless otherwise specified by the manufacturer.

872 * Between each measurement, the transducer should be removed from contact with the
873 volunteer, and the volunteer should get up from the scan table between each measurement. If this is
874 not feasible due to time limitations or physical condition of the volunteer, the measurements should be
875 divided into groups of five (5) measurements and the volunteer should get up from the scan table before
876 lying down for the next measurement group.

877 * As for the phantom data collection, a SWS measurement is defined as whenever a SWS value
878 appears on the scanner screen, NOT the mean value or median value reported by the scanner after
879 several measurements.

880 * As for phantom SWS measurement, values obtained during visible patient or transducer
881 movement should be discarded and repeated.

882 * SWS values that appear different from the others by a sizeable amount should never be
883 discarded unless there was movement during the measurement, or another error occurred. Errors in
884 measurement are defined as measurements where the manufacturer instructions were not followed. If
885 a SWS is discarded, a repeat SWS measurement should be collected.

886
887 4.2.1.2. Site Conformance - Quality Metrics and Computation

888 As a number of distinct claims are made that depend on the depth that SWS is estimated and the
889 stiffness of the tissue being examined, separate performance analysis will be performed for each
890 combination of the two parameters, depth and material stiffness. The test data will contain data from
891 the exact same two depths as specified in the claims but only two test phantoms will be used to assess
892 performance at the three different stiffness ranges specified in the claims. The two phantoms are high
893 and low stiffness and are expected to have stiffness values that will result in SWS values in the low (0.9-
894 1.2 m/s) and at the lower bound of the high stiffness range. Performance will therefore be judged using
895 the claims for these two stiffness ranges.

896 4.2.1.2.A. Within Subject Measurement Variation.

897 SWS claims use within subject coefficient of variation (wCV) as an important quality metric, wCV
898 computation from the test dataset (dataset as described under 4.2.1.1.B above) is as follows (next
899 paragraph):

900 For each case (corresponding to the liver of a single patient where the variable i denotes the case
901 number), the first measured SWS as described in 4.2.1.1 represents the first replicate measurement
902 (denoted Y_{i1}) and the second measured SWS represents the second replicate measurement (Y_{i2}) for that

903 case. For phantoms, there is only a single phantom for each of the two stiffness being analyzed
904 separately so i takes on the single value $i = 1$. For patient data, there are six volunteer subjects so the
905 variable i ranges from 1 to 6. For each case and for each combination of depth and stiffness range, the
906 assessor shall first calculate the mean and variance of the measurements (five per operator per machine
907 for phantoms and three per operator per machine for human volunteers). From these values, the
908 variance divided by the square of the mean (mean^2) will be calculated for each case and the results for
909 each case will be summed and the total divided by the number of cases (one for the phantom and 6 for
910 the human data). The square root of this value is the wCV. The equations for these computations are:
911

912

$$\widehat{wCV} = \sqrt{\sum_{i=1}^N \left\{ \frac{\text{Variance}_i}{\text{Mean}_i^2} \right\} / N}$$

913
914 Where $N=6$ for the patient data and $N = 1$ for phantom data.

915
916
917 As noted in the preceding paragraph, if data were acquired from more than one brand of machine and
918 more than one operator, the measurements from all machines and all operators should also be pooled
919 for the computation to accurately reflect these sources of variability.

920 4.2.1.2.A-1 Maximum Allowable Variance.

921 To assure site conformance to the profile claims, the upper 95% confidence bound of the wCV computed
922 above must be less than the wCV reported in the claim to ensure that the calculated wCV for a site
923 meets the claim with 95% confidence.

924
925 [Data available for maximum allowable wCV and RC:

926 Phantoms: 20 per operator, per phantom stiffness value (2 values), per depth (two different depths)

927 Patients: 10 per operator, per depth (two depths), per patient (6 patients).]

928 With 6 subjects and 10 replicates per subject per depth, and with claims stating wCV of 4% and 5% for
929 depths of 4.5 and 7.0 for moderate SWS values, the maximum allowed wCVs are 3.3 and 4.1 for depths
930 of 4.5 and 7.0, respectively.

931

932

933 4.2.1.2.B Site Percentage Bias Estimation:

934 Although bias claims are not made in the current version of the profile, this calculation is provided for
935 use in later versions of the profile where bias claims will be made. At the present time, bias claims for
936 phantoms only are expected as no verified clinical methods for estimation of true SWS in patients are
937 available. MRE may eventually be a qualified method for provision of “gold standard” SWS values for
938 computation of bias. Currently the values obtained using a standard acquisition procedure in phantoms

939 (using a Verasonics research system) are considered the “gold standard” for bias and linearity
 940 estimation.

941 As the claims are stratified by acquisition depth and SWS range, bias estimates will also be estimated by
 942 the same categories.

943 For each of the four measurement situations (3.5cm depth, soft phantom; 7cm depth soft phantom;
 944 3.5cm depth stiff phantom, 7cm depth stiff phantom, the data available are 20 x N where N is the
 945 number of operators.

946 For each measurement, the assessor shall calculate the value of the SWS (denoted Y_i), where i denotes
 947 the i -th acquisition. The assessor shall calculate the % bias: $b_i = [(Y_i - X_i)/X_i] \times 100$, where X_i is the
 948 true value of the measurand. Over N acquisitions estimate the population bias: $\hat{b} = \sum_{i=1}^N b_i / N$. The
 949 estimate of variance of the bias is $\widehat{Var}_b = \sum_{i=1}^N (b_i - \hat{b})^2 / N(N - 1)$. The assessor shall calculate the
 950 95% CI for the bias as $\hat{b} \pm t_{\alpha=0.025, (N-1)df} \times \sqrt{\widehat{Var}_b}$, where $t_{\alpha=0.025, (N-1)df}$ is from the Student’s t-
 951 distribution with $\alpha=0.025$ and $(N-1)$ degrees of freedom. The lower bound of the 95% CI must be $> -5\%$
 952 and the upper bound of the 95% CI must be $< +5\%$.

953

954

955

956 4.2.1.2.C Site Linearity Estimation and Slope Estimation.

957 The phantom data set will be used. Since the longitudinal claims specify using the same operator and
 958 ultrasound system at each point in time the measurements from each operator and US system will be
 959 analyzed separately. The test data for each operator and machine consist of 20 measurements for each
 960 of two different measurement depths and for two different stiffness values.

961 For each operator and ultrasound system combination calculate linearity as follows:

962 For each measurement, the assessor shall calculate the SWS (denoted Y_i), where i denotes the i -th
 963 measurement. Let X_i denote the true value for the i -th measurement. The assessor shall fit an ordinary
 964 least squares (OLS) regression of the Y_i 's on X_i 's. A quadratic term is first included in the model to rule
 965 out non-linear relationships: $Y = \beta_0 + \beta_1 X + \beta_2 X^2$. If $|\beta_2| < 0.5$, then the assessor shall fit a linear
 966 model: $Y = \beta_0 + \beta_1 X$, and estimate R^2 .

967

968 The absolute value of the estimate of β_2 should be < 0.50 and R-squared (R^2) should be > 0.90 .

969 For the linear model fit, let $\hat{\beta}_1$ denote the estimated slope. The assessor shall calculate its variance as
 970 $\widehat{Var}_{\beta_1} = \{\sum_{i=1}^N (Y_i - \hat{Y}_i)^2 / (N - 2)\} / \sum_{i=1}^N (X_i - \bar{X})^2$, where \hat{Y}_i is the fitted value of Y_i from the
 971 regression line and \bar{X} is the mean of the true values. The assessor shall calculate the 95% CI for the slope

972 as $\hat{\beta}_1 \pm t_{\alpha=0.025, (N-2)df} \sqrt{\widehat{Var}_{\beta_1}}$.

973 Allowable Slope Range: For most Profiles it is assumed that the regression slope equals one. Then the
 974 95% CI for the slope should be completely contained in the interval 0.95 to 1.05. These thresholds
 975 should be specified in Section 3 of the Profile.

976

977 4.2.2 ASSESSING SWS CONSISTENCY COMPARED WITH PHANTOM SPECIFICATIONS--- SEE THIS TOPIC IN
978 SECTION 3.2.1

979 4.2.3. INDIVIDUAL ACTOR TOOLS AND TESTS

980 As this profile was created based on considerable preliminary phantom data testing designed to assess
981 the contribution of various actors to overall imprecision and bias, a “top down threshold selection”
982 approach is used to assess the bias and imprecision attributable to each actor. Phantom studies have
983 shown that the site and observer are small contributors to variability in phantoms. This finding may not
984 generalize to patients however since the potential for operator errors and operator-patient interaction
985 variation is much greater. Analysis of the test data using six sigma measurement systems analysis
986 methods such as crossed gauge r and r with anova are expected to provide sufficient information on
987 relative contribution of the various actors to overall variance so that appropriate corrective measures
988 may be taken to reduce overall imprecision to levels consistent with the profile claims. (further
989 discussion in next version).

990 4.2.3.1. Technologist/Operator Qualification Testing. The test data set for phantoms and for in-vivo
991 [patients] are described in sections 4.2.1.1.B and 4.2.1.1.C. The test data are acquired by each
992 Technologist/Operator so are suitable for qualification testing. A similar data set acquired only in-vivo
993 would also suffice. See section [3.3.2 Staff Qualification](#) for the test and test criteria for qualification.

994

995

996

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999 **5. Conformance**

1000

1001 To conform to this Profile, participating staff and equipment (“Actors”) shall support each activity
1002 assigned to them in Table 3-1 in Section 3.

1003 To support an activity, the actor shall conform to the requirements (indicated by “shall language”) listed
1004 in the Specifications table of the activity. Each activity has a dedicated subsection in Section 3. For
1005 convenience, the Specification table requirements have been duplicated and organized in chronological
1006 order in the form of checklists in Appendix E.

1007 To meet the dual needs of ensuring proper execution of the profile and assessment for conformance,
1008 two forms of the checklist are provided.

1009 The Execution Checklist (See Appendix E.1) covers only subjects and data acquisition (Activities 3.5 – 3.7)
1010 and on processing and analysis (Activities 3.7 – 3.10). It is intended to work best for actual acquisition of
1011 quantitative image data and to be easily followed during execution of any protocol.

1012 The Conformance Checklist (See Appendix E.2) covers all the profile requirements. Checklists are used
1013 extensively to evaluate imaging practices for conformance to practice and imaging guidelines for
1014 accreditation purposes (for example AIUM and ACR accreditation programs) and thus can be readily
1015 adapted for the QIBA profile conformance program. This sort of conformance monitoring is well
1016 understood by imaging centers since most have applied for accreditation or are already accredited.

1017

1018 Some requirements reference a specific assessment procedure in section 4 that shall be used to assess
1019 conformance to that requirement. Other requirements may reference vendor-specific instructions which
1020 may be documented in Appendix D.

1021 If a QIBA Conformance Statement is already available for an actor (e.g. your analysis software), you may
1022 choose to provide a copy of that statement rather than confirming each of the requirements in that
1023 Actors checklist yourself.

1024 Formal claims of conformance by the organization responsible for an Actor shall be in the form of a
1025 published QIBA Conformance Statement.

1026 Vendors publishing a QIBA Conformance Statement shall provide a set of “Model-specific Parameters”
1027 (as shown in Appendix D) describing how their product was configured to achieve conformance.
1028 Vendors shall also provide access or describe the characteristics of the test set used for conformance
1029 testing.

1030 Some activities (such as periodic QA monitoring) do not fall clearly into the acquisition chronological
1031 order and so are provided as separate checklists with tasks in approximate chronological order. More
1032 complex tasks may in the future include “sub-checklists” which will be listed as separate checklists to
1033 improve the readability of the main checklist, and are hyperlinked to the main checklist, and will be
1034 referenced in the main checklist for those using paper (vs. electronic) checklists. Sub-checklists have not
1035 yet been implemented.

1036 Conformance to the profile will be monitored by evaluation/review of execution checklists from a
1037 random sampling of acquisitions along with review of corresponding specific assessment
1038 documentation, as outlined in the subsections below. The results of the evaluations/review are to be
1039 recorded on a conformance checklist similar to the execution checklist where each line item in the main
1040 checklist is assigned a potential point score on a three-point scale depending on how critical the line
1041 item is to the data quality needed to meet the profile claims.

1042 For a given line item, the site achieves the maximum number of points if fully compliant, including full
1043 compliance in any related sub-checklists. A partially compliant score is assigned (less than the maximum
1044 potential score) according to the assessment rules defined in the procedures covered in sections below, in
1045 assessment procedures defined in section 4, or according to the assessment of the assessor performing
1046 conformance monitoring.

1047 The score needed to achieve conformance for a section or for the profile as a whole has yet to be
1048 determined. Data needed to determine this are being acquired. As a temporary measure, a passing
1049 score of 85% of the maximum possible points listed on the conformance checklist for each profile
1050 section will be considered a passing score.

1052 **Appendices**

1053 **Appendix A: Acknowledgements and Attributions**

1054 This document is proffered by the Radiological Society of North America (RSNA) Quantitative Imaging
1055 Biomarker Alliance (QIBA), The QIBA Ultrasound Coordinating Committee and the
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1074
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1207 Many of the published papers, proceedings articles and abstracts produced in this effort are referenced
1208 in [http://qibawiki.rsna.org/index.php/QIBA in the Literature Citations](http://qibawiki.rsna.org/index.php/QIBA_in_the_Literature_Citations)
1209 under the link "QIBA Literature References". Major contributors to the primary manuscript reporting
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1218 Surgical Hospital at Southwoods, Boardman, OH, USA, Philips Ultrasound, Bothell, WA, USA,
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1222 University of Wisconsin, Madison, WI, USA SuperSonic Imagine, Aix-En-Provence, France
1223 Echoscens, Paris, France Hitachi Healthcare, Seattle, WA, USA
1224
1225

1226 **Appendix B: Background Information**

1227 **Appendix C: Conventions and Definitions**

1228 **Appendix D: Model-specific Instructions and Parameters**

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1241 [Please click on the manufacturer in the table to jump to that section](#)

1243 **Canon**

Canon Medical Systems (formerly Toshiba)

1245 **Manufacturer Name:**

1246 - Canon Medical Systems Corporation (formerly Toshiba Medical Systems Corporation)
1247

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1250
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1260

Equipment Models:

- Aplio i-series (i600/i700/i800/i900)
- Aplio Platinum Series (300/400/500)
- Xario 200 Platinum Series

Software Versions:

- Aplio i700/800/900 V1.1 or later
- Aplio i600 V2.0 or later
- Aplio 400/500 V6.0 or later
- Aplio 300 V6.7 or later
- Xario 200 V6.0 or later

Transducer(s):

Transducer	Aplio i700/i800/i900	Aplio i600	Aplio 300/400/500	Xario 200
PVI-475BX	X			
PVI-475BT	X	X		
PVT-375BT	X	X	X	
PVT-375SC	X	X	X	
PVT-475BT			X	
PVU-375BT				X

1261
1262
1263

Acquisition Procedures:

[See specifications in Profile Section 3.6, 3.8, & 3.10]

- Patient fasted minimum 4- 6 hours (including alcohol)
- Patient lying supine or slight left lateral decubitus position with the right arm behind the head.
- Normal gentle breathing or mid-expiration breath hold, as needed.
- Intercostal acoustic window with minimal rib shadowing and keeping the liver capsule parallel to the transducer surface; optimizing visualization of liver tissue.
- Select an area of the right lobe of the liver parenchyma free of the following structures:
 - Portal Trunk; Vessels; Visible Fibrous Bands
- Shear wave acquisition ROI:
 - ROI size: approximately 3 cm in lateral direction and 3 cm in axial direction.
 - Position acquisition ROI at least 1 cm below the liver surface.
- Shear wave measurement ROI:
 - A circular measurement ROI with a diameter of 1 cm is recommended.
 - Place measurement ROI in region of the shear wave speed /elasticity display that is homogenous and without defect.
 - The Propagation map displays can be used for additional guidance on the placement of the measurement ROI (see below). The measurement ROI should be placed in a region where smooth, parallel contour lines are observed in the Propagation display.
- Repeat at least 5 measurements from the same window in the right lobe of the liver.

1284
1285

Outlier Identification specifications and instructions for use:

1286 The following shear wave display maps are available:

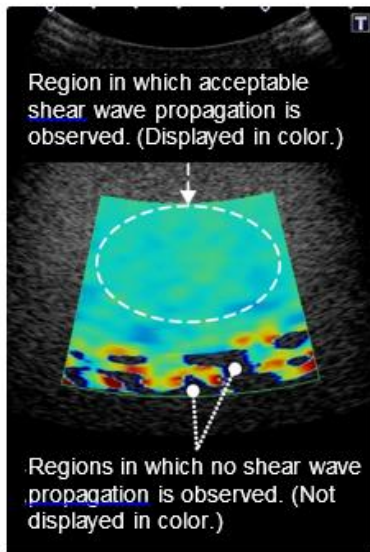
Map Type	Display	Description
Speed	Shear wave speed display (m/s) ^{*1}	The stiffness distribution for the scanned plane can be observed.
Elasticity	Elasticity display (kPa) ^{*1}	
Propagation	Propagation display ^{*2}	The shear wave arrival time is presented as contour lines. (The wavefront of the shear wave is displayed at regular time intervals.)
Dispersion	Frequency dispersion display ^{*1}	The change in shear wave speed between frequencies is represented (dispersion slope) in color.
Variance	Variance display ^{*1}	Minor distortions in shear wave arrival times are represented in color.

1287

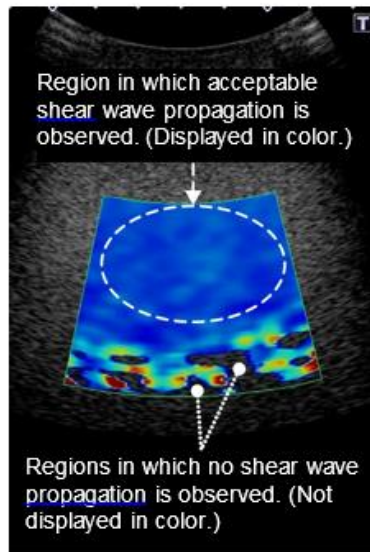
1288 *1: Regions in which no shear wave propagation is observed or acceptable shear wave propagation is
 1289 not observed are not displayed in color.

1290 *2: Distorted contour lines are displayed for regions where no shear wave propagation is observed or
 1291 where acceptable shear wave propagation is not observed.

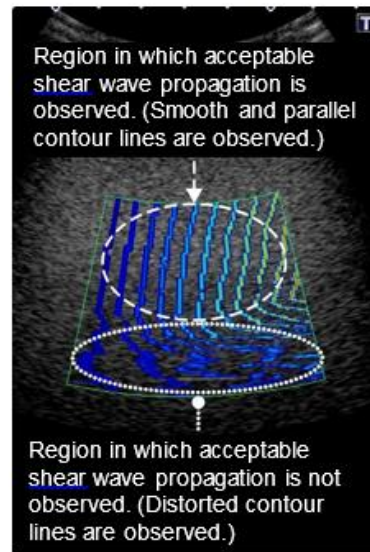
1292 The region in which the desired shear wave propagation is observed can be confirmed by using the
 1293 propagation display together with the shear wave speed display or elasticity display.



Shear wave speed display



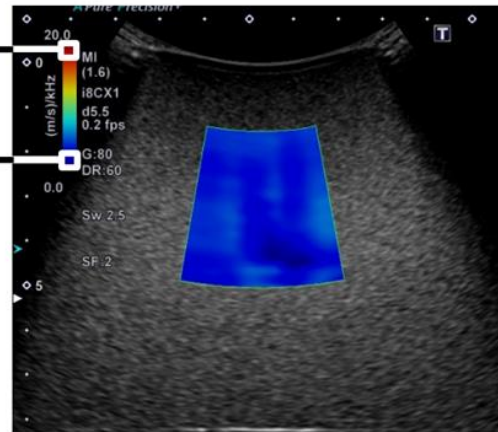
Elasticity display



Propagation display (Contour)

1294

Colors near the top of the color bar indicate greater change in shear wave speed with changes in frequency.
Colors near the bottom of the color bar indicate less change in shear wave speed with changes in frequency.



Dispersion display

1295
1296
1297
1298
1299

The mean, median, standard deviation, and IQR from multiple shear wave measurements can be displayed on a worksheet report page (up to 14 measurements). Individual measurements (i.e. outliers) can be excluded from the calculation of these statistical values as selected by the user.

1300

General Electric

1301

GE

1302

Manufacturer Name: GE Healthcare

1303

Equipment Model: LOGIQ E9, LOGIQ S8

1304

Software Version: R5 and higher on LOGIQ E9, R3 and higher on LOGIQ S8

1305

Transducer(s) to be used: C1-6-D, 9L-D

1306

Acquisition Procedures:

1307

1. Instructions

1308

a. ROI positioning: Place Top of Shear Wave box 1-2cm below liver capsule with middle of the Shear wave box between 3-6cm

1309

b. Measurement ROI size: Default measurement caliper size is recommended (Size = 1.25 cm diameter)

1310

c. Number of measurements: 10 measurements

1311

2. Pitfalls: Avoid rib shadows and vessels within the SWE ROI

1312

Outlier Identification specifications and instructions for use:

1313

Scanning Technique for best Shear Wave Results:

1314

- Fasting 4-6 hours

1315

- Patient in supine position

1316

- Elevate Right arm above head

1317

- Scan intercostally with enough pressure to maintain stable contact

1318

- 1328 • Take measurements in Segment 7 and/or 8 of the liver
- 1329 • Place Top of Shear Wave box 1-2cm below liver capsule with
- 1330 • middle of the Shear wave box between 3-6cm for best results
- 1331 ○ Avoid rib shadows
- 1332 ○ Avoid vessels in the Shear Wave region of interest
- 1333 • Obtain measurement on suspended breath hold, not inspiration
- 1334 • Acquire at least 10 measurements using caliper tool

1335
1336 Locations with inaccurate measurement are not displayed in the SWE color image, and do not
1337 contribute to the quantitative measurement.

1338
1339
1340
1341 **Best Practice Tips for Acquisition:**

- 1342 ✓ Ensure good probe contact with patient and optimize imaging window to get best possible
- 1343 B-mode image quality before starting SWE acquisition
- 1344 ✓ Place ROI in shadow-free region
- 1345 ✓ Place ROI near center of image (laterally) if possible
- 1346 ✓ Place ROI in region free of vessels and 1-2cm below liver capsule

1347
1348
1349
1350 **Best Practice Tips for Measurement:**

- 1351 ✓ Take measurement when >50% of ROI has color-fill with default gain
- 1352 ✓ Take measurement on region with uniform color-fill and without obvious artifact like
- 1353 vertical stripes caused by probe movement during SWE acquisition
- 1354
- 1355

GE Healthcare
LOGIQ E9 Shear Wave Elastography

Liver Fibrosis Staging

Liver Fibrosis Staging	Metavir Score	kPa	m/s
Normal – Mild	F1	5.48 kPa – 8.29 kPa	1.35 m/s – 1.66 m/s
Mild – Moderate	F2	8.29 kPa – 9.40 kPa	1.66 m/s – 1.77 m/s
Moderate – Severe	F3	9.40 kPa – 11.9 kPa	1.77 m/s – 1.99 m/s
Cirrhosis	F4	> 11.9 kPa	> 1.99 m/s

A GE study has demonstrated that LOGIQ™ E9 Shear Wave Elastography is a robust technique and capable of evaluating stiffness changes in the liver associated with fibrosis. Although a limited number of subjects were evaluated at the hospital in this study, liver stiffness measurements were shown to be useful for discriminating different stages of fibrosis. It is important to note that a small number of subjects with intermediate stages of fibrosis were evaluated in this study, and that a mix of disease etiologies were present. Therefore, the values shown may not be directly applicable to other patient populations. Data was acquired using LOGIQ E9 R5.1.0 equivalent software and the C1-6-D probe. For detailed information, please see the LOGIQ E9 Shear Wave Elastography white paper.



1357 Minimum ROI Size -

1358

1359 **Hitachi**

1360

Hitachi

1361 **Manufacturer Name:**

1362 Hitachi, Ltd.

1363

1364 **Equipment Model:**

1365 - ARIETTA 850

1366 - ARIETTA 70

1367 - HI VISION Ascendus

1368

1369 **Software Version:**

1370 - ARIETTA 850 Ver.1 or later

1371 - ARIETTA 70 Ver.3 or later

1372 - HI VISION Ascendus Step 4 or later

1373

1374 **Transducer(s) to be used:**

1375 - C252 and C251 with ARIETTA 850

1376 - C251 with ARIETTA 70

1377 - C715 with HI VISION Ascendus

1378

1379

1380 **Acquisition Procedures:**

1381 **1. Instructions**

1382 **a. ROI positioning**

1383 Same as QIBA profile. See below.

1384 • Position the ROI at least 2cm deep to the liver capsule and less than 6.5 cm from the transducer
1385 face.

1386 • Position the ROI away from discrete structures such as liver margin, nodules, portal triads or
1387 hepatic veins for acquisition of SWS estimates.

1388 • Position the ROI near the center of the image in the lateral direction and away from the right or
1389 left image margins.

1390 **b. Measurement ROI size**

1391 Fixed ROI size with 10mm width and 15mm depth.

1392 **c. Number of measurements**

1393 10 measurements

1394 **2. Pitfalls**

1395 Under the following conditions, the generation and/or detection of shear wave will be insufficient.

1396 - Low echogenicity

1397 - Thick abdominal wall

1398 - Liver capsule non parallel to the abdominal wall or not perpendicular to beams

1399 - Place the ROI on rib shadows and/or near the liver capsule

1400 - Large body motion by respiration

1401

1402 **Outlier Identification specifications and instructions for use:**

1403 - Hitachi has a reliability index (VsN). Outliers are excluded using specific Vs range and/or shear wave
1404 signal quality. If VsN equals 0%, all data are outliers and error message is displayed.

1405 - IQR/Median is displayed. Users can exclude individual measurements and the statistical values (i.e.
1406 IQR/Median) are automatically updated. (only for ARIETTA 850)

1407

1408 **Philips**

1409

Philips

1410 **Manufacturer Name: Philips**

1411

1412 **Equipment Model: EPIQ**

1413

1414 **Software Version: Evolution 3.0**

1415

1416 **Transducer(s) to be used: C5-1 Curvilinear Transducer**

1417

1418

1419

1420 **Acquisition Procedures: Please refer to Philips “Quick Guide EPIQ Series ElastQ Imaging” for complete**
1421 **instruction**

1422 3. Instructions

1423 a. ROI positioning

1424 i. Ensure good transducer contact

1425 ii. Before starting shear wave elastography, always scan the region of interest in 2D
1426 mode to assess tissue consistency

1427 • Do not position the shear wave imaging region of interest (ROI) box over
1428 fetal tissue, tissue with gas pockets (lung, stomach, bowels), a bone tissue
1429 boundary, gallstones, metal, or the borders of the image.

1430 • Avoid rib shadow in the image, when possible.

1431 • Position the ElastQ Imaging ROI box in the center of the image.

1432 • Do not place the ElastQ Imaging ROI box on or near a rib shadow or liver capsule.

1433 • Place the top of the ROI box 1.0 to 1.5 cm below the liver capsule, to avoid
1434 reverberation artifacts

1435 • Do not place the circle caliper on a rib shadow, blood vessels

1436 • Position the circle caliper in the area of the ROI box that displays the majority of
1437 the uniform color

1438 • ROI size

1439 iii. ElastQ Imaging ROI: maximum size ~5cm (height) x 7 cm (width)

1440 iv. Making stiffness measurement and calculations

1441 1. Default circle caliper size: diameter 1cm

1442 2. User has the option to calculate the average stiffness in the entire ElastQ
1443 Imaging ROI

- 1444 3. User has the option to make single point measurements in the ROI
- 1445 4. Stiffness measurement is also available for areas defined by the user in the
- 1446 form of ellipse and continuous trace
- 1447 b. Number of measurements
- 1448 • Take a minimum of 8 to 10 liver stiffness measurements
- 1449 4. Pitfalls

1450
1451 **Outlier Identification specifications and instructions for use:**

1452 To ensure high quality stiffness measurement, a concurrent real-time confidence map that combines
1453 multiple image quality metrics is also available along with the stiffness image. Outliers in stiffness
1454 measurement are automatically detected and excluded from subsequent quantification and statistical
1455 analysis. In addition, users are provided with the ratio of stiffness interquartile range (IQR) to median as
1456 a measure of variability for further measurement quality control.

1457
1458 **Samsung**

1459 **Samsung**

1460 **Manufacturer Name:**

1461 Samsung Medison Co., Ltd.

1462
1463 **Equipment Model:**

- 1464 - RS80A
- 1465 - RS85

1466
1467 **Software Version:**

- 1468 - RS80A v2.0 or later
- 1469 - RS85 v1.0 or later

1470
1471 **Transducer(s) to be used:**

- 1472 - RS80A
- 1473 CA1-7A
- 1474 LA2-9A
- 1475 - RS85
- 1476 CA1-7A
- 1477 LA2-9A

1478
1479
1480 **Acquisition Procedures:**

- 1481 • Patient position
- 1482 - Supine / oblique left decubitus position is recommended
- 1483 - The right arm would better be elevated to make the intercostal spaces wider
- 1484 - Scan while patients' holding a normal breath (If not possible, ask the patient to breath as
- 1485 shallowly as possible)
- 1486 - Prolonged breath holding should be avoided
- 1487 - Patients should not move during the measurements

1488

1489

- Liver segment

1490

- Right hepatic lobe (between 5 and 8 segment from the right intercostal space) is recommended.

1491

1492

- Avoid the left hepatic lobe because the measurement is affected by cardiac movements.

1493

- Segment 4 of the liver is sensitive to the motion artifact. There are more chances of the failure of measurement.

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1495

1496

ROI positioning

1497

- Position the ROI Box neat the homogeneous region

1498

- Position the ROI Box at the suspected lesion without obscuring vessels.

1499

- The ROI must be positioned at least 1.5 cm below the liver capsule.

1500

- To obtain a stable measurements, position the ROI on the same locations and repeat the measurements

1501

- The depth of ROI is recommended 6cm or less (if the depth is more than 6cm, the result may not be reliable). The bottommost depth should be less than 7cm.

1502

1503

- ROI is recommended to be positioned near the center line.

1504

1505

ROI size

1506

Point shear wave: 1.0cm X 1.0cm

1507

S shear wave: 2.5cm X 3.0cm

1508

1509

Number of measurements:

1510

10 times or more

1511

1512

Scanning instruction

1513

- After checking the probe and the application, start a scan.

1514

- When you get the desired image, tap the **S-Shearwave Imaging** on the touch screen.

1515

- Use the track ball to move to a desired ROI measurement position.

1516

1517

- Press the **Freeze** button on the control panel, and then the **Elasticity Measure** button on the touch screen.

1518

1519

- Use the trackball to move to a desired ROI measurement position within the Elasticity Image ROI.

1520

- Pressing the **Set** button will display elasticity statistics within the Measure ROI, and save the value.

1521

- A maximum of four Sites can be specified, and a maximum of ten Measure ROIs can be specified per Site

1522

1523

1524

2. Pitfalls

1525

(1) Weak shear waves

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Avoid the ROI in the region where B mode image is too dark. This can induce insufficient tissue displacement by the push pulse to measure shear wave speed. Severe attenuation in tissue/muscle layer, shadowing by the ribs, defocusing of push pulses, loose probe contact can be the reasons.

1527

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(2) Reverberation

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Obese patients typically have a thick fat/muscle layer and produce reverberations deep in the liver.

1530

1531

The reverberations distort scanning pulses to produce erroneous shear wave speed readings. To

reduce reverberation artifact, depth of ROI should be at least twice the thickness of the muscle/fat layer, and the probe angle should be chosen to minimize reverberation between strong parallel reflectors. Measurements deemed contaminated by reverberation will display RMI (Reliability Measurement Index) value of 0.0.

(4) Reflections

Abrupt changes at the tissue/ tumor boundary produces reflections that may alter the observed propagation of shear waves. Typically this alteration may produce higher stiffness at the periphery of stiff tumors.

Outlier Identification specifications and instructions for use:

- Reliable Measurement Index (RMI) shows how reliable the measurement is and it is more reliable if the value gets closer to the maximum value of 1. (If RMI is 0.4 or higher, it is considered as very reliable.)
- It is recommended that this process is repeated more than 10 times.
- Auto profiling automatically removes outliers with RMI less than 0.4 or too far away from the calculated median value. The process automatically repeats itself until the number of remaining measurements is bigger than 5 and IQR/MED is less than 0.3.
- Following table is the chart provided by Samsung for liver fibrosis staging.

Liver Grading	Normal – Mild	Mild	Moderate – Severe	Severe
METAVIR Scoring	F0 - F1	F1 - F2	F3 - F4	F4
Kpa	2 - 5.4kpa	5.4 - 7.4kpa	7.4 - 11.6kpa	11.6 – 21.4kpa
m/s	0.81 - 1.34 m/s	1.34 - 1.57 m/s	1.57 - 1.97 m/s	1.97 – 2.7 m/s

Siemens

Siemens

Manufacturer Name:

Siemens Medical Solutions, USA, Inc.

Equipment Model:

ACUSON Sequoia
ACUSON S2000, S3000

Software Version:

ACUSON Sequoia: VA10A or later
ACUSON S2000, S3000: VC20A or later

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Transducer(s) to be used:

- ACUSON Sequoia: 5C1, DAX, 4V1, 10L4
- ACUSON S2000, S3000: 6C1HD, 4C1, 4V1

Acquisition Procedures:

Follow cross-vendor recommendations in Profile

Best Practice Techniques

- Patient has fasted for a minimum of 4-6 hours
- Position patient supine or slight (30°) left lateral decubitus position with right arm raised above head
- Scan with the transducer parallel to ribs and in an intercostal space in the right lobe of the liver (segments 5 or 8)
- Optimize B-mode image so liver parenchyma is bright and large vessels, bile ducts and rib shadows are avoided

Activate Virtual Touch from the Abdomen exam preset

- ACUSON Sequoia
 - Press **VT** button on control panel
 - Select **pSWE** for point Shear Wave Elastography or **SWE** for 2D Shear Wave Elastography
 - ACUSON S2000 and S3000 systems
 - Press **E** button on control panel
 - Select **VTQ** (Virtual Touch Quantification) on the touch screen

Position the Region of Interest (ROI)

- Position the ROI between 3–6 cm deep and at least 1–2 cm below liver capsule
- To position the ROI, roll the trackball
- In SWE, if desired, press **Set** key and roll trackball to resize the ROI

Perform Acquisition

- Perform acquisition during suspended respiration, neither deep inspiration nor expiration; patient may resume normal breathing after audible “beep” is heard
- To begin acquisition, press **Update** on the control panel; an audible tone indicates when the acquisition ends

Store Measurement Result

- ACUSON Sequoia pSWE
 - The **Liver Site 1** label is automatically selected; change the measurement label if desired on the touch screen
 - Press **Image** to store an image, or Press right or left **Set** key to store the measurement without storing an image
 - ACUSON Sequoia SWE
 - Press **Caliper** to enter measurement workflow
 - Select desired measurement label on the touch screen
 - Roll the trackball to position measurement caliper

- 1614 ○ If needed, rotate **ROI Diameter** control to resize measurement caliper
- 1615 ○ Press **Image** to store an image, or Press right or left **Set** key to store the measurement
- 1616 without storing an image
- 1617 ● ACUSON S2000 and S3000 systems
- 1618 ○ Select desired measurement label on the touch screen
- 1619 ○ Press **Image** to store an image, or Press right or left **Set** key to store the measurement
- 1620 without storing an image

1621

1622 **Study Conclusion**

- 1623 ● Acquire and store 10 total valid measurements at the same imaging location
- 1624 ● Select Report on left side of touch screen
- 1625 ● Ensure IQR/Median is less than 0.3

1626

1627 **Outlier Identification specifications and instructions for use:**

1628 The ACUSON Sequoia pSWE and ACUSON S2000/S3000 VTQ measurements display X.XX m/s when the

1629 threshold for measurement quality was not reached. Users should discard those measurements and

1630 repeat the acquisition until the system displays a numerical value.

1631

1632 The ACUSON Sequoia SWE image provides a Quality map to confirm that shear wave generation was

1633 adequate and identify regions of the shear wave image where shear wave velocity or elasticity

1634 estimations may be incorrect due to poor shear wave signal quality. To view the quality map, rotate the

1635 **Shear Wave** control from **Velocity** to **Quality**. The measurement caliper should be placed in regions of

1636 the highest visible quality and near the center of the acquisition ROI.

1637

1638 Ensure overall IQR/Median ratio for acquired measurements is less than 0.3 as provided in the patient

1639 report.

1640

1641

1642 **Supersonic Imagine**

1643 **Supersonic Imagine**

1644 **Manufacturer Name:**

1645 SuperSonic Imagine

1646

1647 **Equipment Model:**

1648 Aixplorer®

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1650 **Software Version:**

1651 Most recent version released: V11.1.1

1652

1653 **Transducer(s) to be used:**

1654 SC6-1 from version V3.0 to V11.1

1655 XC6-1 from version V9.3.1 to V11.1

- 1658 1. Number of values averaged for each pixel in the color image:
1659 The number of values averaged for each pixel depends on imaging parameters.
1660 Operator-adjustable parameters are:
1661 - Map persistence: the operator can change the number of frames averaged from 1 to 3
1662 - Map smoothing: this spatial filtering uses sizeable 2D areas to calculate and display one pixel
1663 value on the color image. The size of this 2D area ranges from 3x3 to 19x19, the default size
1664 being 11x11 values.
1665
1666 2. Average Variance per pixel:
1667
1668

1669 **Acquisition Procedures:**

- 1670 5. Instructions – Pre-requisites
1671 Optimal acoustic window should be found, assessed on grayscale imaging, prior to engaging
1672 SWE™ Mode by appropriate patient’s positioning and proper probe holding.
1673 a. Patient’s positioning:
1674 i. Patient is placed in supine position to favor acquisitions and measurements on the
1675 right liver lobe
1676 ii. Right arm in maximum abduction
1677 iii. Change to left lateral decubitus only when necessary
1678 b. Probe holding
1679 i. Acquisitions and measurements should be preferably performed on the right liver
1680 lobe via intercostal access
1681 ii. Probe should be placed parallel to the intercostal space to avoid shadowing from
1682 the ribs
1683 iii. Probe should be held orthogonal to the liver capsule to maximize ultrasound
1684 transmission, shear wave generation and shear wave propagation recording
1685 iv. When scanning intercostally, extra pressure should be applied on the probe to:
1686 1. Enlarge intercostal space
1687 2. Decrease subcutaneous fat thickness
1688 3. Ensure optimal contact between the probe and patient’s thoracic wall
1689

1690 Image stabilization must be achieved before freezing the image

- 1691 - Motion from the operator and the probe must be avoided
1692 - Appropriate patient’s normal breath hold for 3-4 seconds must be achieved
1693

- 1694 6. Instructions – SWE Acquisition
1695 a. ROI positioning
1696 i. The colored SWE Box should be positioned:
1697 1. At a minimum depth of 2 cm from the liver capsule,
1698 2. Ideally enabling measurements between 3 to 7 cm in depth,
1699 3. Over morphologically homogeneous, vessel-free, liver parenchyma
1700 ii. The Q-Box™ ROI should be placed:
1701 1. In the central area of the SWE Box; borders of the SWE Box should be
1702 avoided.

- 1703 2. Over an area of relative homogeneous elasticity, avoiding recognizable
1704 artifacts
1705 3. From V10.0, use the stability index to reject any location for which the SI
1706 would be < 90%
1707
1708 b. ROI size [See specifications in Profile Section 3.10.2]
1709 The SWE default settings have been optimized for the assessment of liver fibrosis. Default
1710 settings should be used first, and adjusted only when necessary.
1711 i. The default size of the SWE Box is 2 cm in height and 3 cm in width.
1712 ii. The default size of the Q-Box ROI may be enlarged to encompass the largest
1713 quantification area possible, while ensuring no vessels, no parenchyma
1714 heterogeneity and no artifact are included.
1715
1716 c. Number of measurements
1717 i. Because of the large amount of SWS measurements included in 1 Q-Box ROI, a
1718 total number of 3 valid measurements* performed on 3 independent valid
1719 acquisitions are recommended.
1720 ii. The average value of 3 valid measurements* can be considered as the estimation
1721 of SWS for a given patient.

1722 * Invalid measurements obtained with XC6-1 probe from V10.0 must be defined as measurements
1723 obtained with a Stability Index < 90%. Invalid measurements obtained with SC6-1, regardless of software
1724 version, or XC6-1 probe before V10.0 software release must be defined as measurements obtained from
1725 unstable SWE map evaluated as non-reliable acquisitions.
1726

1727 7. Pitfalls

- 1728 a. Usual limitations of conventional ultrasound apply to SWE™ mode
1729 i. Narrow intercostal spaces,
1730 ii. Thick layer of fat,
1731 iii. Highly attenuating medium, low echogenicity
1732 b. Several clinical factors influence liver stiffness measurements, and should be considered
1733 when assessing liver SWS:
1734 i. Respiration, deep breath
1735 ii. Central venous pressure
1736 iii. Intrahepatic cholestasis
1737 iv. Hepatic necro-inflammatory activity
1738 v. Peliosis hepatitis
1739 vi. Hepatic vein thrombosis
1740 vii. Congestive hepatopathy
1741

1742 **Outlier Identification specifications and instructions for use:**

1743 Acquisitions that are performed in sub-optimal acoustic conditions should be discarded and may present
1744 high risk for generating unreliable SWS measurements and outliers. Such sub-optimal conditions are:

- 1745 - Lack of acoustic coupling and reduced acoustic transmission,
1746 - Unstabilized grayscale and/or SWS image, particularly due to lack of breath control,
1747 - Large highly attenuating or hypoechoic areas, especially from ribs shadowing.

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Acquisitions that are unstable as illustrated by SWS maps being highly unstable over time, or with varying color patterns, should be considered as unreliable acquisitions and should be discarded. Such unreliable acquisitions may present high risk for generating unreliable SWS measurements and outliers. Unreliable measurements and outliers should be expected in areas close to major hepatic vessels, focal liver nodules, and any visible structure on grayscale ultrasound that looks different from liver parenchyma.

Ultrasound System	No Fibrosis or Minimal Fibrosis (METAVIR F0-F1)	Moderate Fibrosis (METAVIR F2 and F3)	Severe Fibrosis/Cirrhosis (METAVIR F3 – F4)
System A			

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Other

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Other

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Appendix E: Primary Checklists for Profile Execution and Conformance

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See the Microsoft Excel file in this folder for the checklists. A link is given below:

1765

[Appendix E - clean version for public.xlsx](#)

1766

Appendix F: Secondary Checklists for Profile Execution and Conformance

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Appendix G: Patient information sheet and Data collection.

1768

Standardized case report form for Elastography studies

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1770

1771

Subject ID: _____

1772

1773

A. Patient Demographics

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- 1. Gender M F
- 2. Age (years) _____
- 3. Patient Fasting Yes No
Hours _____
- 4. Height (inches) _____
- 5. Weight (pounds) _____

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B. Clinical Data

1. Confounders:

- a. Right Heart Failure Yes No
- b. Steatosis (on US) Yes No
- c. Elevated markers for inflammation Yes No

2. Reason for Exam

Elevated LFT's?

<input type="checkbox"/> F/U Known Hx of Liver Disease	<input type="checkbox"/> Diagnostic for Fibrosis
<input type="checkbox"/> HCV	<input type="checkbox"/> ?NASH
<input type="checkbox"/> HBV	<input type="checkbox"/> ?AIH
<input type="checkbox"/> HIV + HCV	<input type="checkbox"/> ?Drug Toxicity _____
<input type="checkbox"/> AIH _____	
<input type="checkbox"/> Alcoholic Liver Disease	
<input type="checkbox"/> Healthy volunteer	
<input type="checkbox"/> Other _____	

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C. Serum Biomarkers (If evaluated)

- i. Platelets (x10⁹/L) _____
- ii. AST (IU/L) _____
- iii. ALT (IU/L) _____
- iv. Alkaline phosphatase _____
- v. Total Bilirubin (μ mol/L) _____

Automated Calculations from above values:

- 1. AST/ALT ratio
- 2. APRI
- 3. Fib-4

Optional

FibroSURE _____

D. SWS Examination

1807
1808

Depth of liver capsule from skin _____

Measurement No.	Depth of measurement from capsule (cm)	SWS (m/sec)	Comments
1			
2			
3			
4			
5			
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IQR/Median Value: _____

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